

Emotions Worksheets

Mood Dog



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What's included:



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MOOD DOG

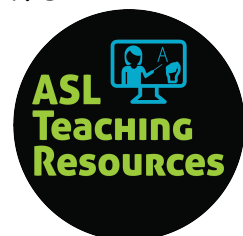
Materials Needed:

Cardstock paper, scissors, glue, coloring materials



Directions:

1. If you would like, color your dog using coloring materials such as markers, crayons, or colored pencils.
2. Cut out your dog on the long-dotted lines. Make sure to avoid cutting the dog's outline.
3. Cut the two lines along the sides of the dog's face to make slits.
4. Fold on the close-dotted lines. These should be underneath the dog's feet and by the two squares on the separate strip. The part underneath the dog's feet should go behind the dog.
5. Slide the dog's face strip through one of the slits in the back of the dog's face. Turn to the front and slide the strip through the slit on the other side of the dog's face.
6. Turn to the back once again and glue the ends of the face strip.
7. Glue the separate strip to the back of the dog near its belly, and the other end of the strip will be glued onto the folded paper behind him. This helps him stand up straight!
8. Use the dog to help you explain your feelings when you may not have the words to do so.



MOOD DOG

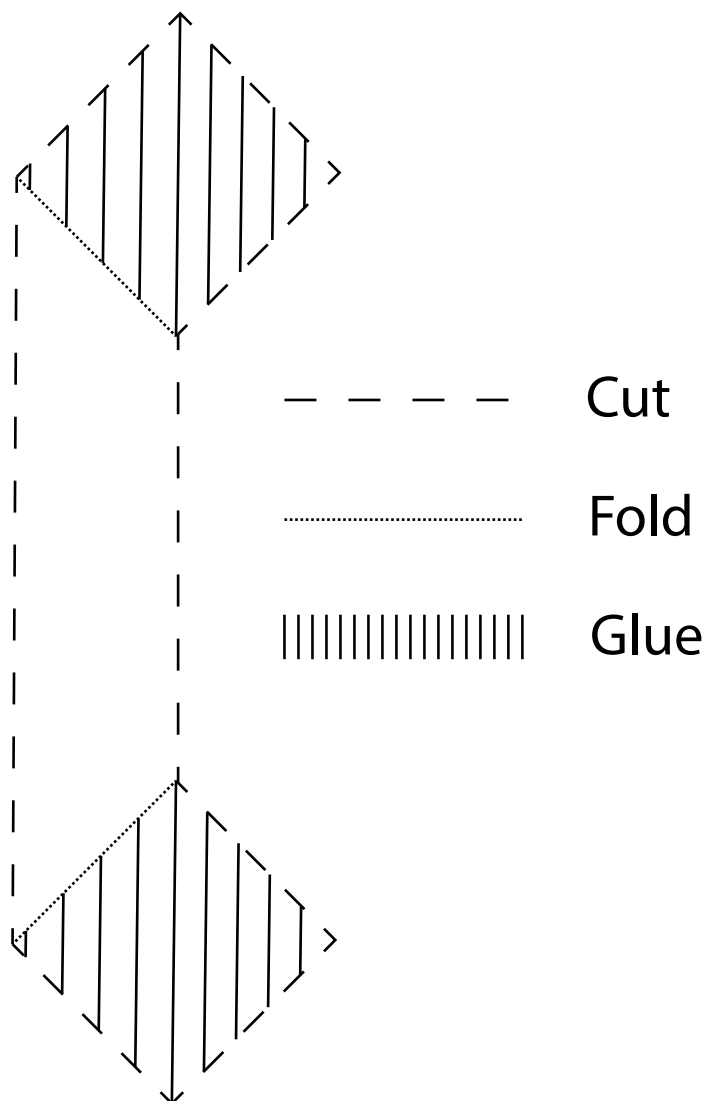
Color and cut out the face strip, the stand, and the dog.

Cut slits on the dog's face.

Glue the face strip closed after you insert it in the slits.

Glue the stand on the back of the dog to the base.

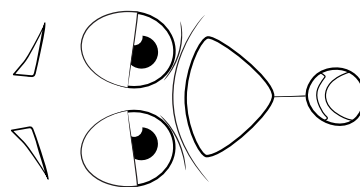
Now move the strip to pick the emotion you feel.



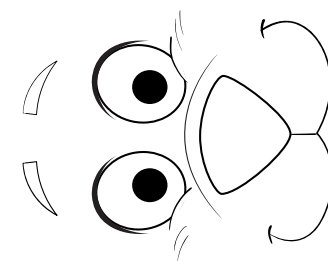
Silly

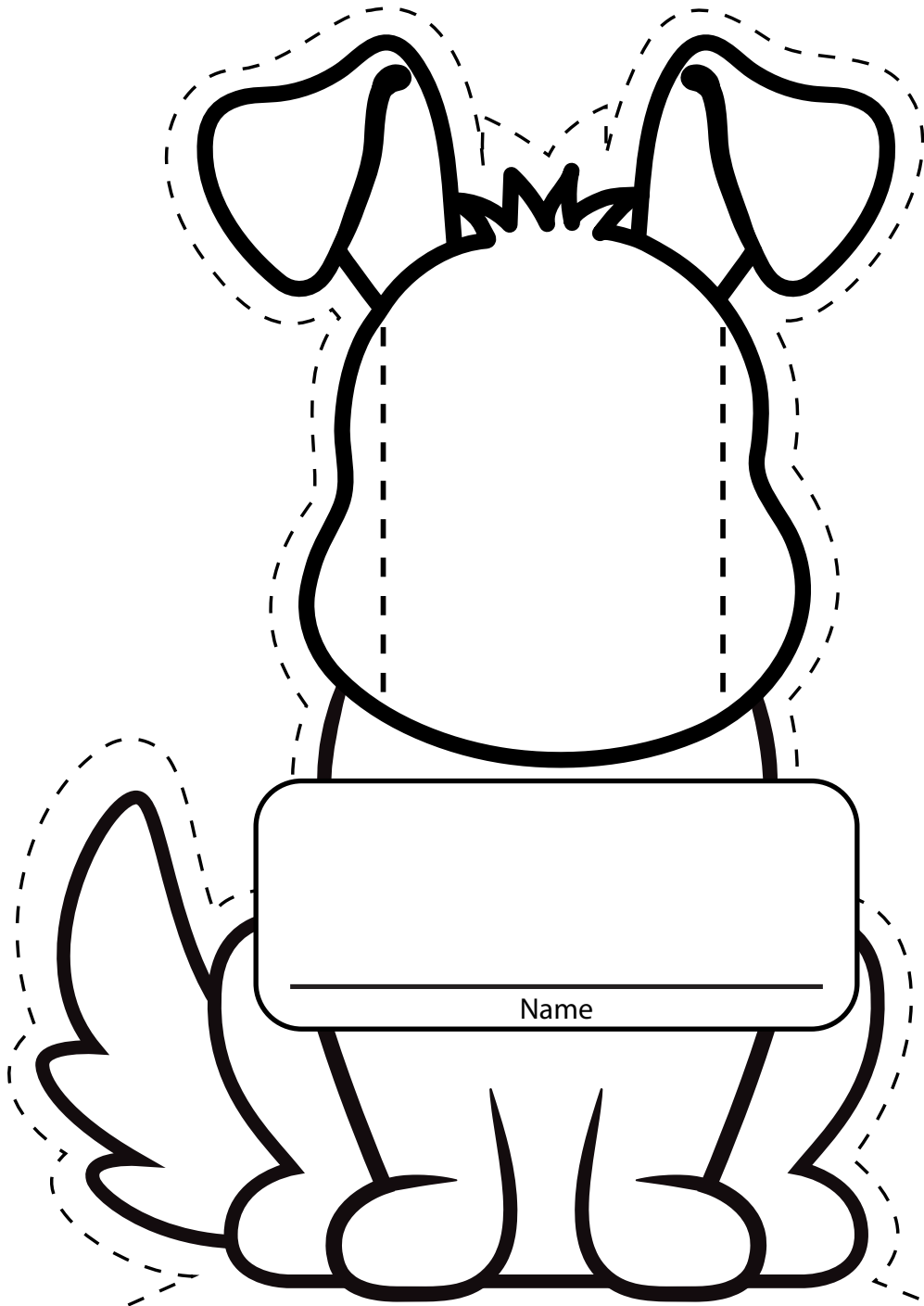


Tired



Happy





Happy



Tired

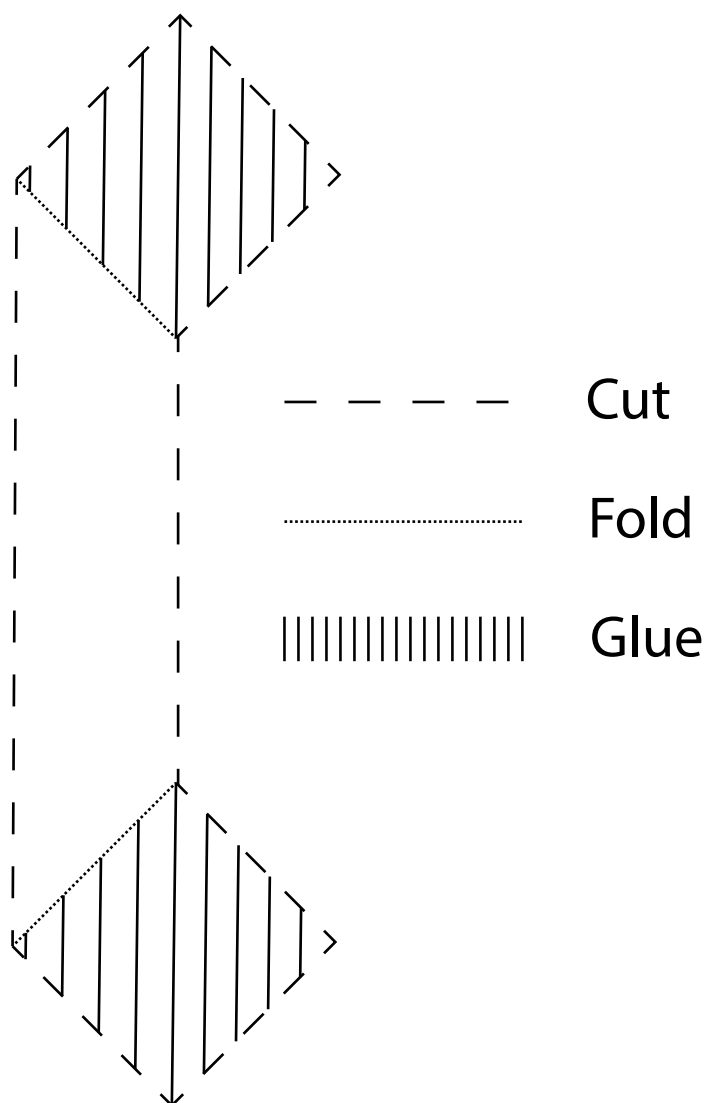


Silly

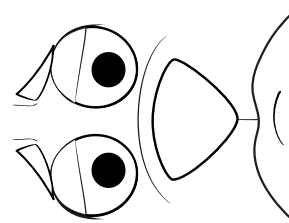
ASLTeachingResources.com

MOOD DOG

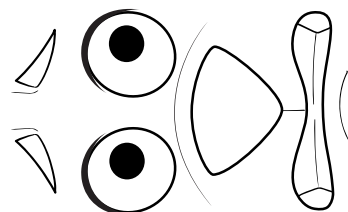
Color and cut out the face strip, the stand, and the dog. Cut slits on the dog's face.
 Glue the face strip closed after you insert it in the slits.
 Glue the stand on the back of the dog to the base.
 Now move the strip to pick the emotion you feel.



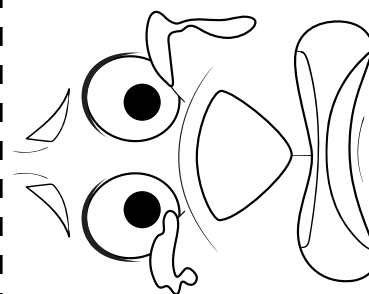
Sad



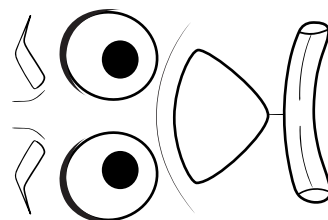
Scared

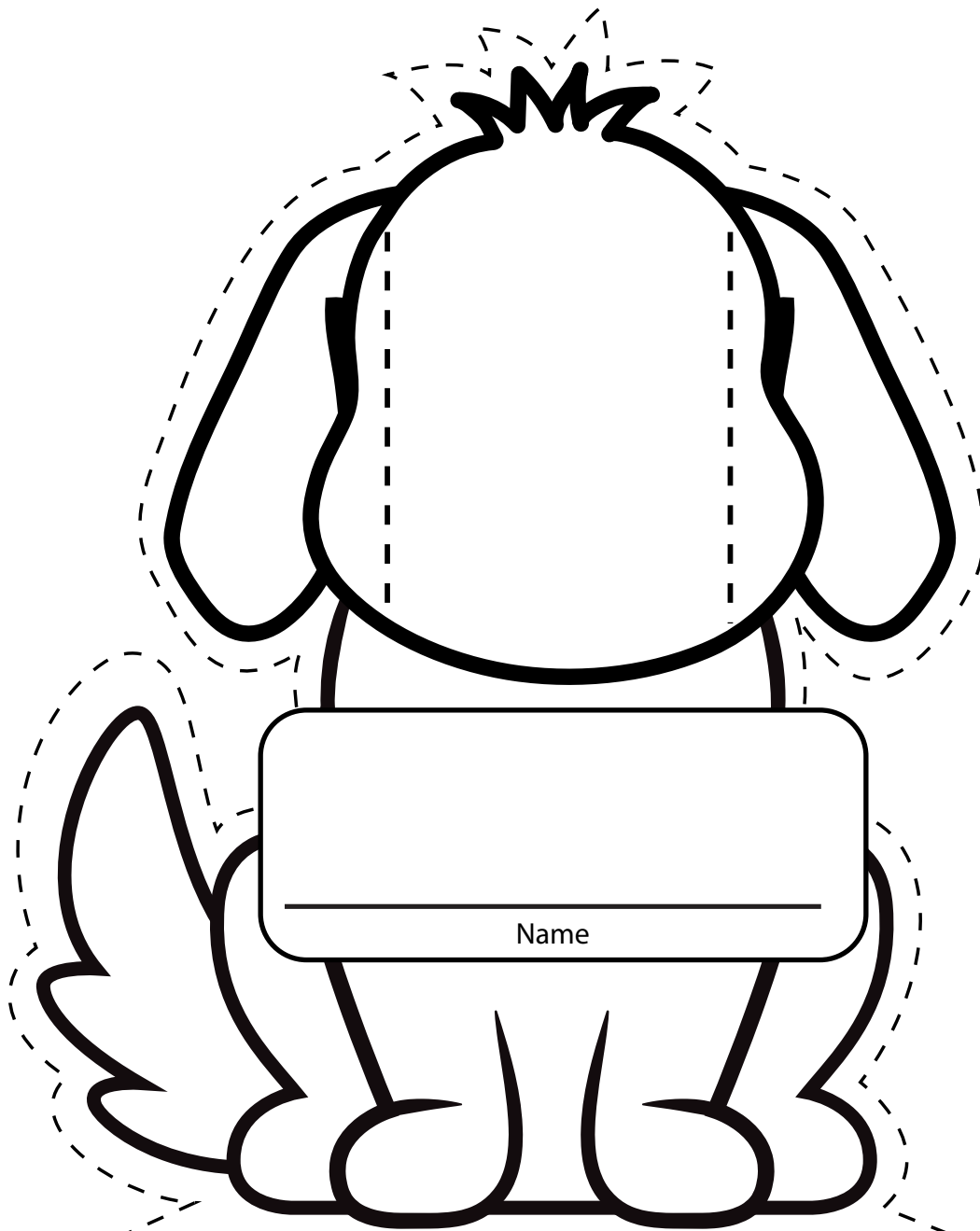


Cry



Mad





Mad



Cry



Scared

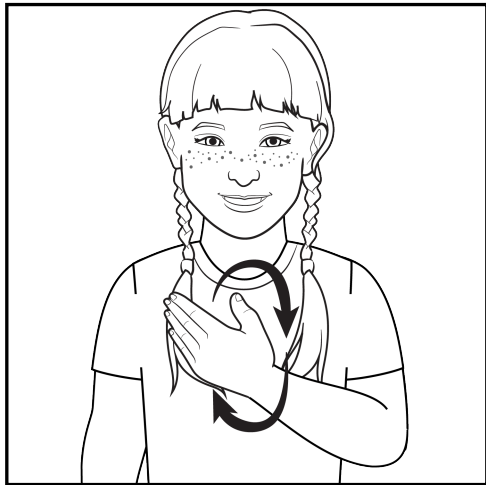


Sad

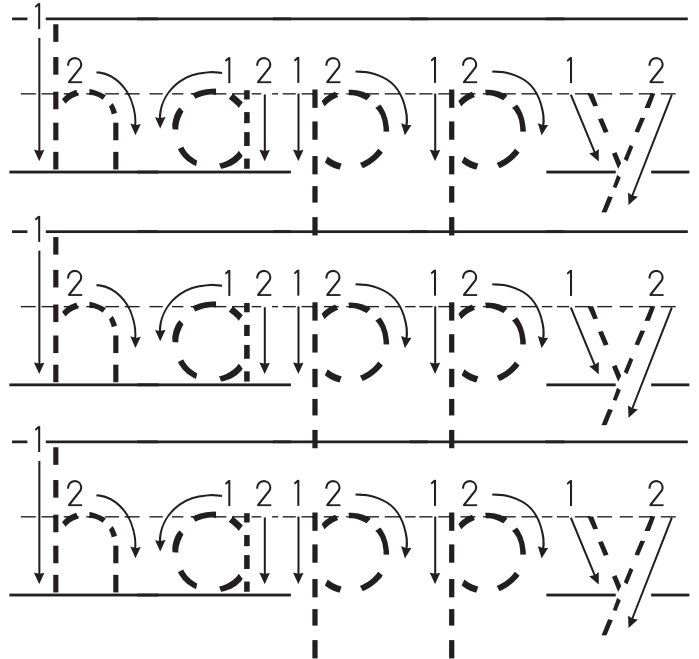
Name _____

Date _____

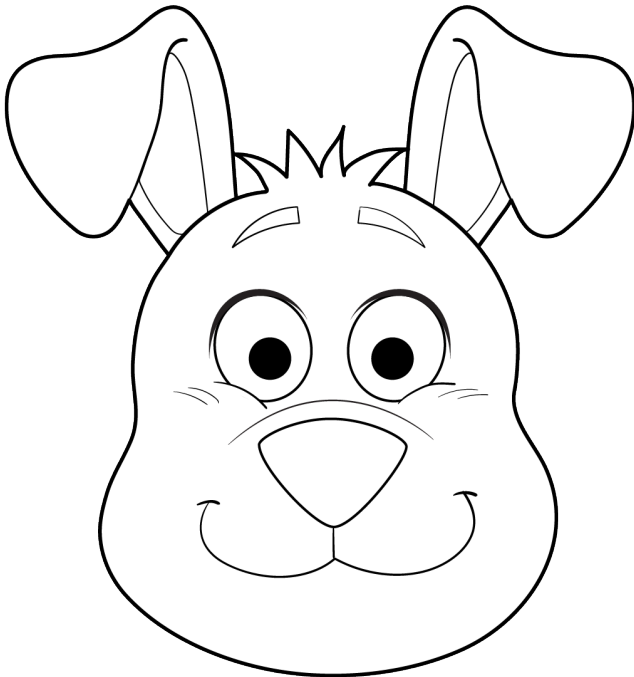
Happy



I can trace it.



I can write it.



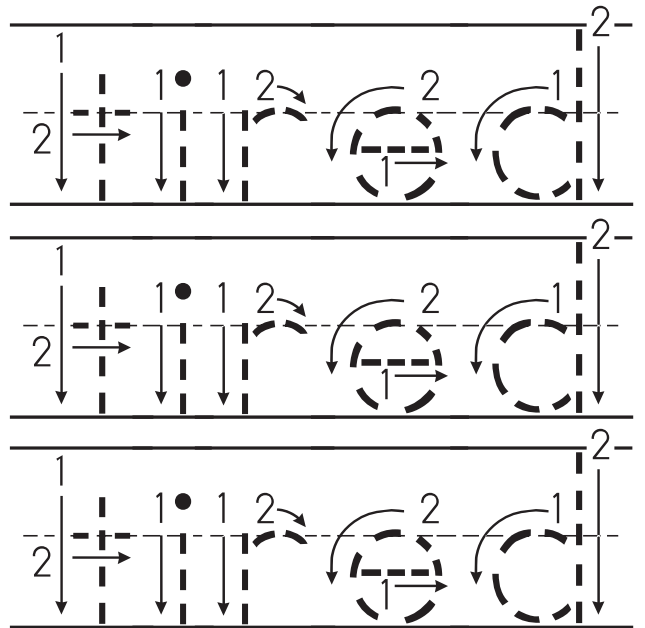
Name _____

Date _____

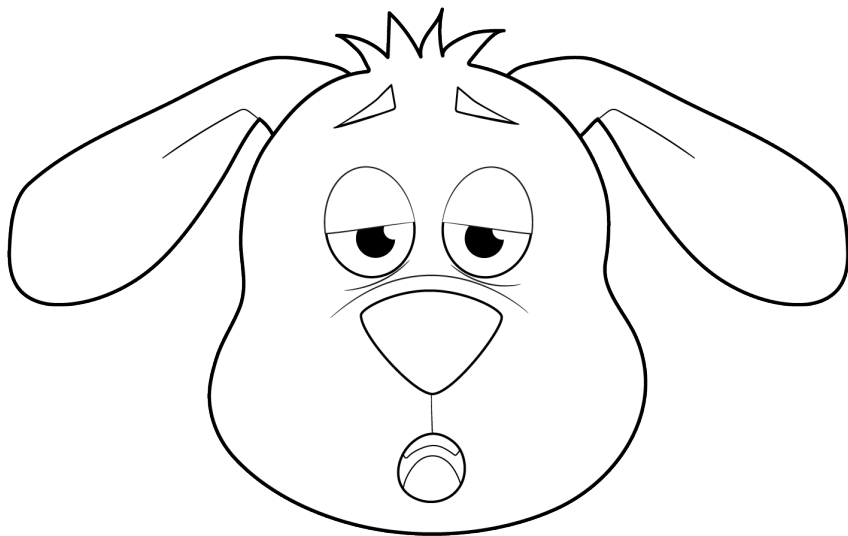
Tired



I can trace it.



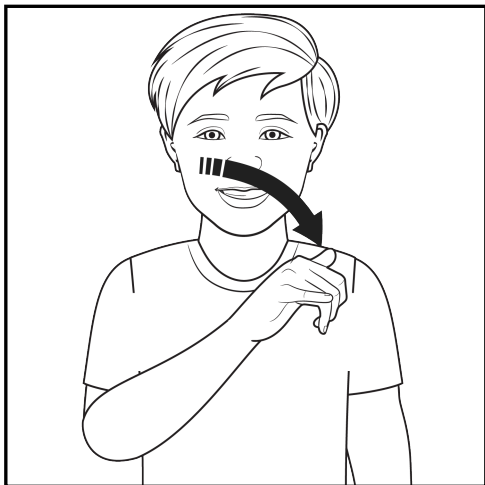
I can write it.



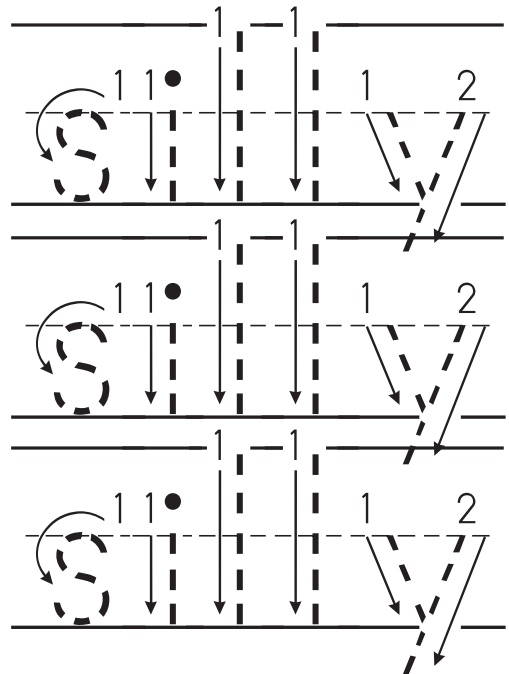
Name _____

Date _____

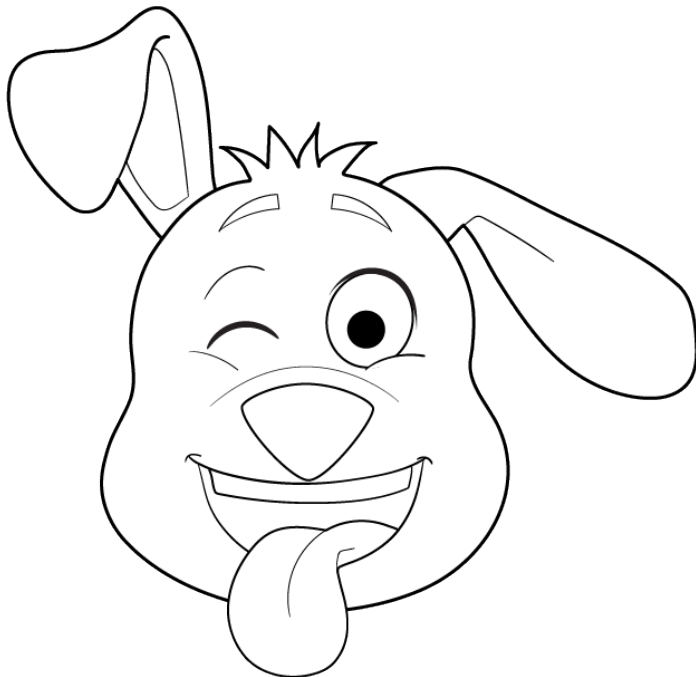
Silly



I can trace it.



I can write it.



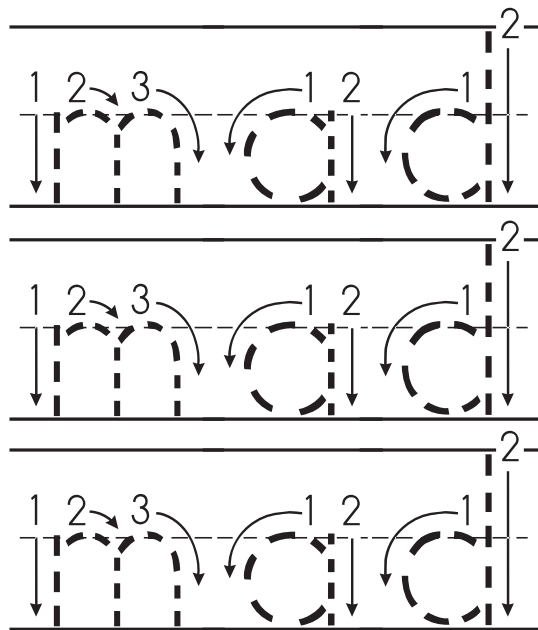
Name _____

Date _____

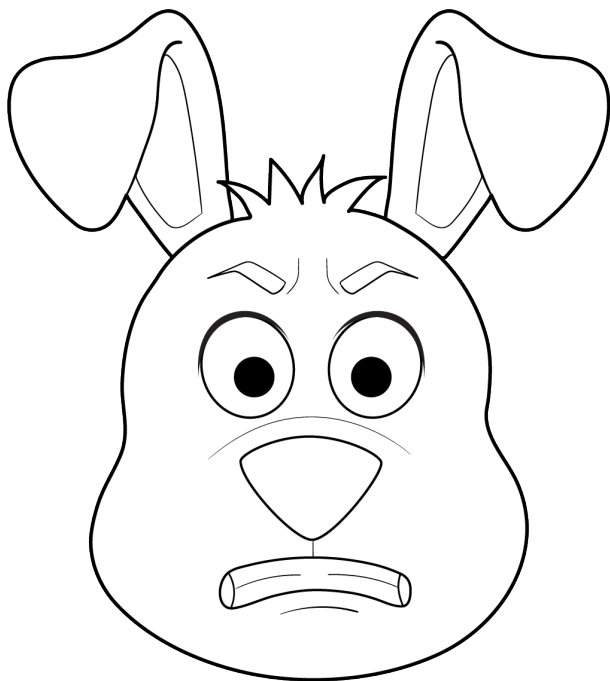
Mad



I can trace it.



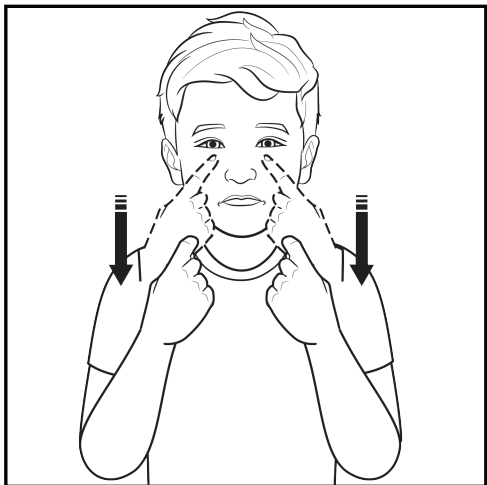
I can write it.



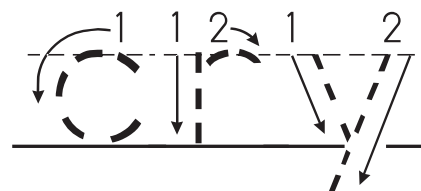
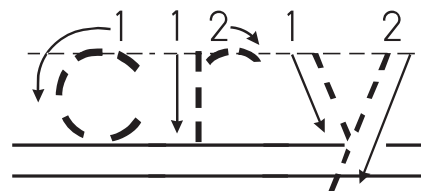
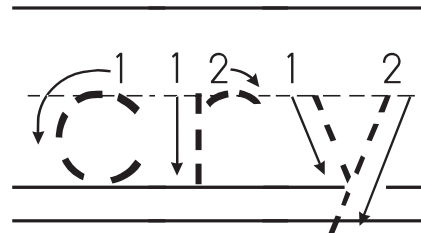
Name _____

Date _____

Cry



I can trace it.

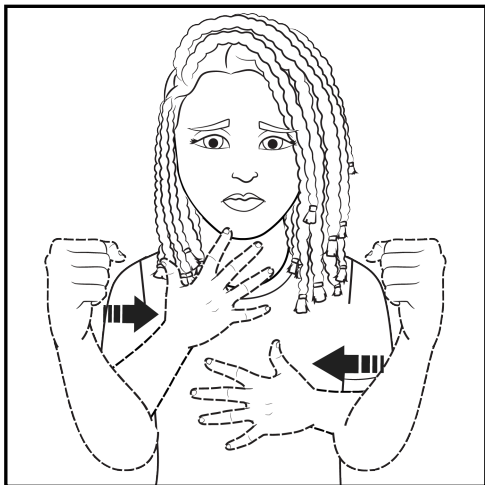


I can write it.

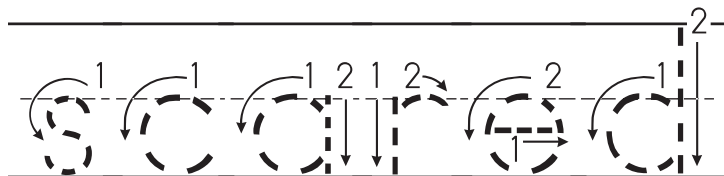
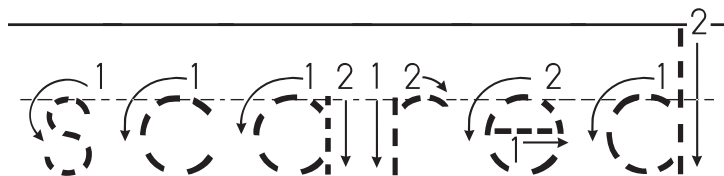
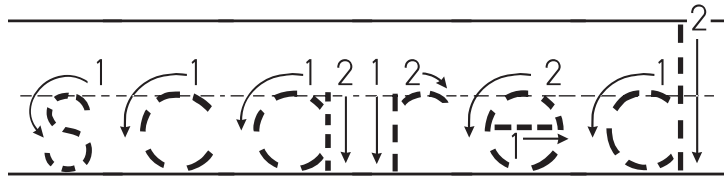
Name _____

Date _____

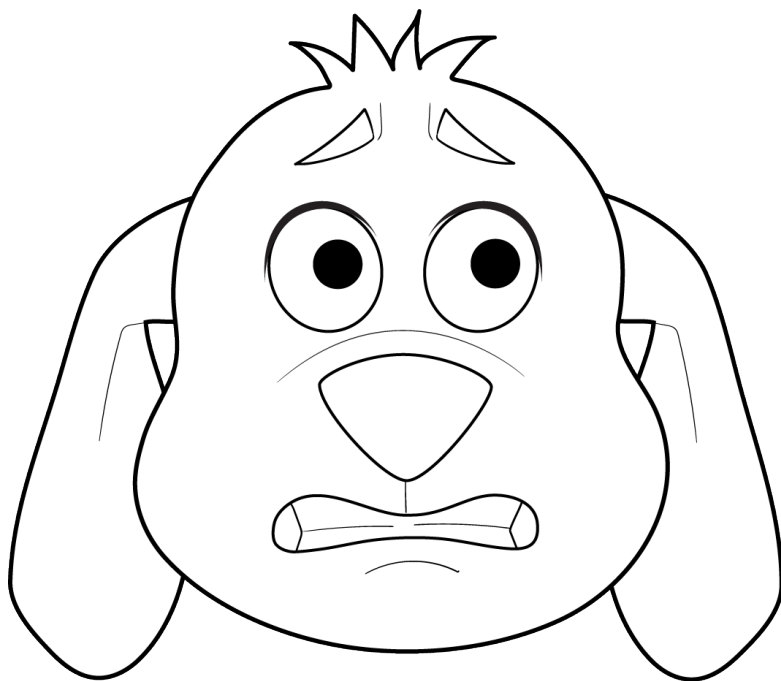
Scared



I can trace it.



I can write it.



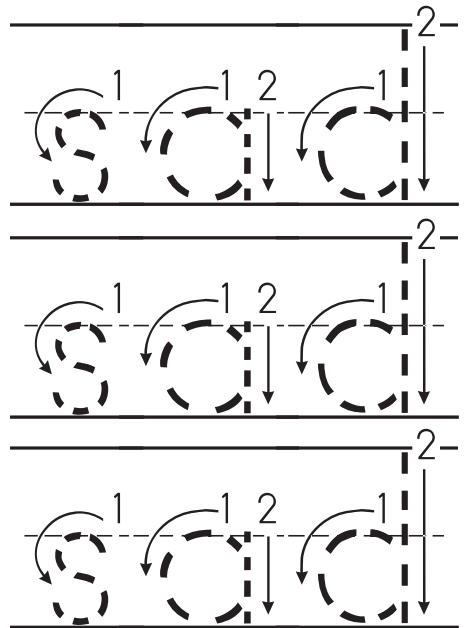
Name _____

Date _____

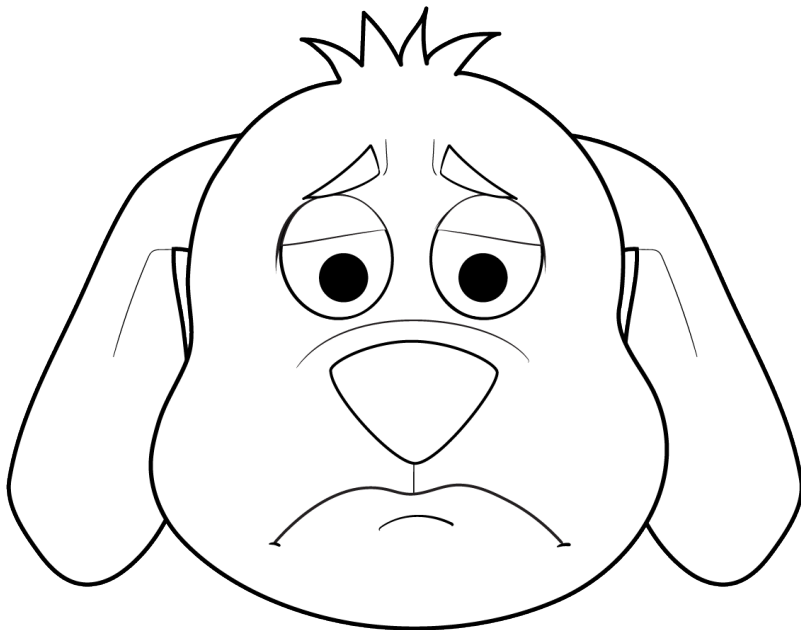
Sad



I can trace it.



I can write it.



Name _____

Date _____

My Emotion

Use the word bank to choose one emotion of how you feel.
Then write it in a sentence.



My Sentence

Scared

Sad

Feel Fine

Happy

Don't Like

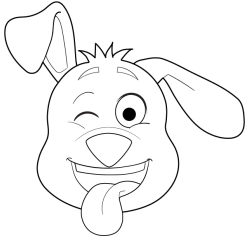
Tired

Mad

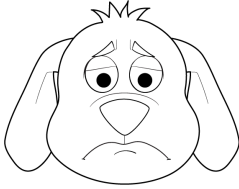
Name _____

Date _____

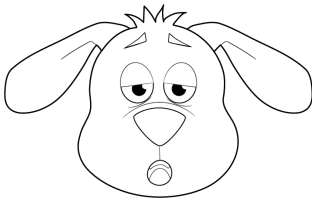
Directions: Match the emoji to the word.



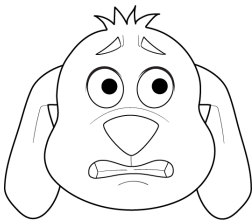
Feel Fine



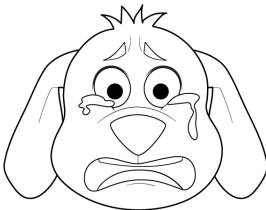
Sad



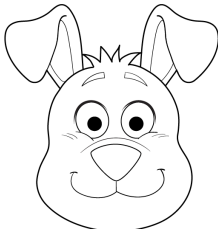
Happy



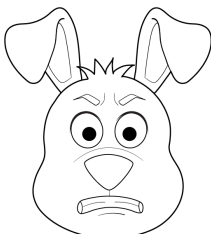
Tired



Scared



Mad

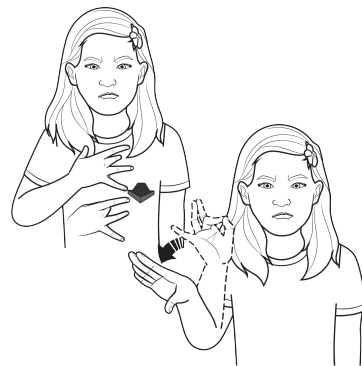
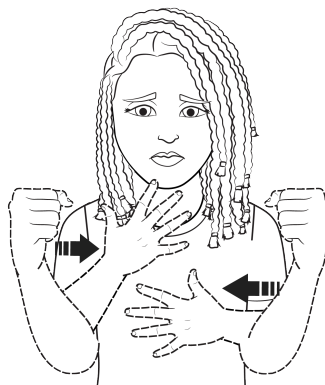
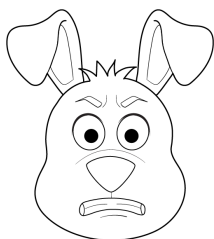
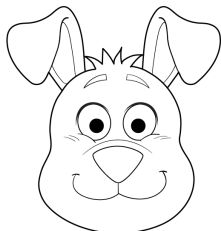
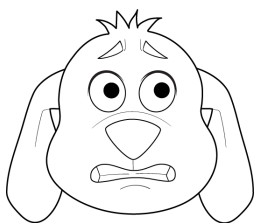
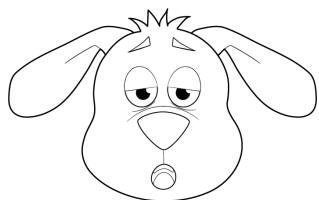
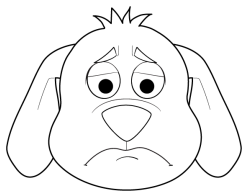
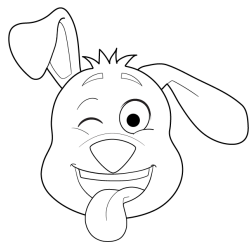


Don't Like

Name _____

Date _____

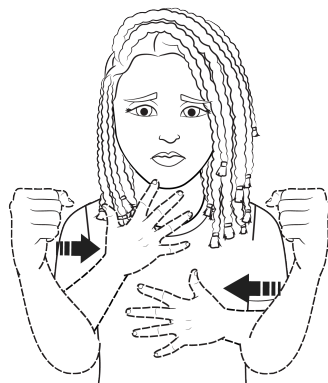
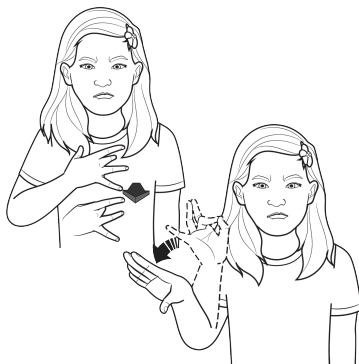
Directions: Match the emoji to the sign.



Name _____

Date _____

Directions: Match the emoji to the sign.



Feel Fine

Sad

Happy

Tired

Scared

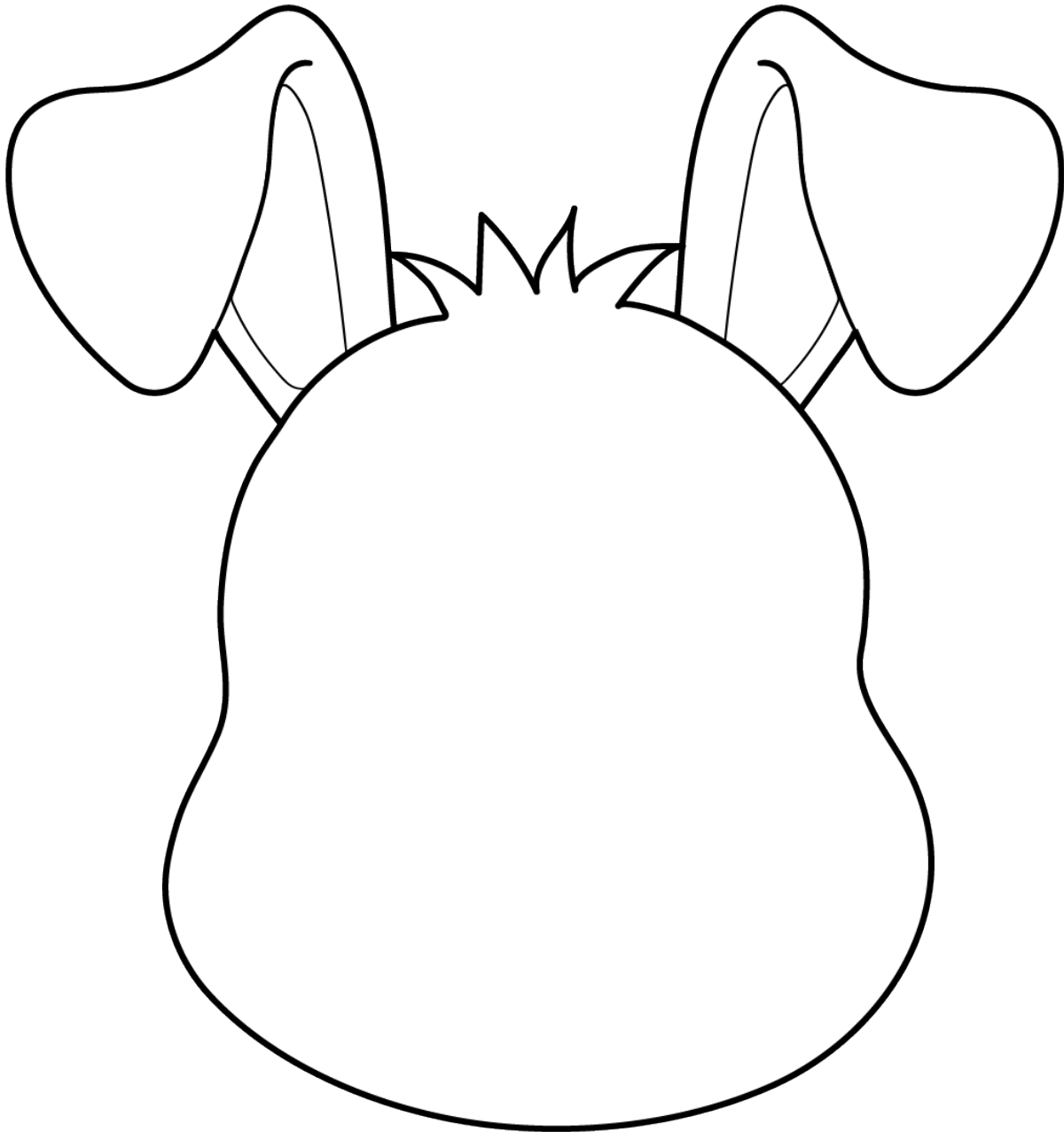
Mad

Don't Like

Name _____

Date _____

Directions: Draw how you feel today. Use the word bank.
Then write a sentence using the emotion word.



Scared

Feel Fine

Sad

Happy

Don't Like

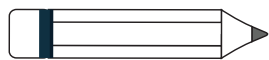
Tired

Mad

Name _____

Date _____

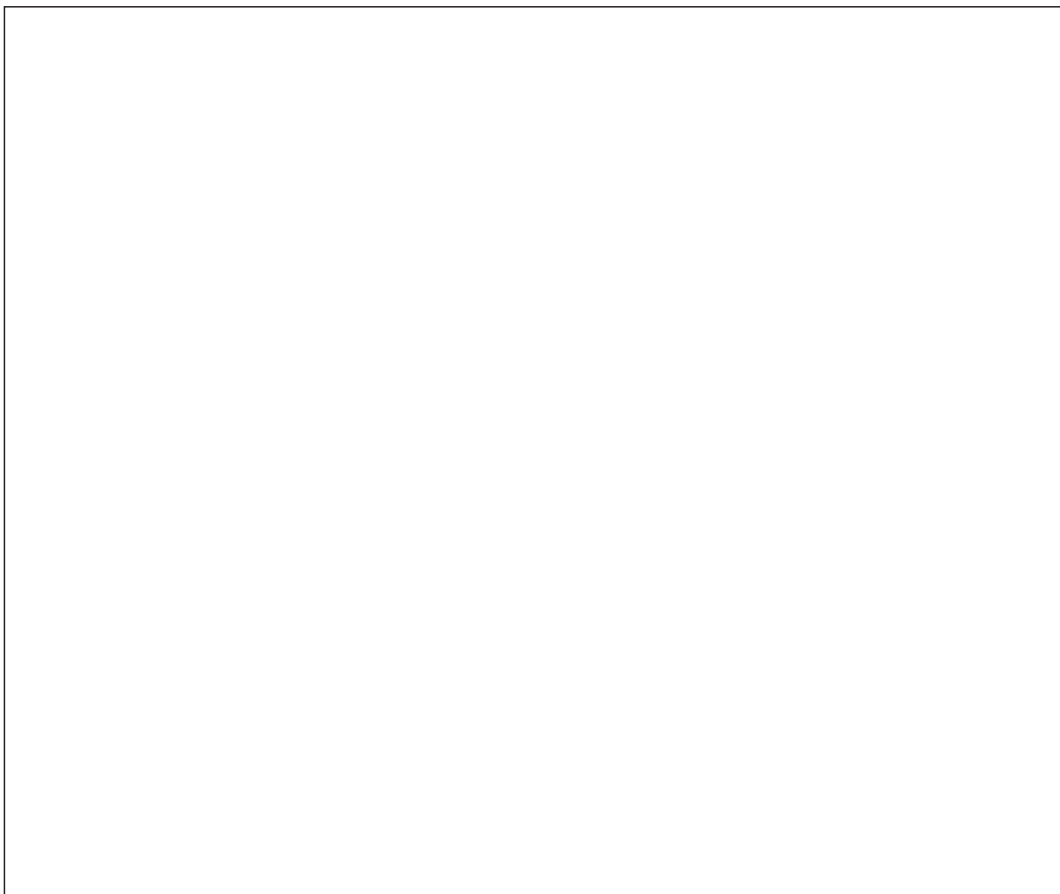
Directions: Copy and finish the sentence below. (Teachers, add a word bank on the board for ideas.)



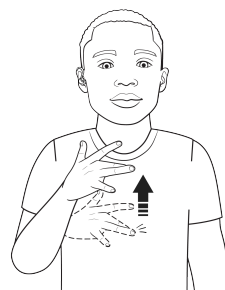
If I dropped my lunch I would feel... because...



Draw and color your picture.



Feel



Middle finger brushes
upward off chest 2x.



Check your grammar.



Capitalize



lowercase



spelling

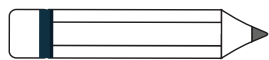


period

Name _____

Date _____

Directions: Copy and finish the sentence below. (Teachers, add a word bank on the board for ideas.)

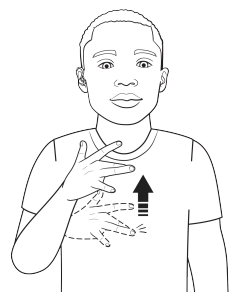


When I fell and hurt myself I and then I...



Draw and color your picture.

Feel



Middle finger brushes upward off chest 2x.



Check your grammar.



Capitalize



lowercase



spelling

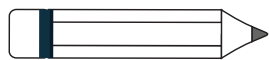


period

Name _____

Date _____

Directions: Copy and finish the sentence below. (Teachers, add a word bank on the board for ideas.)

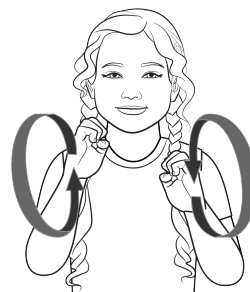


I am responsible for my emotions when...



Draw and color your picture.

Emotions



Middle finger brushes upward off chest 2x.

☒ Check your grammar.

☐ Capitalize

☐ lowercase

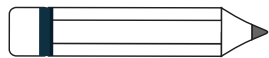
☐ spelling

☐ period

Name _____

Date _____

Directions: Copy and finish the sentence below. (Teachers, add a word bank on the board for ideas.)

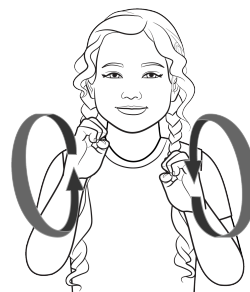


When I get my favorite.... my emotion is...



Draw and color your picture.

Emotions



Middle finger brushes upward off chest 2x.

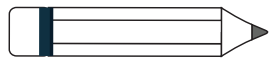
☒ Check your grammar.

- ☐ Capitalize
- ☐ lowercase
- ☐ spelling
- ☐ period

Name _____

Date _____

Directions: Copy and finish the sentence below. (Teachers, add a word bank on the board for ideas.)



My teacher told me....I felt...because...

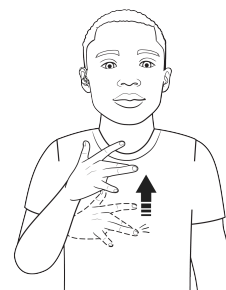
Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines for writing practice.



Draw and color your picture.

A large empty rectangular box for drawing and coloring.

Feel



Middle finger brushes upward off chest 2x.



Check your grammar.



Capitalize



lowercase



spelling




period

Name _____

Date _____

Directions: Draw an emoji to match the sign.



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About the Author

Cynthia Long is a Nationally Certified Interpreter and the founder of Sign Baby Sign LLC. She has extensive experience homeschooling and interpreting in the classroom for primary, secondary, and post-secondary levels; she is dedicated to providing ASL teaching resources to schools and families across the U.S. All of the ASL resources on ASLTeachingResources.com are developed from years of experience in educational systems as a Nationally Certified ASL Interpreter.



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