



2

Builds social and emotional skills.

When you empower your students to use sign language, whether hearing or deaf, it can build their social and emotional skills. 😊 😐 😞

We have noticed that it provides them with a tool to express their thoughts and feelings, builds their self-confidence, and the ability to interact with others.

At the same time, it prepares them for social situations. Are you ready for this? Sign language relies heavily on nonverbal communication, right? So by learning signs, children can improve their ability to interpret and use nonverbal cues, which can help them identify with their emotions and peers.

Sign Language also encourages children to work together to practice their skills. It helps build appreciation for diversity, teamwork, and collaboration while creating a sense of community and mutual support.

ASL builds social & emotional skills.

Tip: Use this word bank for inspiration.

- Build self-esteem
- Reflect on feelings
- Identify personal strengths
- Practice mindfulness techniques
- Use self-talk positively
- Practice mindfulness
- Explore emotions creatively
- Practice self-care routines
- Recognize triggers
- Show empathy towards others
- Share and take turns
- Practice inclusivity and diversity
- Resolve conflicts peacefully
- Respect differences and opinions
- Express emotions constructively

List 3 goals you want the children to implement for self & peer awareness.

1. _____

2. _____

3. _____

List 3 ways sign can help guide your children's emotions.

More info on this topic and a free SEL webinar in email 2

1. _____

2. _____

3. _____

With these goals in mind, plan your location for "HAPPY" ASL poster.

Draw a rough draft below of where you plan to put this on your wall. Info in email 2.



Get free access to our SEL/ASL Webinar in mail 2- coming soon.



Choose from hundreds of low-prep ASL resources.



Let us make your worksheets!
Pick a plan and start accessing ASL Resources

About the Author

Cynthia Long is a Nationally Certified Interpreter and the founder of Sign Baby Sign LLC. She has extensive experience homeschooling and interpreting in the classroom for primary, secondary, and post-secondary levels and she is dedicated to providing ASL teaching resources to schools and families across the U.S. All of the ASL resources on ASLTeachingResources.com are developed from years of experience in educational systems as a Nationally Certified ASL Interpreter.



By purchasing, you agree to the terms of use:



You may

- For personal use
- Make copies for your classroom, children, or personal use
- Purchase multiple licenses or additional products to share
- Become a member to get more ASL resources

You may not

- Post this item on a personal or district website (contact us for permission)
- Modify any part to offer to others for free or paid
- Copy or give to other teachers or colleagues

Feedback

Remember to leave feedback on your purchases to help others know the quality of this product.

Membership saves you money.



<https://bit.ly/aslinfo>