

Happy

Level: Pre-K, K, 1, 2

Category: Emotions Activity Book

Topics: Creativity, Fine Motor Skills, Writing

Materials: Paper, markers, crayons



Move up and off chest 2x.

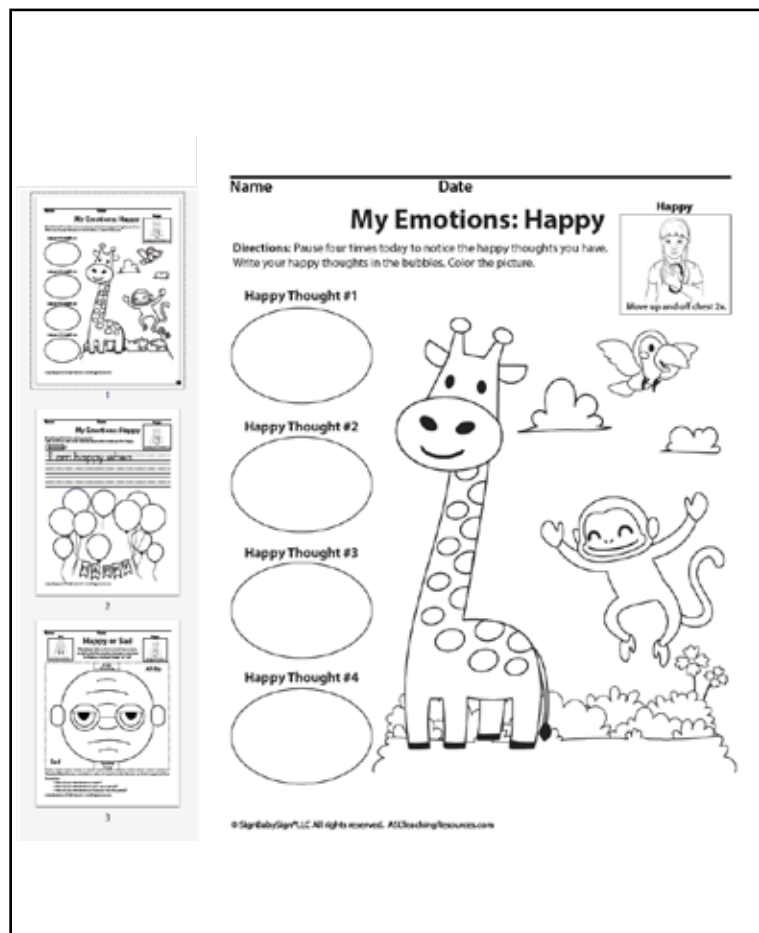
Students follow directions on each worksheet.

Craft: Decorate cards with smiley face and give to someone who makes you happy.

Game: See who can keep a straight face the longest.

Idea: In group time, have students tell a story about a happy memory.

Example



ASLTeachingResources.com/Dictionary

HOW TO SIGN

HAPPY



Happy



Move up and off chest 2x.

Name _____

Date _____

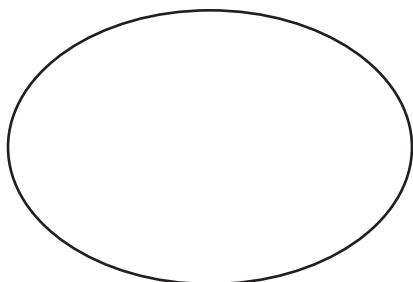
My Emotions: Happy

Directions: Pause four times today to notice the happy thoughts you have. Write your happy thoughts in the bubbles. Color the picture.

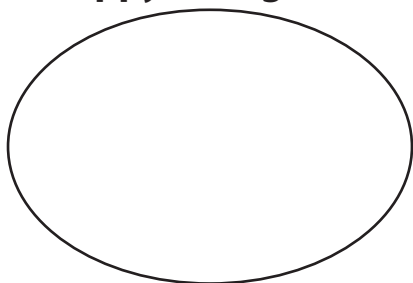
Happy



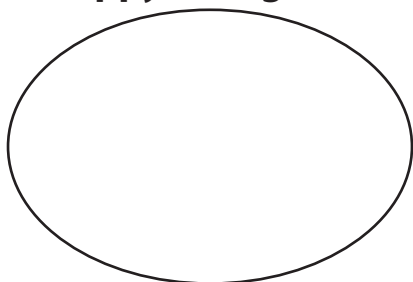
Happy Thought #1



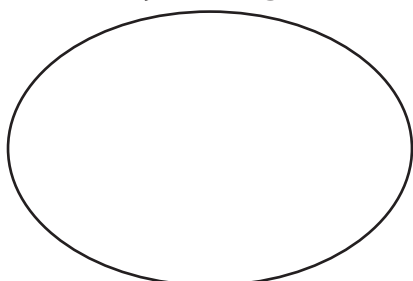
Happy Thought #2



Happy Thought #3



Happy Thought #4



Name _____

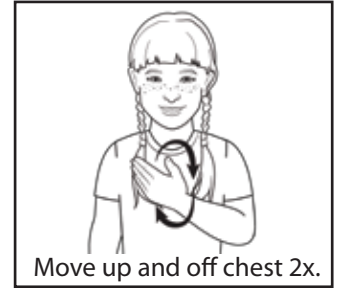
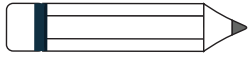
Date _____

Happy

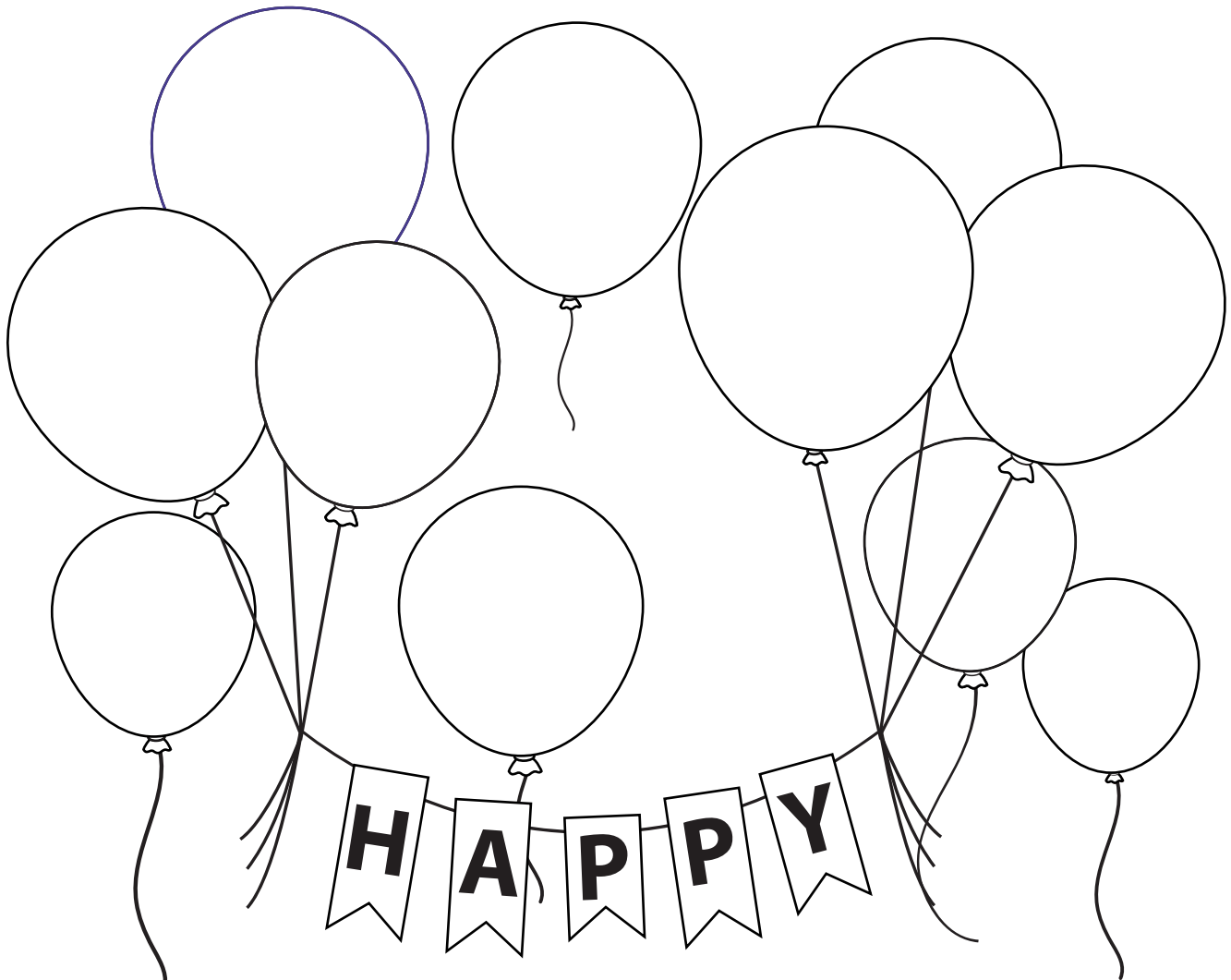
My Emotions: Happy

Directions: Finish the writing prompt.

Color and then write in the blank balloons what makes you feel happy.



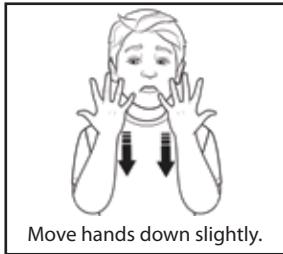
I am happy when _____



Name _____

Date _____

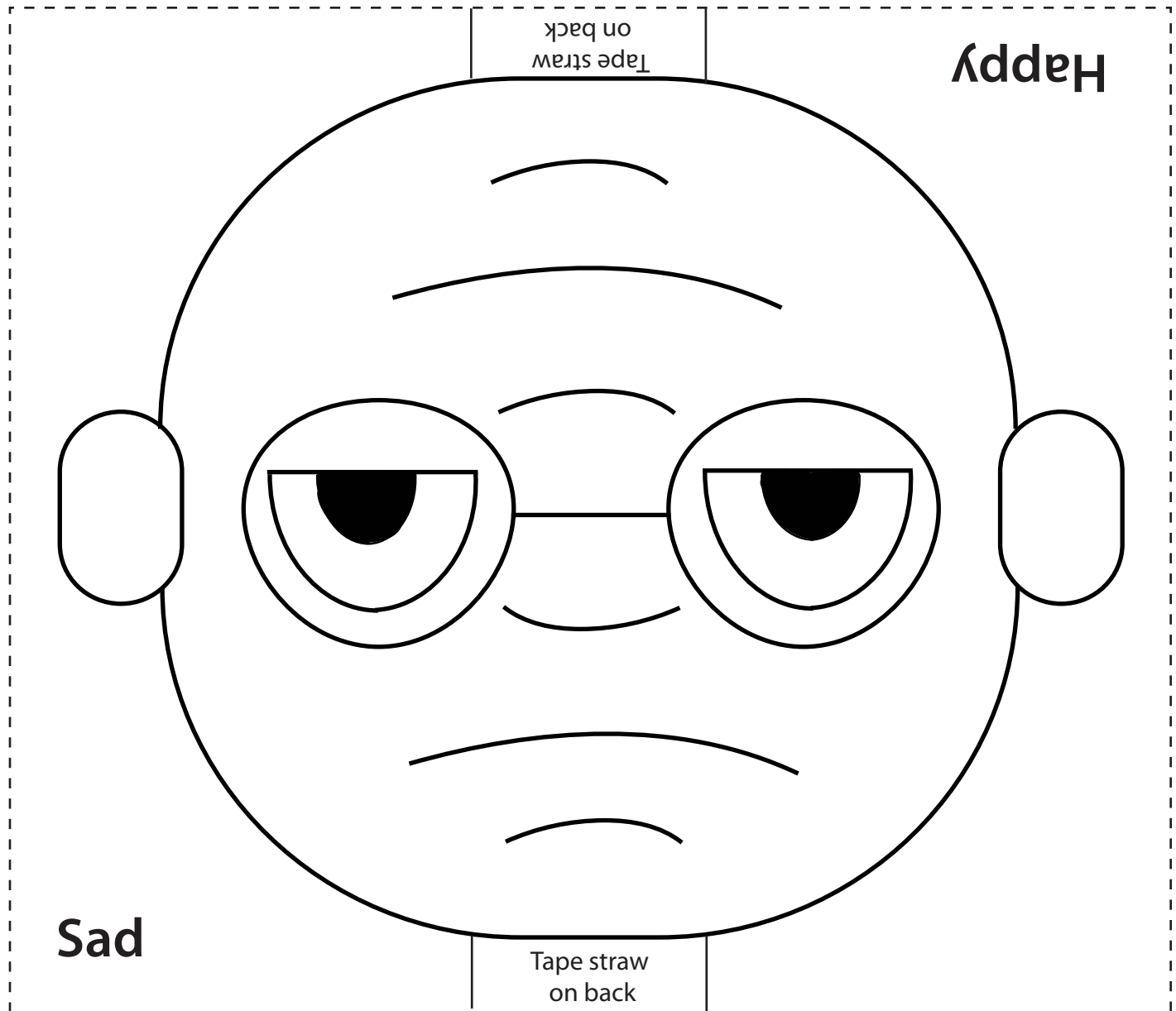
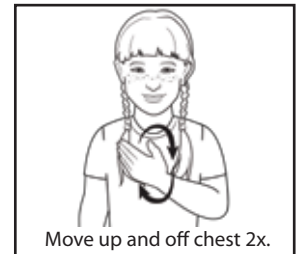
Sad



Happy or Sad

Directions: Color and cut out and tape a straw on both ends. Use your face to answer questions by flipping it to show "happy" or "sad".

Happy



Teacher Note: Ask your students a series of questions for them to use their happy/sad face.
Examples:

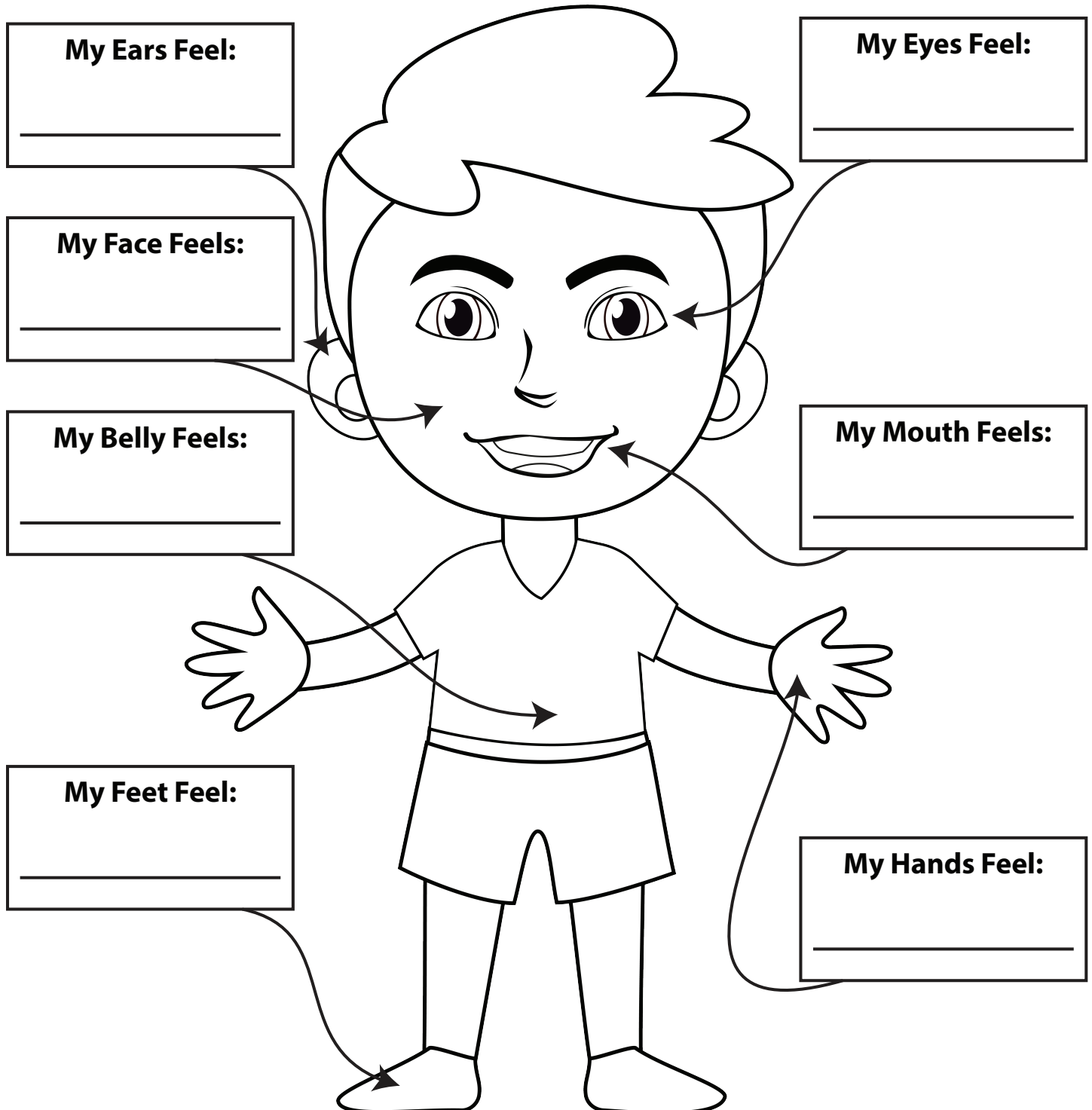
- How do you feel when you swim?
- How do you feel when you get a good grade?
- How do you feel when you lose your favorite pencil?

Name _____

Date _____

How Happy Feels!

Describe how different parts of your body feel when you get happy.

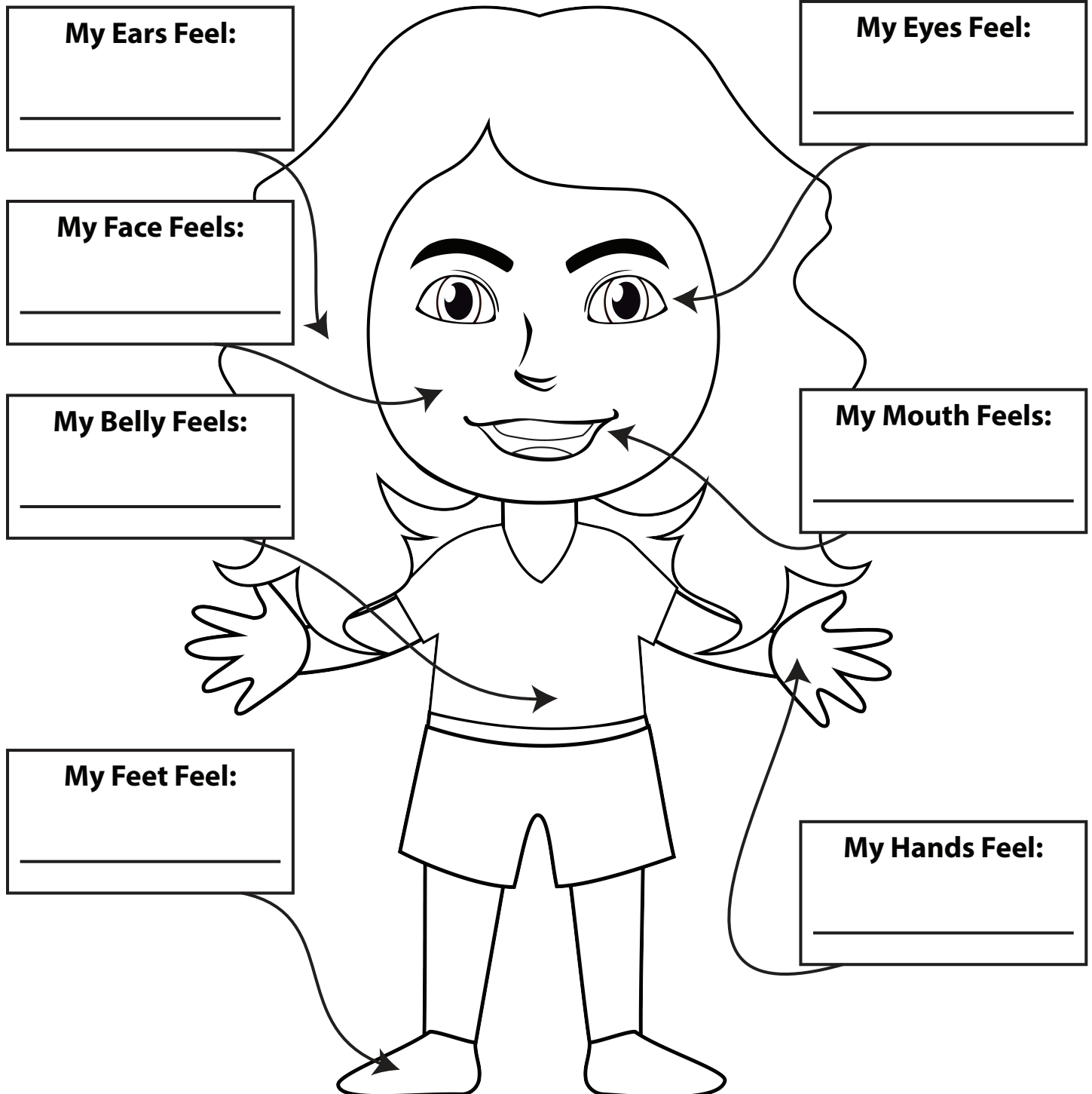


Name _____

Date _____

How Happy Feels!

Describe how different parts of your body feel when you get happy.





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About the Author

Cynthia Long is a Nationally Certified Interpreter and the founder of Sign Baby Sign LLC. She has extensive experience homeschooling and interpreting in the classroom for primary, secondary, and post-secondary levels; she is dedicated to providing ASL teaching resources to schools and families across the U.S. All of the ASL resources on ASLTeachingResources.com are developed from years of experience in educational systems as a Nationally Certified ASL Interpreter.



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Happy Signing!

Cynthia F. Long, Founder
SignBabySign, LLC
ASLTeachingResources.com



Name _____

Date _____

How Happy Feels!

Describe how different parts of your body feel when you get happy.

