Sign Language

Eating with ASL

Lesson Plan Book 5





Inside: **Apple Banana** Cake Cereal Cookie Cracker **Fruit** Hungry Milk **Orange Thirsty** Water **Bonus: Eat**

ASLTeachingResources.com Tools for teachers & students!



ASL Teaching Resources brought to you by

this book belongs to

More resources at: ASLTeachingResources.com



After years of working in the education system, my question was where are the resources for teaching sign language? Sure, I could find the ABCs and 1-10, but I needed more than that. I decided to make it happen.

All of our ASL resources are not only from years of experience in the educational system but also as a Nationally Certified Interpreter (that just means I'm fluent in sign). We have hundreds of sign resources for you to use to teach hearing, deaf, and special needs children.

Our resources are created for:

- •**TEACHERS** to save you hours of research. Everything is ready to go.
- •CHILDREN to have a fun, interactive, hands-on learning experience.
- •PARENTS to reinforce the lesson at home. (Handouts are only available in Lesson Plan books.)

Send us your feedback and ideas as to how we can better serve you.

We would be honored if you'd share our site with others. Happy signing!

ASL Dictionary at: ASLTeachingResources.com/Dictionary



ASL Books- Collect the entire series!

Lesson Plans - Wall Charts - Coloring Books

- 1. My First Signs-Infant
- 2. My First Signs-Preschool
- 3. Directions
- 4. Answers
- 5. Food
- 6. Bathroom
- 7. Holiday Vol. 1
- 8. Holiday Vol. 2
- 9. School Days
- 10. Animals
- 11. Outdoors
- 12. Emotions
- 13. Weather
- 14. Manners
- 15. Clothes
- 16. Calendar
- 17. Numbers
- 18. Day Care
- 19. Colors
- 20. ABCs

ASL Gifts at: ASLTeachingResources.com/Shop

CONGRATULATIONS!

Here is your sign language book!
Our mission is to provide high quality lessons to time-pressed teachers and those working with hearing, deaf, hard-of-hearing, or special needs children.



Instructions for use

- •Our books are available in PDF and printed format.
- •Books with lesson plans will include the following:
 - 1. LP- Lesson Plan for teacher
 - 2. Sign 8 x 10- Print on cardstock to display in classroom
 - 3. WS- Worksheet for the child
 - 4. HO-Handout, optional for take home paper
- Videos for signs can be viewed at ASLTeachingResources.com/Dictionary
- •In the PDF version, use the "bookmark" tab for easy access to each section.
- •If left handed, substitute left for right hand instructions.

TERMS OF USE: All designs and coloring pages are the copyrighted, intellectual property of Sign Baby Sign® and can only be redistributed within your home, classrooms or group. They are not to be sold or shared with others to reproduce in any format, including web pages. When printing, items must retain and always include ASLTeachingResources.com as it appears on the original document. Thank you for helping to protect our work and guide others to this resource. Please contact us if you have any further questions.



ASLTeachingResources.com





















More designs at ASLTeachingResources.com/Shop

Benefits of using sign language in the classroom, homeschool, or childcare:

- $\sqrt{\ }$ increases test scores $\sqrt{\ }$ enhances literacy development $\sqrt{\ }$ helps students focus $\sqrt{\ }$ boosts comprehension $\sqrt{\ }$ creates an engaging learning environment $\sqrt{\ }$ great for behavior management $\sqrt{\ }$ creates a more harmonious classroom
- $\sqrt{}$ engages students in learning $\sqrt{}$ introduces a new language
- $\sqrt{\text{redirects focus}}$ $\sqrt{\text{involves low verbal or shy children in communication}}$ $\sqrt{\text{successful quiet times}}$ $\sqrt{\text{enhances communication skills}}$

Hints for using this book:

- 1. Start with a sign each day or each week, building sign vocabulary as you go.
- 2. When teaching new vocabulary, SHOW the written word in English, SIGN the word in ASL, and SAY the word. Incorporating all three learning styles (visual, auditory, kinesthetic) is a powerful tool to engage students.
- 3. Increase receptive and expressive vocabulary with our flashcards, dice, and videos.
- 4. Send home handouts for parents to learn and reinforce signs learned.

Ideas for incorporating sign language in your daily activities:

- 1. Use signs daily, especially during your routine transitions (lunch, bathroom).
- 2. When signing, make eye contact and keep your hands empty when possible.
- 3. Use objects and fingerspelling to introduce signs (e.g. teach the sign "apple" and the letter "a" while showing an apple). This iconic approach increases comprehension.
- 4. During activities, reading, or singing: sign key words, have students sign them, or ask questions where children sign the answer.
- 5. Have a theme day to emphasize new signs. Each time the word is said it must be signed.
- 6. When teaching reading skills or during story time, use signs for key words. Tape the flash cards throughout your books at the appropriate places. Children can read and be reminded of the signs. The added dimension of signing will help to reinforce vocabulary.
- 7. Use sign as a tool in classroom management by directing students as to what to do next or to address a student across the room.
- 8. Incorporating fingerspelling can provide an additional method to learning new spelling words, engaging children who are more visual or kinesthetic.
- 9. Dedicate a place in your room for the wall charts. Add more as you learn.
- 10. Introduce quiet times where children can only communicate in sign to each other.

Bonus: Smile and have fun while you create a fun learning environment!



ASL Teaching Resources brought to you by

		0 0
		M

Food



View videos with QR code.

Name

Collect the entire series.



Food ASLTeachingResources.com SignBabySign® All rights reserved. Ideas: 1. Roll dice and then sign the word or say the word for the sign. 2. Roll all 4 dice, make up a sentence, and then sign the sentence. Collect the entire series. 3. Roll dice and let that be the "word for the day." 4. Roll dice to play charades and the person guessing will sign the answer. 5. Roll dice and then everyone tries to sign or say the word at the same time. For best results, use cardstock paper. Cut and glue together at tabs.

Food Apple ASLTeachingResources.com SignBabySign® All rights reserved. Cereal Cake Ideas: 1. Roll dice and then sign the word or say the word for the sign. 2. Roll all 4 dice, make up a sentence, and then sign the sentence. 3. Roll dice and let that be the "word for the day." 4. Roll dice to play charades and the person guessing will sign the answer. 5. Roll dice and then everyone tries to sign Fruit or say the word at the same time. Milk Thirsty Water For best results, use cardstock paper. Cut and glue together at tabs.

Level: Pre-K, K

Category: Food Activity Book **Topics** Food, Apple, Ordinal

Materials: Paper plates, red pom-poms, book

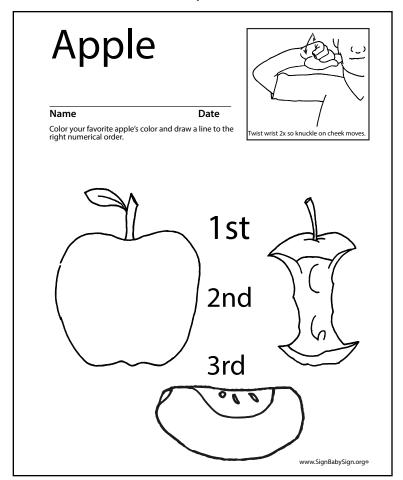
Color your favorite apple's color and draw a line to the right numerical order.

Craft: Make an apple tree with a paper plate.

Game: Draw a big tree on the ground. Give children red pom-poms to toss on the tree. Add numbers to earn points.

Idea: Read Johnny Apple Seed.

Example

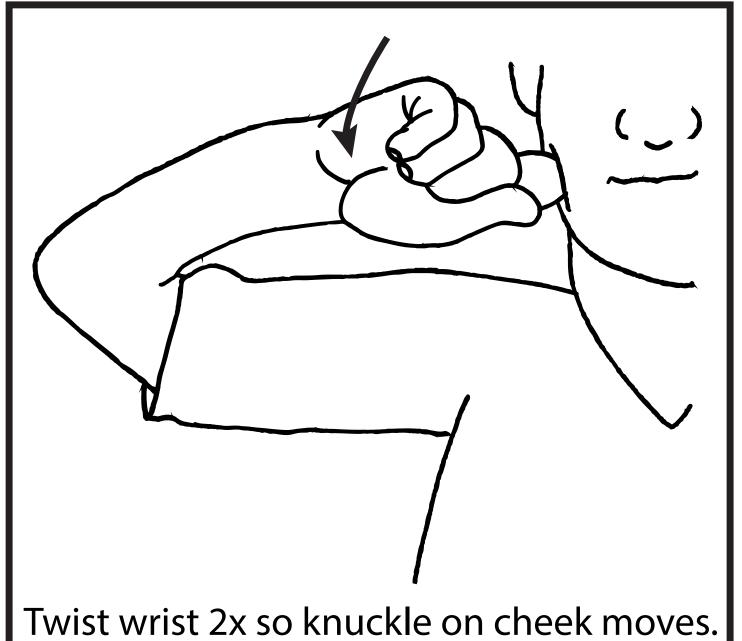


SignBabySign.org/Dictionary

Twist wrist 2x so knuckle on cheek moves.

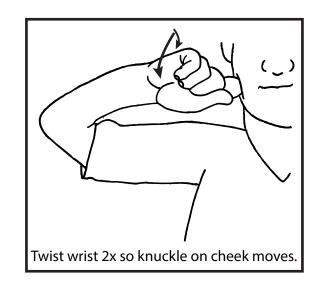


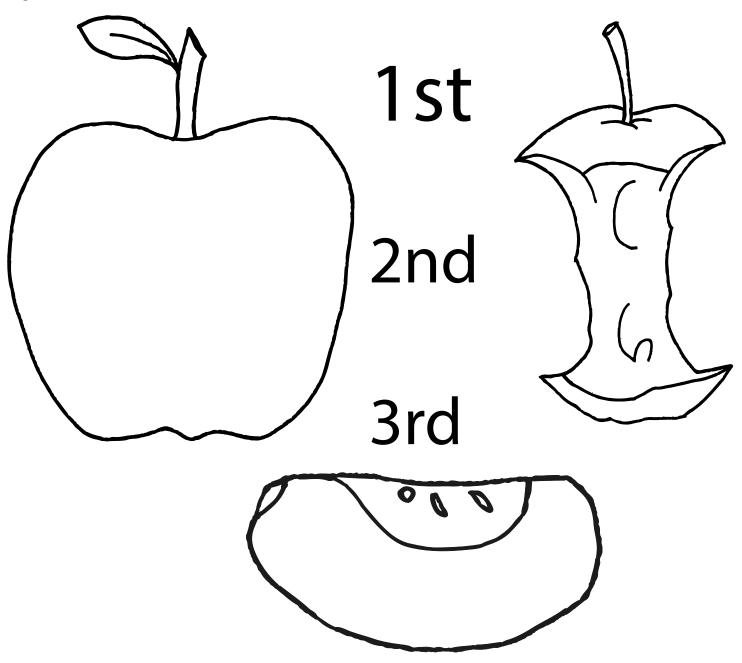
www.SignBabySign.org®



Name Date

Color your favorite apple's color and draw a line to the right numerical order.



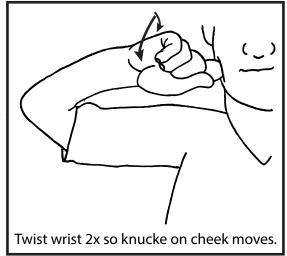


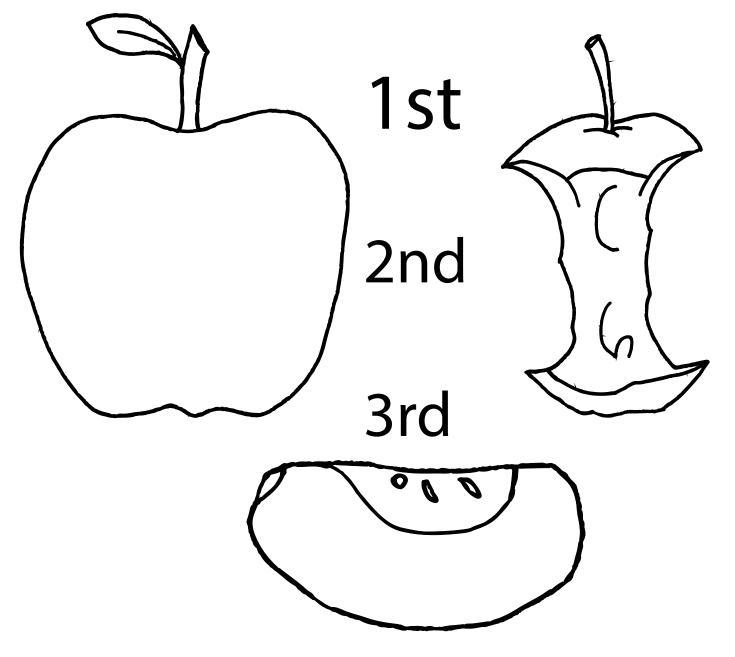
Color your favorite apple's color and draw a line to the right order.

Craft: Make an apple tree with a paper plate.

Game: Draw a big tree on the ground. Give children red pompoms to toss on the tree. Add numbers to earn points.

Idea: Read Johnny Apple Seed.





Level: Pre-K, K

Category: Food Activity Book **Topics:** Food, Health, Math

Materials: coloring utensils, construction paper, banana



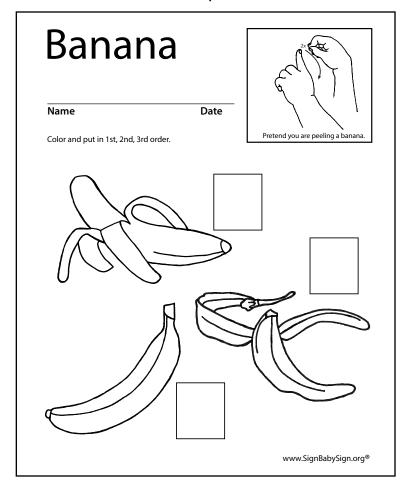
Color and put in 1st, 2nd, 3rd order.

Craft: Banana mosaic. Have children tear yellow paper to glue on a banana shaped paper.

Game: Relay. Run like a monkeys to get the banana.

Idea: Teach how a monkey opens a banana.

Example



SignBabySign.org/Dictionary



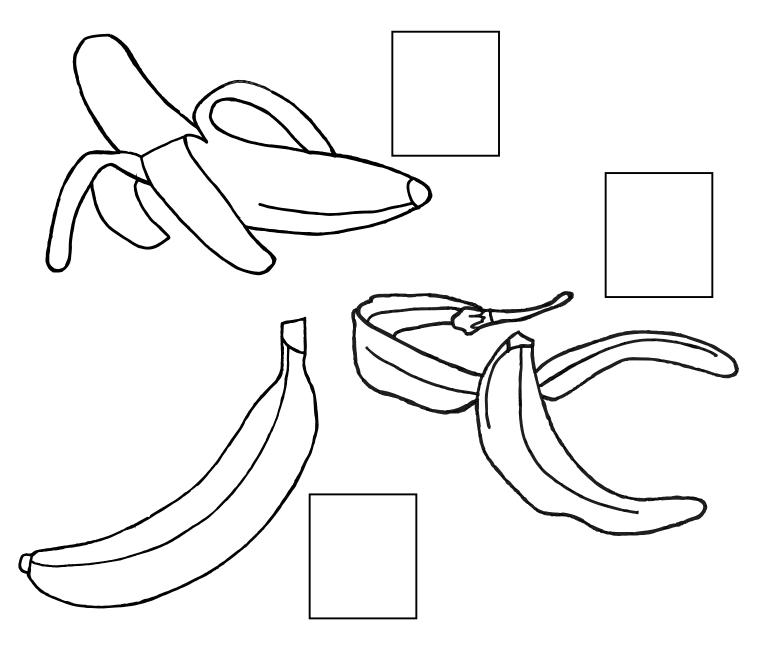
www.SignBabySign.org®



Name Date

Color and put in 1st, 2nd, 3rd order.





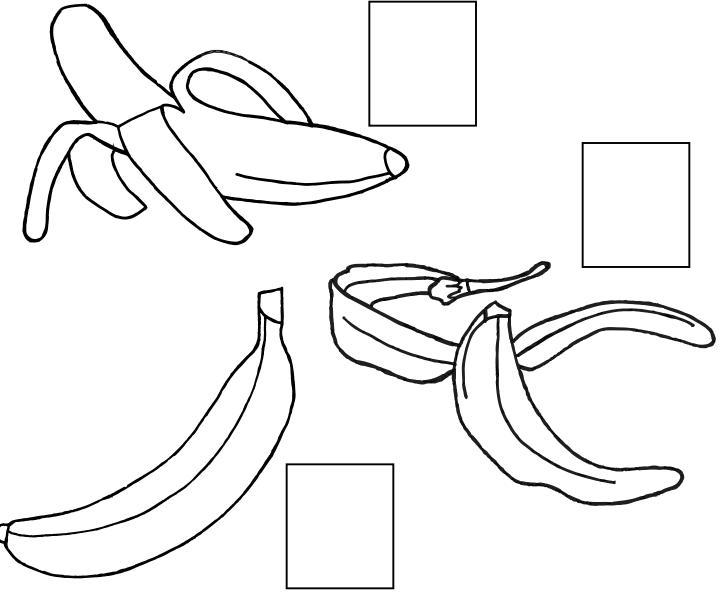
Color and put in 1st, 2nd, 3rd order.

Craft: Banana mosaic. Have children tear yellow paper to glue on a banana shaped paper.

Game: Relay. Run like a monkeys to get the banana.

Idea: Teach how a monkey opens a banana.



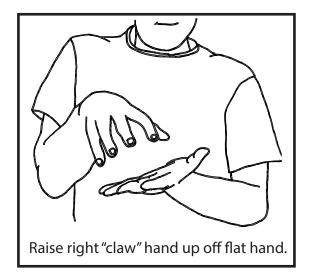


Level: Pre-K, K

Category: Food Activity Book

Topics: Food, Holiday, Celebration

Materials: coloring utensils, cupcakes, icing



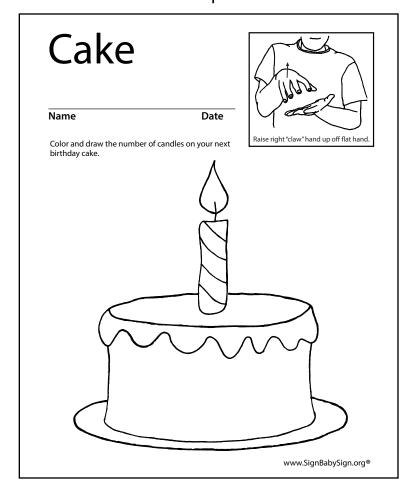
Color and draw the number of candles on your next birthday cake.

Craft: Make cupcakes for children to ice and decorate.

Game: Play the old fashion cakewalk game.

Idea: Invite someone from a bakery.

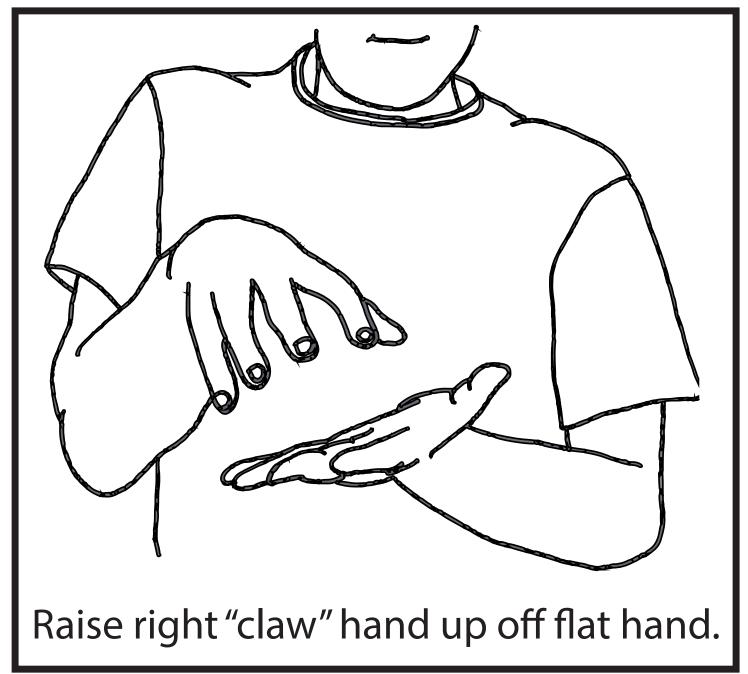
Example



SignBabySign.org/Dictionary

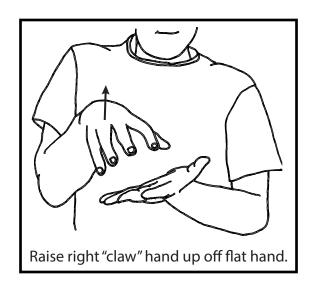


www.SignBabySign.org®



Name Date

Color and draw the number of candles on your next birthday cake.



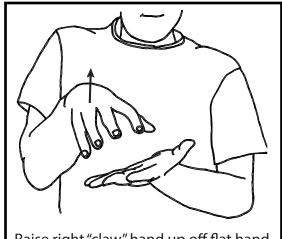


Color and draw the number of candles on your next birthday cake.

Craft: Make cupcakes for children to ice and decorate.

Game: Play the old fashion cakewalk game.

Idea: Invite someone from a bakery.



Raise right "claw" hand up off flat hand.



Level: Pre-K, K, 1

Category: Food Activity Book

Topics: Food, Breakfast

Materials: coloring utensils, cereal boxes, glue, cereal,

construction paper

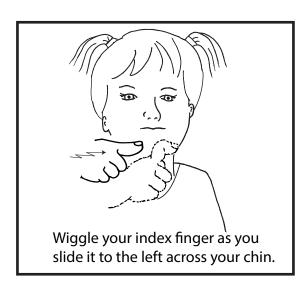
Color and design your favorite cereal box. Glue real cereal in the bowl.

Craft: Make a necklace with cereal.

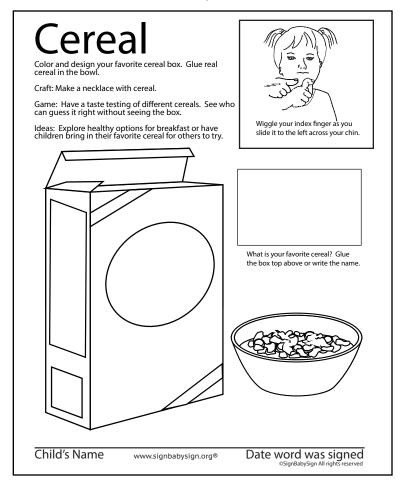
Game: Have a taste testing of different cereals. See who

can guess it right without seeing the box.

Ideas: Explore healthy options for breakfast or have children bring in their favorite cereal for others to try.



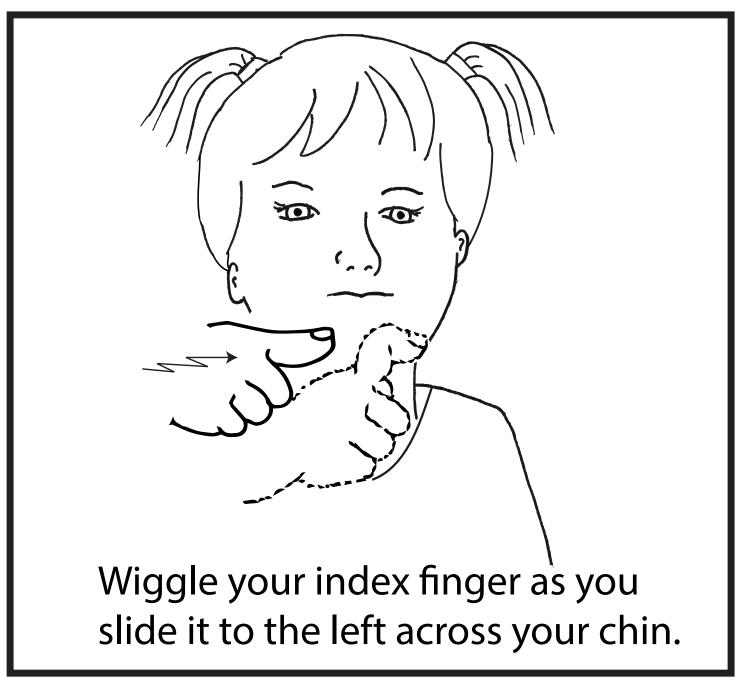
Example



SignBabySign.org/Dictionary

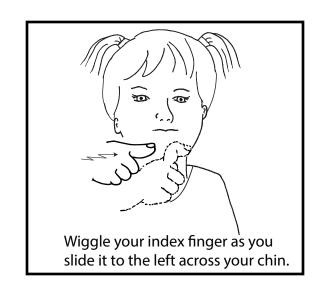


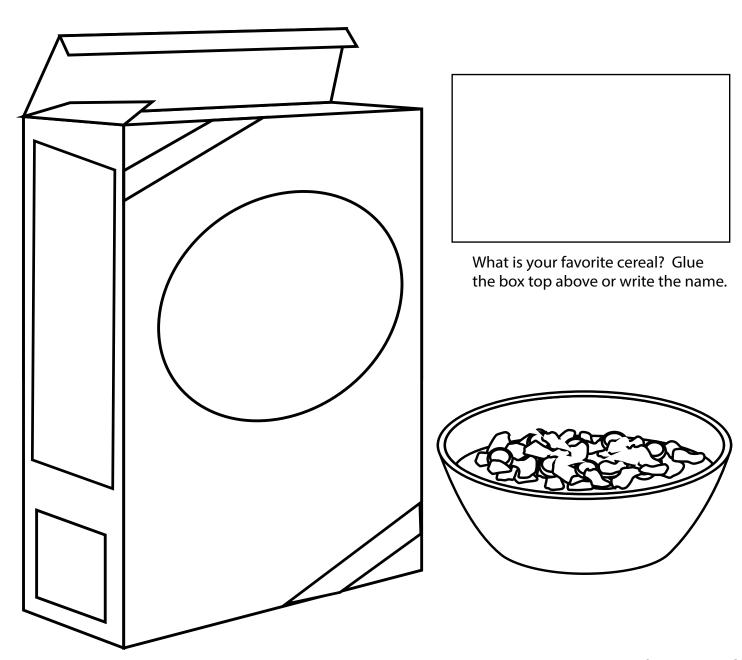
www.SignBabySign.org®



Name Date

Color and design your favorite cereal box. Glue real cereal in the bowl.



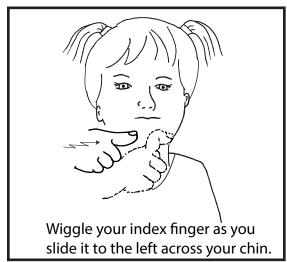


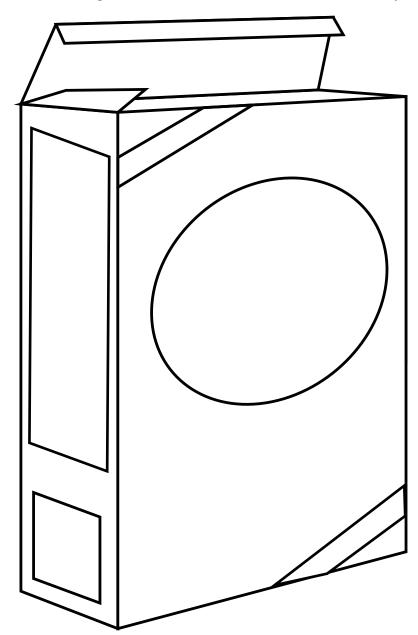
Color and design your favorite cereal box. Glue real cereal in the bowl.

Craft: Make a necklace with cereal.

Game: Have a taste testing of different cereals. See who can guess it right without seeing the box.

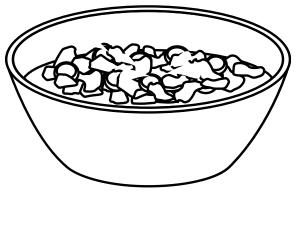
Ideas: Explore healthy options for breakfast or have children bring in their favorite cereal for others to try.







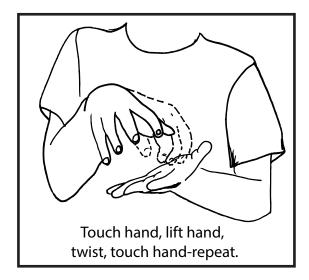
What is your favorite cereal? Glue the box top above or write the name.



Level: Pre-K, K

Category: Food Activity Book

Topics: Prediction, Holiday, Christmas **Materials:** Big paper cookies, playdough



Color and draw what comes next.

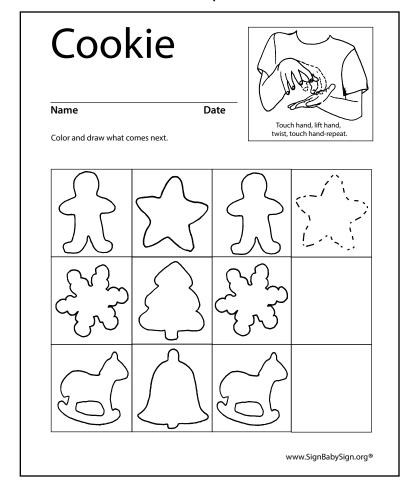
Craft: 3D giant cookie. Precut two giant circles. Children decorate it, stuff with paper, and staple shut.

Game: Hang cookies on a string. Children line up to

eat it with no hands.

Idea: Playdough cookie cutting.

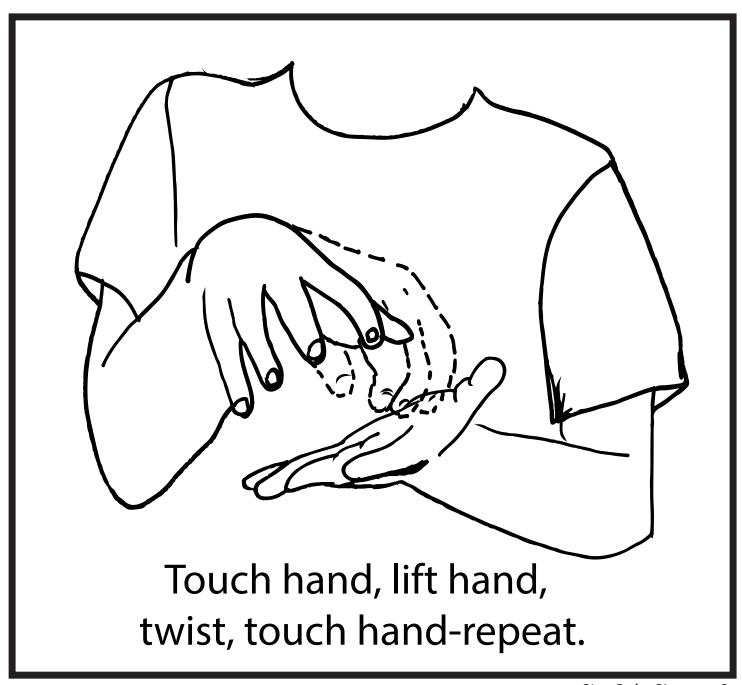
Example



SignBabySign.org/Dictionary

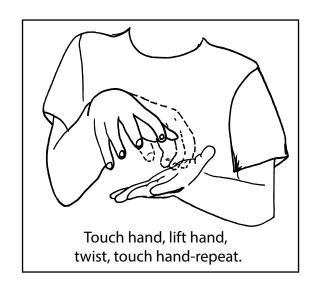


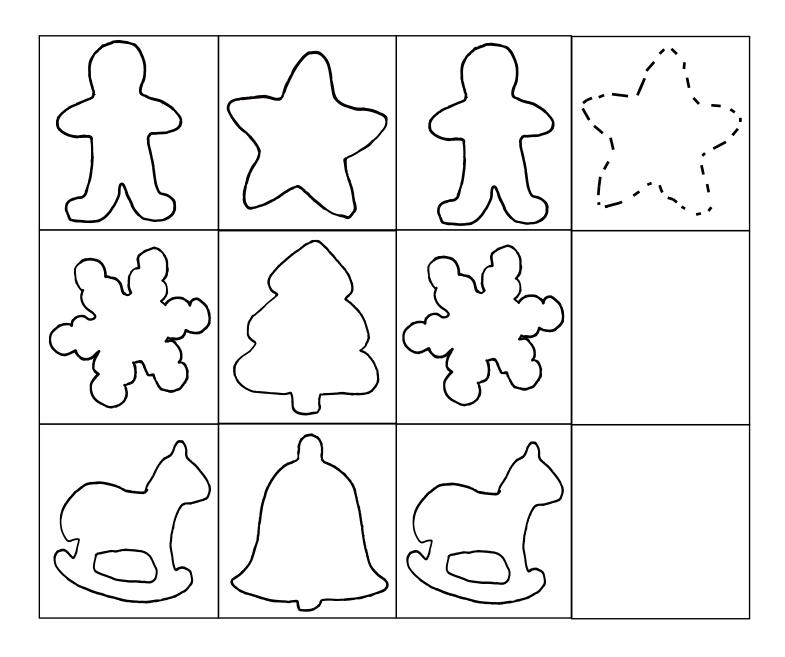
www.SignBabySign.org®



Name Date

Color and draw what comes next.



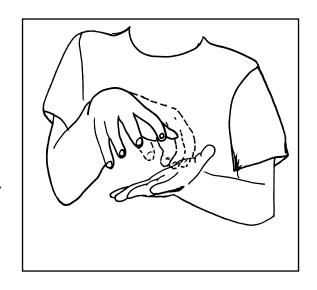


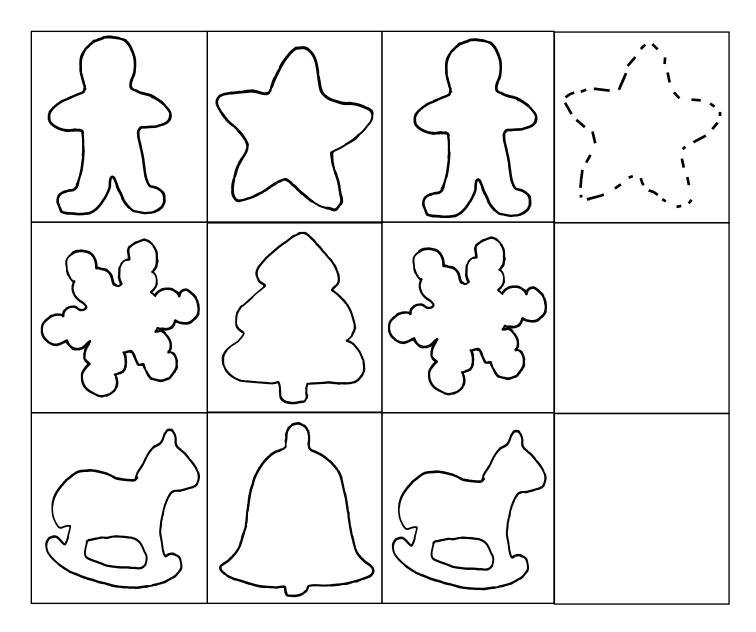
Color and draw what comes next.

Craft: 3D giant cookie. Precut two giant circles. Children decorate it, stuff with paper, and staple shut.

Game: Hang cookies on a string. Children line up to eat it with no hands.

Idea: Playdough cookie cutting.





Level: Pre-K, K

Category: Food Activity Book **Topics:** Food, Games, Crackers

Materials: Crackers, baggies, cheese



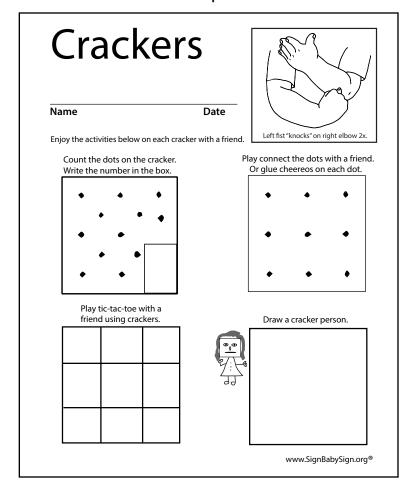
Enjoy the activities below on each cracker with a friend.

Craft: Each child decorates a baggy to hold their crackers.

Game: Each time a child eats a cracker, they try to say "Polly picked crackers." Do as a group or individually.

Idea: Have a cracker and cheese tasting.

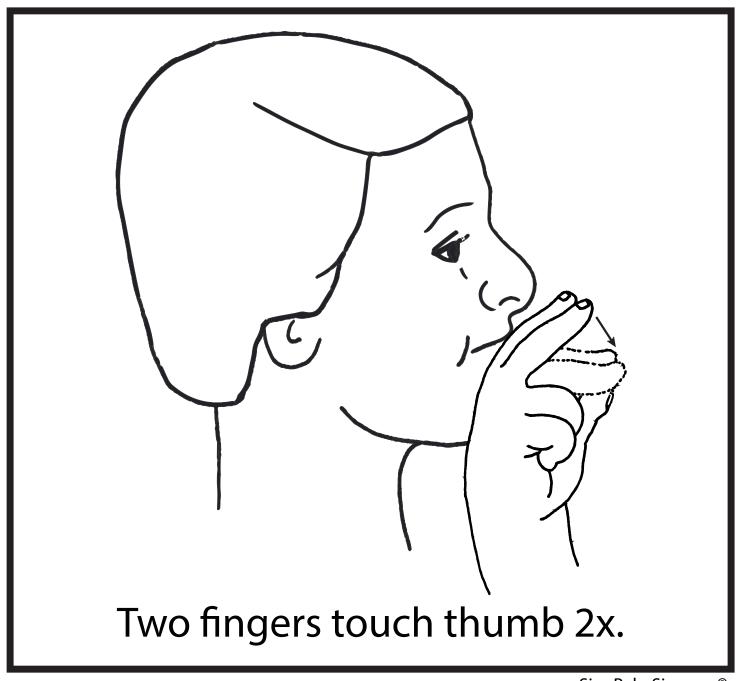
Example



SignBabySign.org/Dictionary



www.SignBabySign.org®

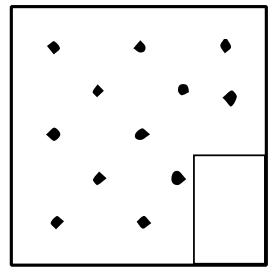


Name Date

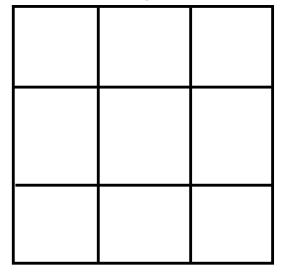


Enjoy the activities below on each cracker with a friend.

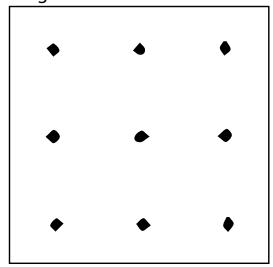
Count the dots on the cracker. Write the number in the box.



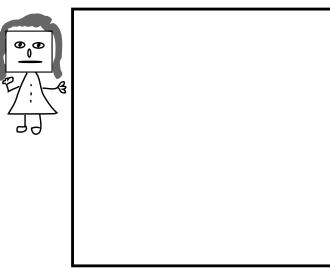
Play tic-tac-toe with a friend using crackers.



Play connect the dots with a friend. Or glue cheereos on each dot.



Draw a cracker person.



Enjoy the activities below on each cracker with a friend.

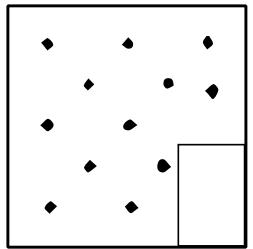
Craft: Each child decorates a baggy to hold their crackers.

Game: Each time a child eats a cracker, they try to say "Polly picked crackers." Do as a group or individually.

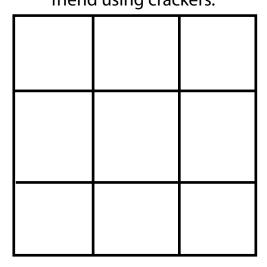
Idea: Have a cracker and cheese tasting.



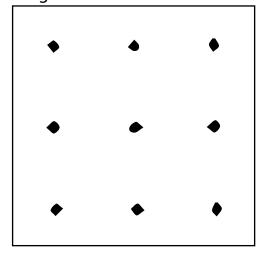
Count the dots on the cracker. Write the number in the box.



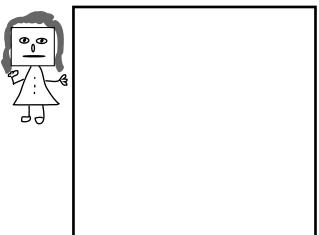
Play tic-tac-toe with a friend using crackers.



Play connect the dots with a friend. Or glue cheereos on each dot.



Draw a cracker person.



Fruit

Level: Pre-K, K

Category: Food Activity Book **Topics:** Food, Health, Seasons

Materials: coloring utensils, scissors, glue, stapler,

paper plates



Craft: Staple a half paper plate on a full plate to make a bowl. Print out fruit to cut and color. Add to the bowl.

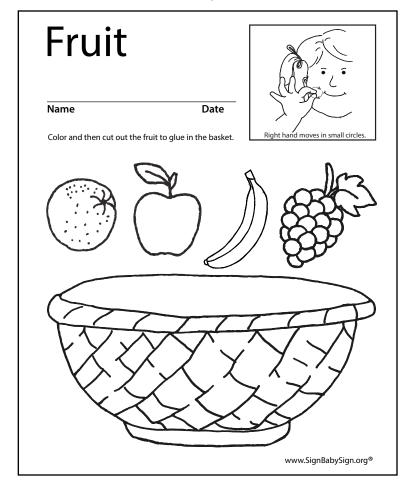
Game: "Guess which fruit" by touch or a taste test.

Idea: Show what each fruit looks like before it is picked

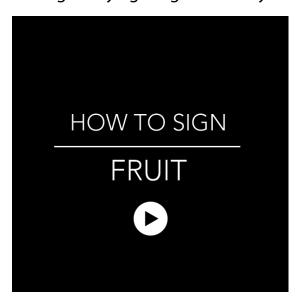
(l.e. grapes on a vine).

Right hand moves in small circles.

Example

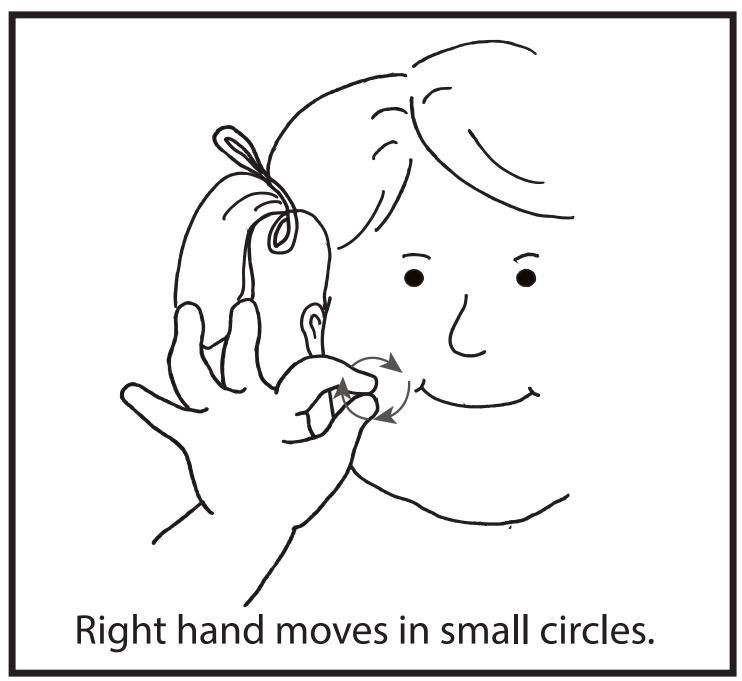


SignBabySign.org/Dictionary



www. Sign Baby Sign. org @

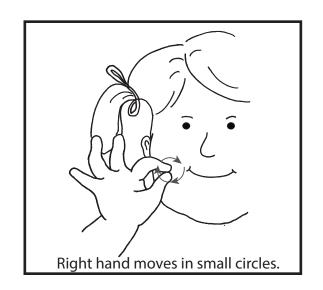
Fruit

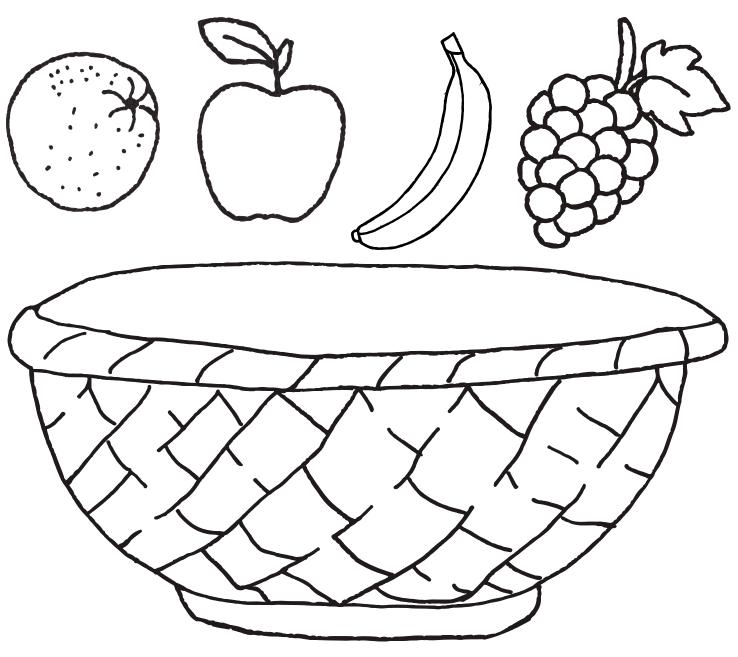


Fruit

Name Date

Color and then cut out the fruit to glue in the basket.





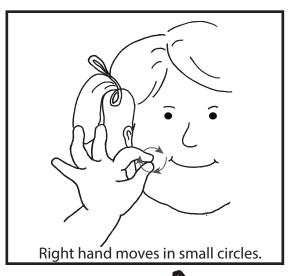
Fruit

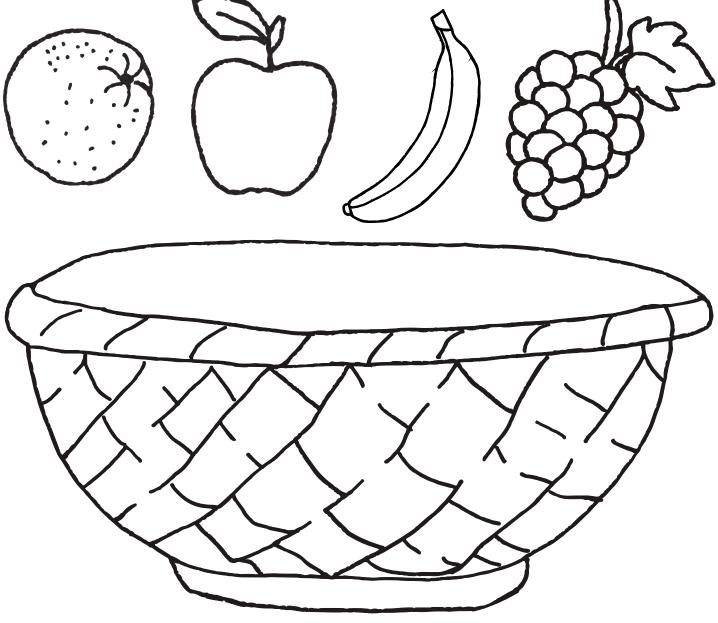
Color and then cut out the fruit to glue in the basket.

Craft: Staple a half paper plate on a full plate to make a bowl. Print out fruit to cut and color. Add to the bowl.

Game: "Guess which fruit" by touch or a taste test.

Idea: Show what each fruit looks like before it is picked (I.e. grapes on a vine).





Level: Pre-K, K

Category: Food Activity Book **Topics:** Counting, Garden,

Materials: coloring utensils, ingredients for edible

playdough, potato

Color the garden and count the hungry worms as you circle them.

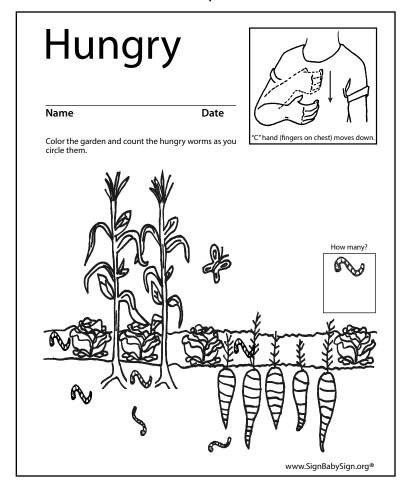
Craft: Have the children make edible playdoh.

Game: Hot potato.

Idea: Start vegetable plants from seed.

"C" hand (fingers on chest) moves down.

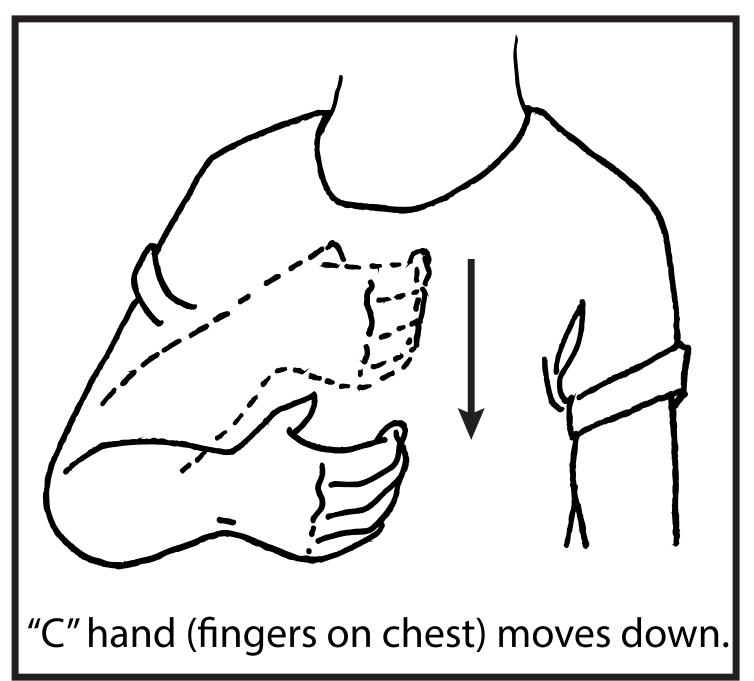
Example



SignBabySign.org/Dictionary

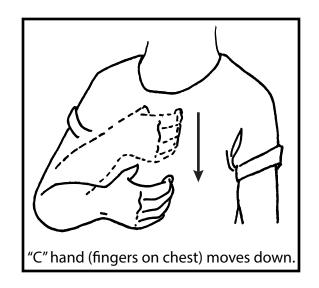


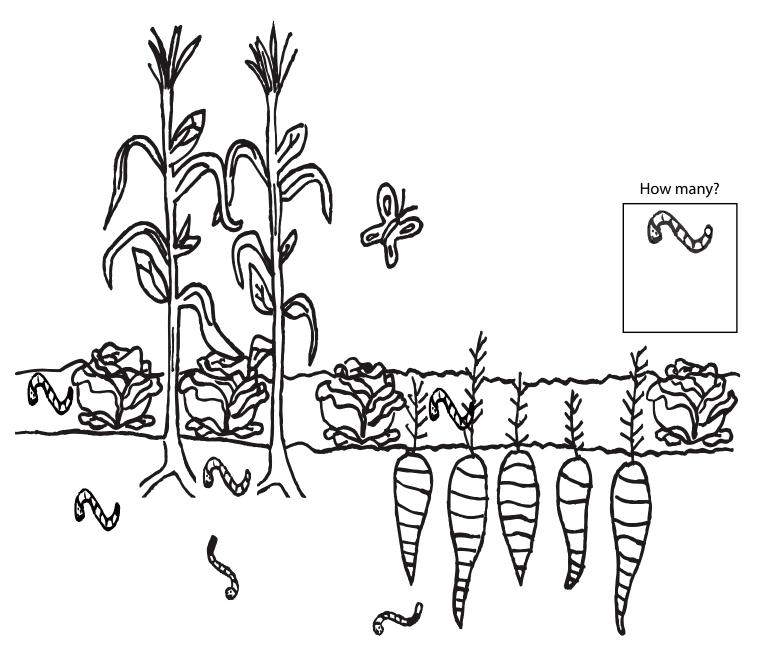
www.SignBabySign.org®



Name Date

Color the garden and count the hungry worms as you circle them.



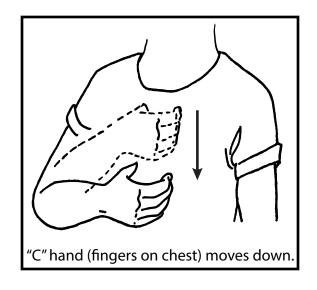


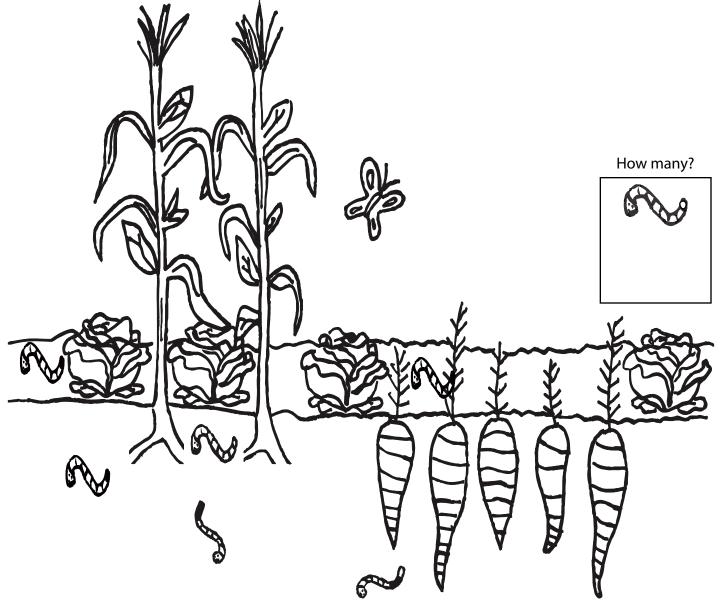
Color the garden and count the hungry worms as you circle them.

Craft: Have the children make edible playdoh.

Game: Hot potato.

Idea: Start vegetable plants from seed.



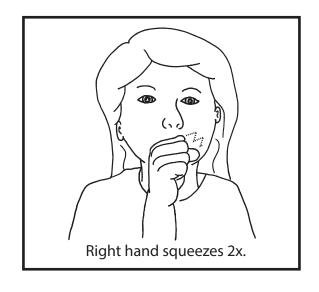


Level: Pre-K, K, 1

Category: Food Activity Book **Topics:** Food, Orange, Outdoors

Materials: coloring utensils, oranges, googly eyes,

pipe cleaner



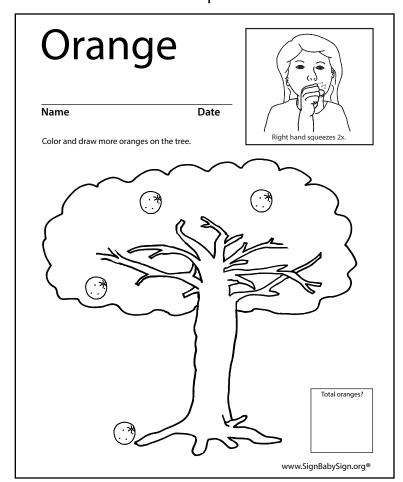
Color and draw more oranges on the tree.

Craft: Turn an orange (or a drawing of an orange) into a person. Add googly eyes, pipe cleaners for arms and legs.

Game: With a partner, toss an orange. Take a step back and toss again.

Idea: Taste test orange things. Blindfold for more fun.

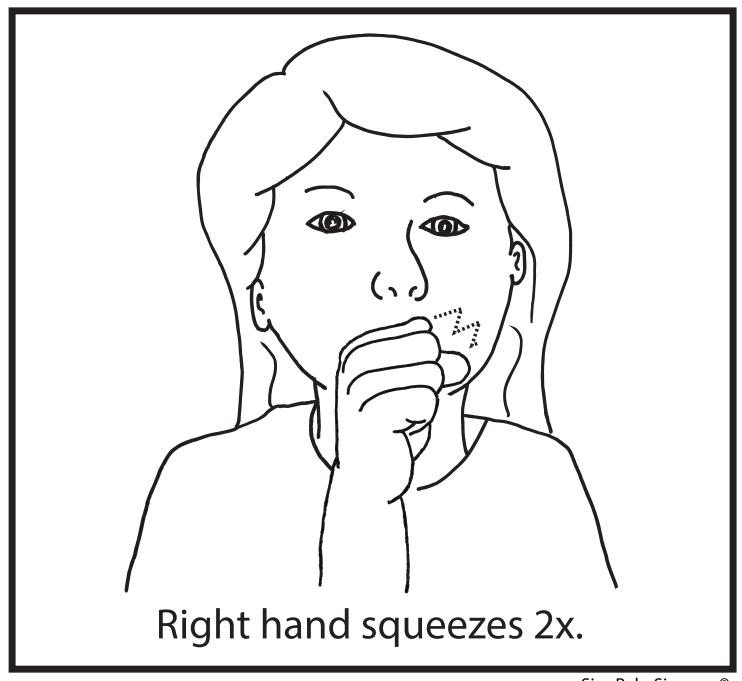
Example



SignBabySign.org/Dictionary

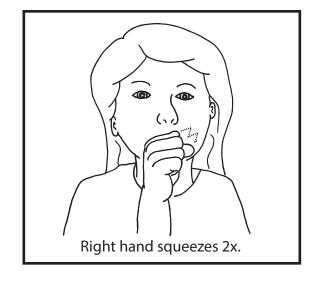


www.SignBabySign.org®

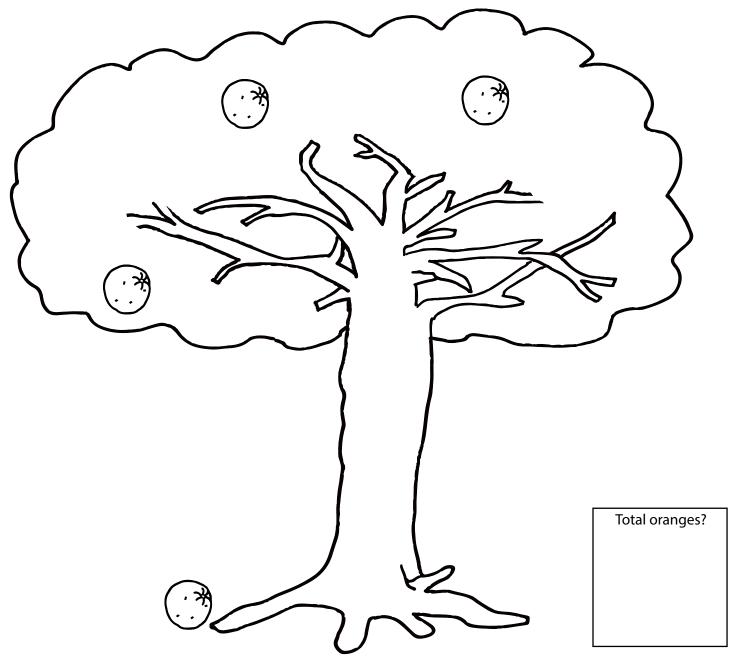


Name Date

2 0.0



Color and draw more oranges on the tree.

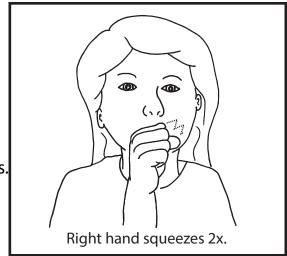


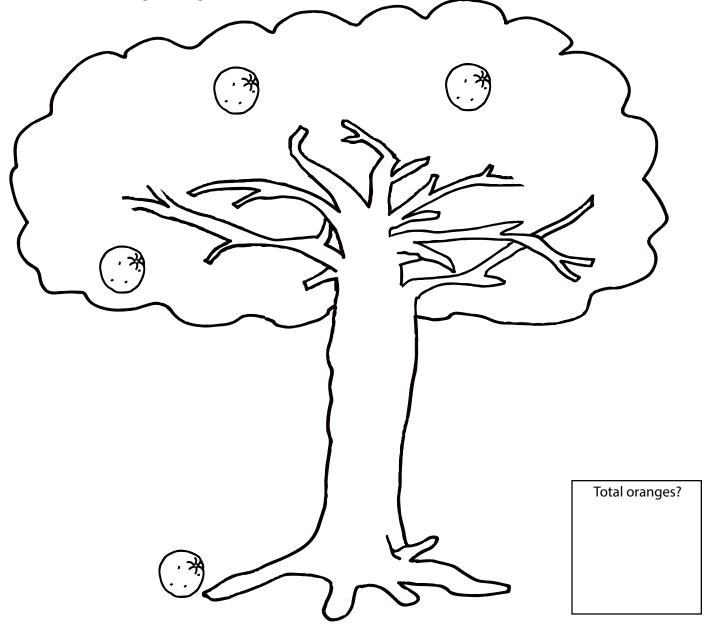
Color and draw more oranges on the tree.

Craft: Turn an orange (or a drawing of an orange) into a person. Add googly eyes, pipe cleaners for arms and legs.

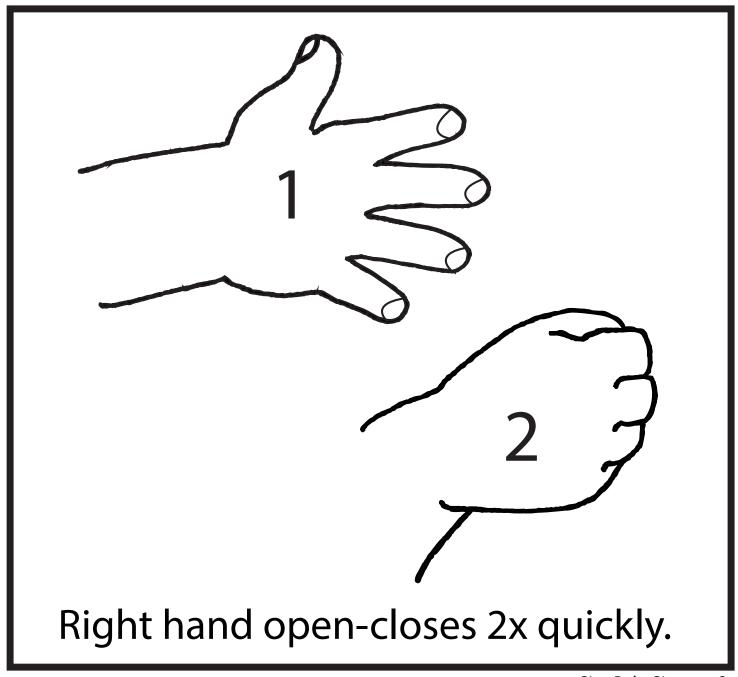
Game: With a partner, toss an orange. Take a step back and toss again.

Idea: Taste test orange things. Blindfold for more fun.





Milk

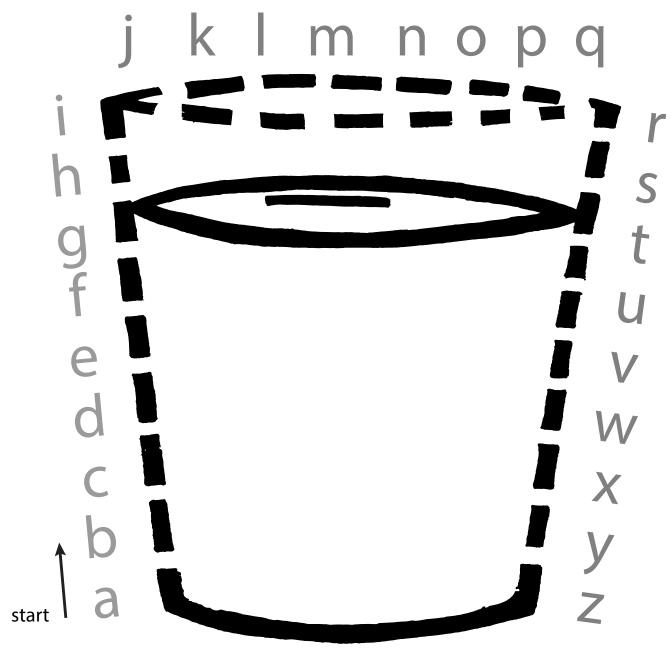


Milk

Name Date

Right hand open-closes 2x quickly.

Practice your ABCs (trace below) and connect the dots. Color it your favorite flavor of milk.



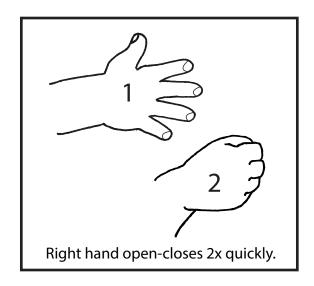
Milk

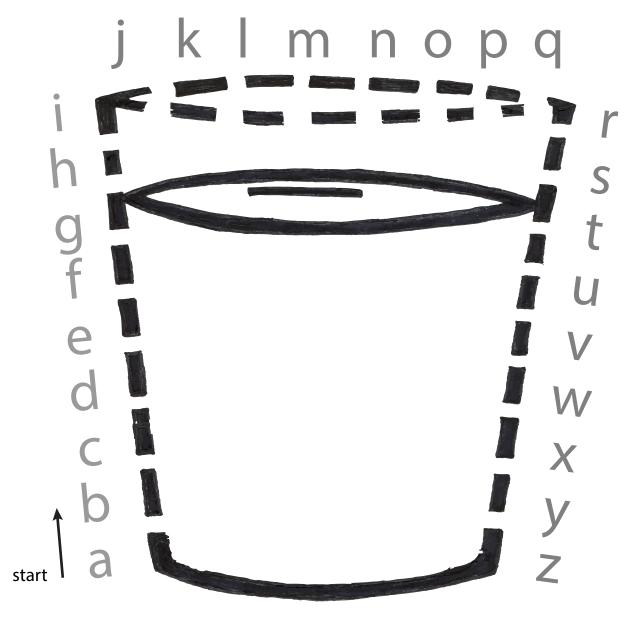
Practice your ABCs (trace below) and connect the dots. Color it your favorite flavor of milk.

Craft: Put milk in a pan, add drops of food coloring. Add a drop of dish liquid to create swirls. Lay paper on it to absorb the design. Lay flat to dry.

Game: Blindfolded, taste test different flavors of milk.

Idea: Show on YouTube how milk is made.





Level: Pre-K, K

Category: Food Activity Book

Topics: Food, Halloween, Emotions, Holiday

Materials: coloring utensils, paper bag, ball, hollow

pumpkin



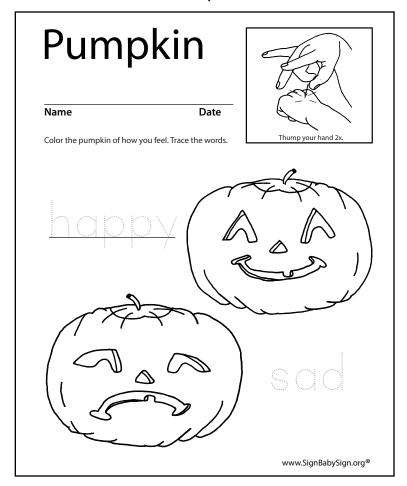
Craft: Make a paper bag pumpkin.

Game: Drop or toss a ball in a pumpkin.

Idea: Discuss with the children about feelings.



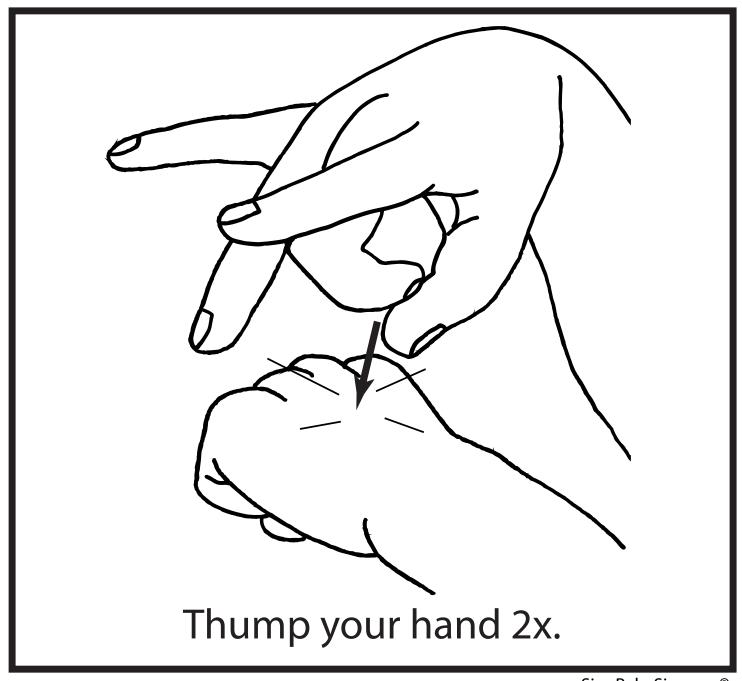
Example



SignBabySign.org/Dictionary



www.SignBabySign.org®



Name Date

Color the pumpkin of how you feel. Trace the words.





Color the pumpkin of how you feel. Trace the words.

Craft: Make a paper bag pumpkin.

Game: Drop or toss a ball in a pumpkin.

Idea: Discuss with the children about feelings.

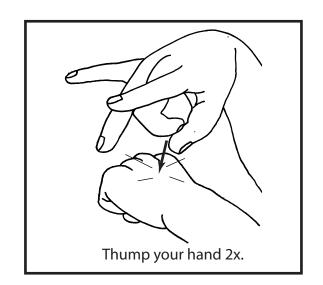




Level: Pre-K, K

Category: Food Activity Book

Topics: Food, Pumpkin, Ordinal, Science **Materials:** Yarn, pipe cleaner, candy corn



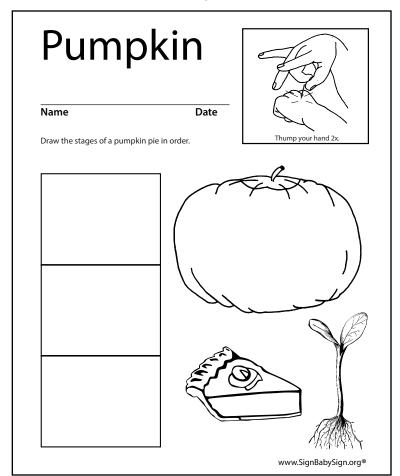
Draw the stages of a pumpkin pie in order.

Craft: "Seed" Use yarn for roots, pipe cleaner for the plant.

Game - Play games with pumpkin seeds or candy corn.

Idea: Show stages from seed to pie with a book or video.

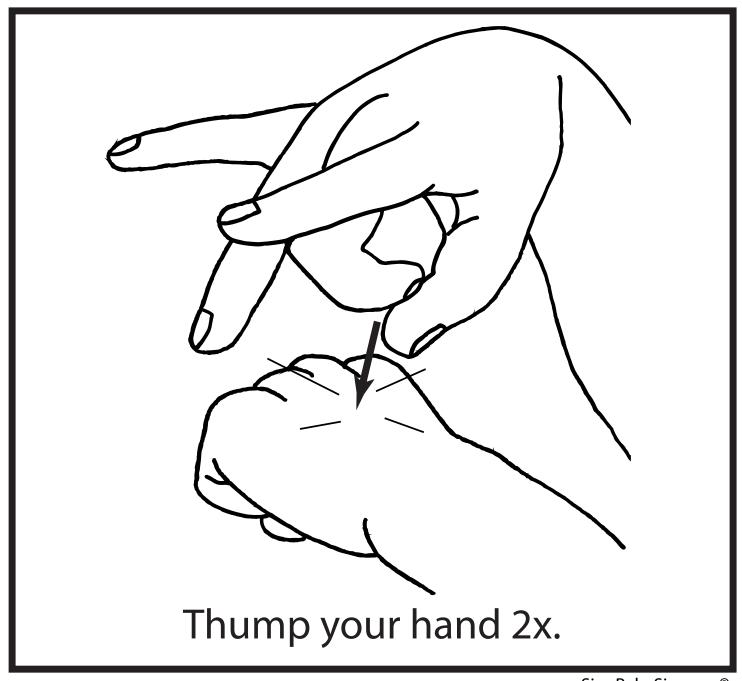
Example



SignBabySign.org/Dictionary



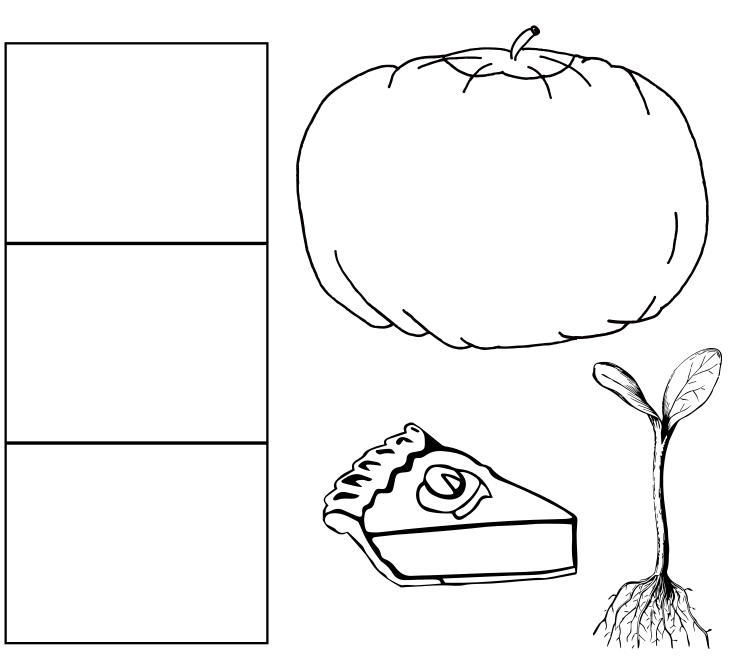
www.SignBabySign.org®



Name Date

Draw the stages of a pumpkin pie in order.





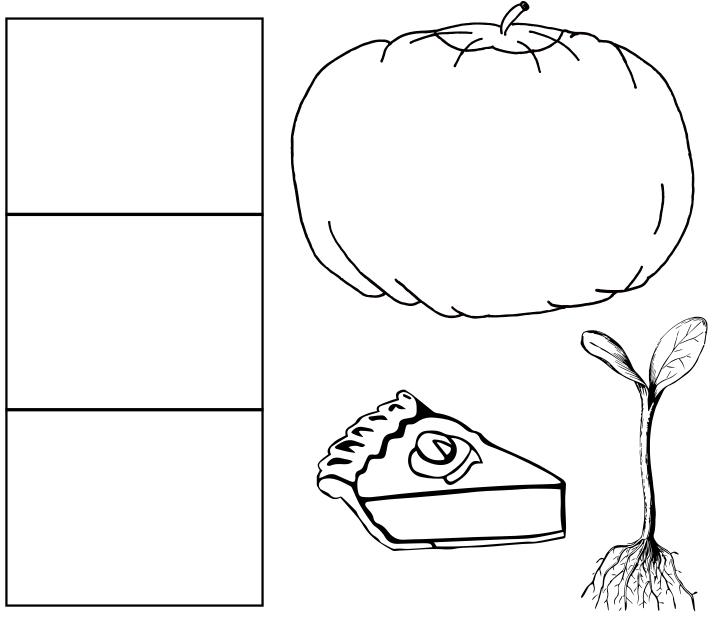
Draw the stages of a pumpkin pie in order.

Craft: "Seed" Use yarn for roots, pipe cleaner for the plant.

Game - Play games with pumpkin seeds or candy corn.

Idea: Show stages from seed to pie with a book or video.





Level: K, 1

Category: Food Activity Book

Topics: Food, Health Education, Hydration

Materials: coloring utensils, glue, construction paper



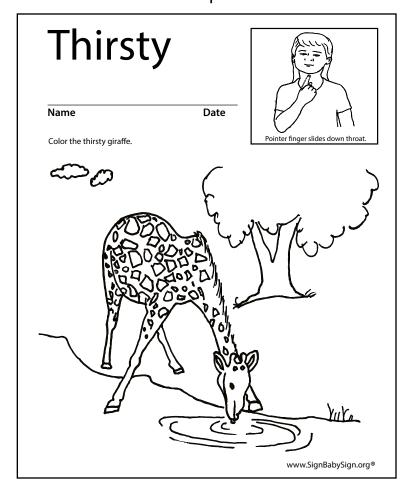
Color the thirsty giraffe.

Craft: Decorate your own water bottle.

Game: Pretend to be different animals and drink like like they would. (Do idea below first).

Idea: Discuss how other animals drink. Show pictures.

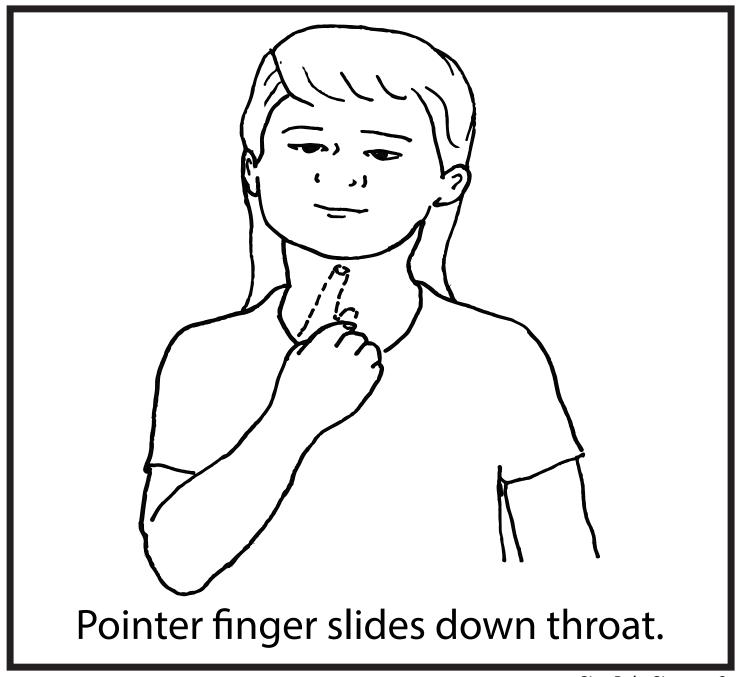
Example



SignBabySign.org/Dictionary



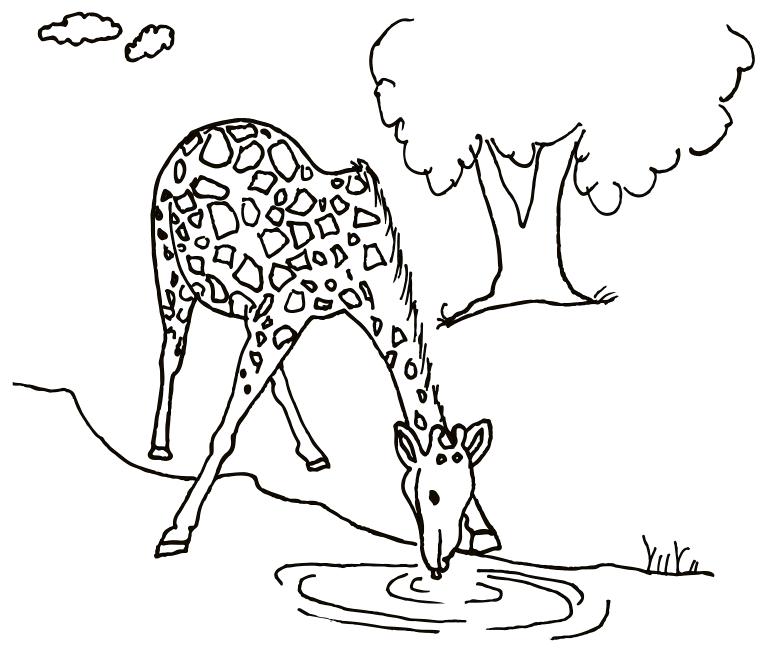
www.SignBabySign.org®



Name Date



Color the thirsty giraffe.



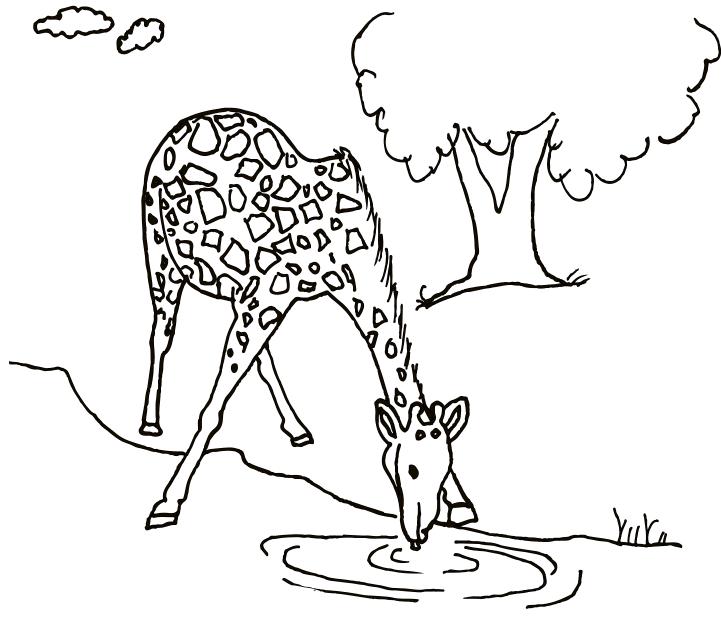
Color the thirsty giraffe.

Craft: Decorate your own water bottle.

Game: Pretend to be different animals and drink like like they would. (Do idea below first).

Idea: Discuss how other animals drink. Show pictures.





Level: Pre-K, K

Category: Food Activity Book **Topics:** Science, Food, Water

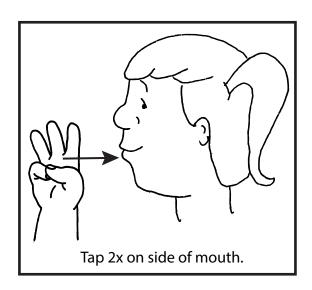
Materials: coloring utensils, water colors, bubbles

Color the items that need water to live.

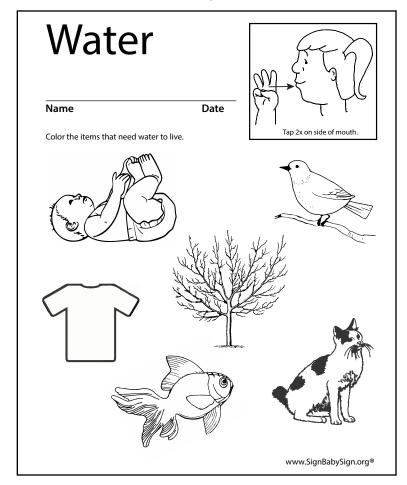
Craft: Paint with watercolors.

Game: Blow bubbles for kids to pop.

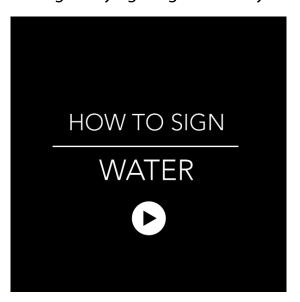
Idea: Buy a fish for the children to take care of.



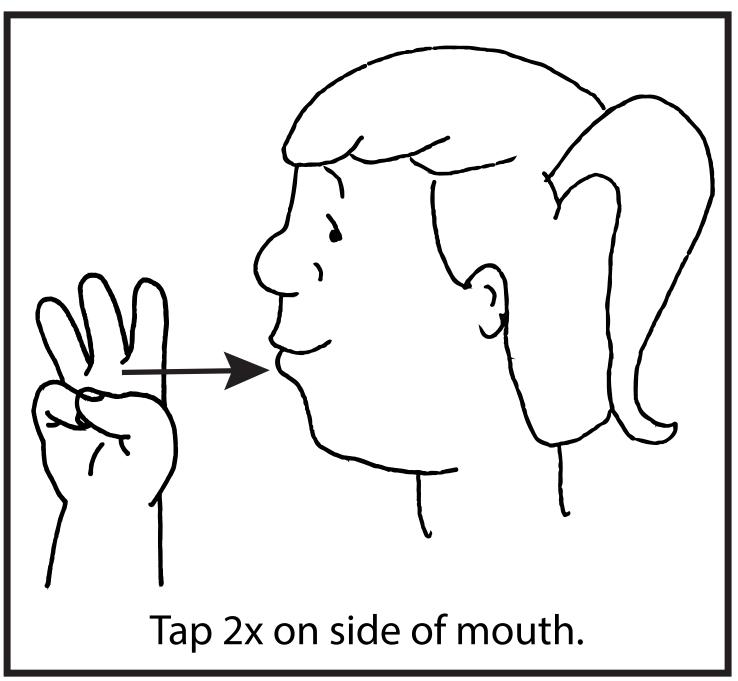
Example



SignBabySign.org/Dictionary

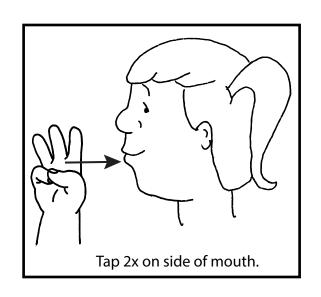


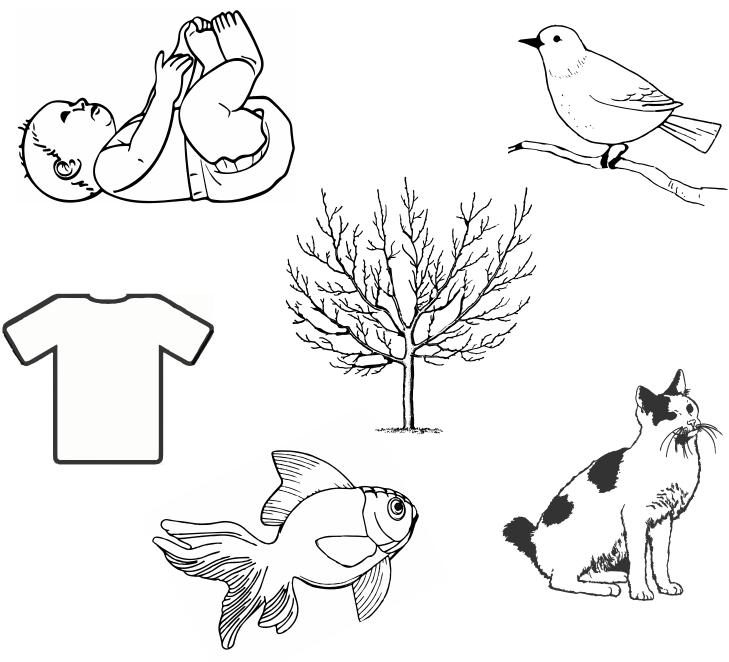
www.SignBabySign.org®



Name Date

Color the items that need water to live.



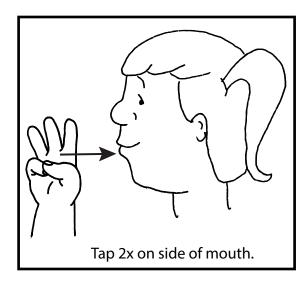


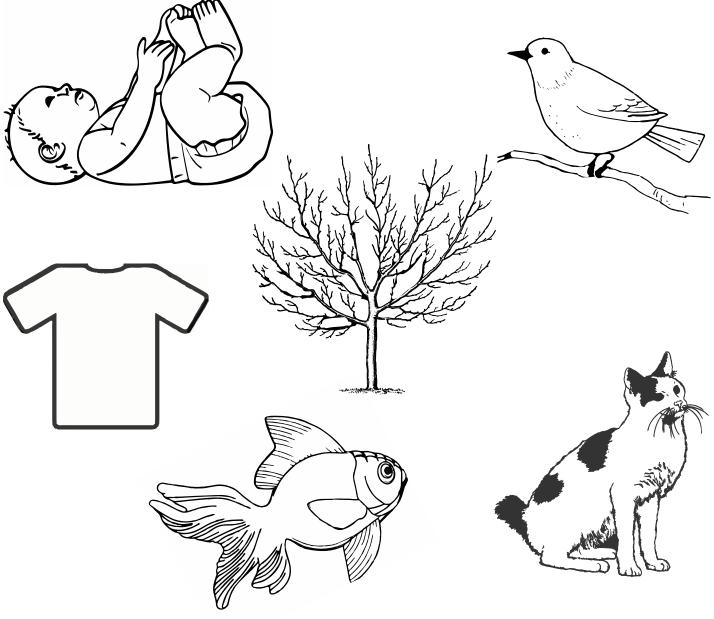
Color the items that need water to live.

Craft: Paint with watercolors.

Game: Blow bubbles for kids to pop.

Idea: Buy a fish for the children to take care of.





Level: Pre-K, K, 1

Category: Food Activity Book

Topics: Food, Health

Materials: coloring utensils, cookie cutters, bread



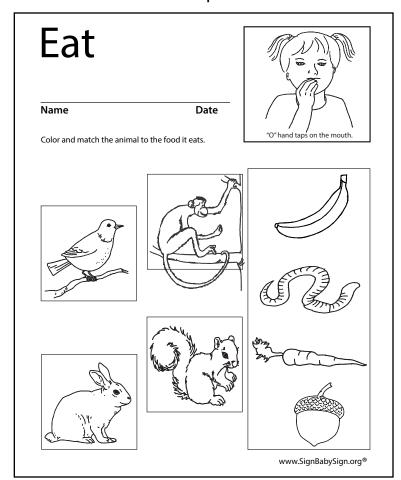
Color and match the animal to the food it eats.

Craft: Use cookie cutters to make shapes with bread.

Game: Pick animals to mimic how and what they eat.

Idea: Learn what animals eat. Show with photos.

Example



Click image for video.



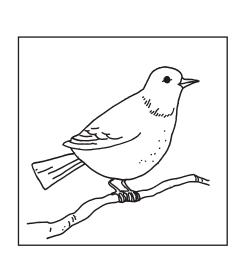
www.SignBabySign.org®



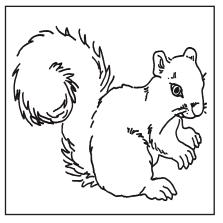
Name Date

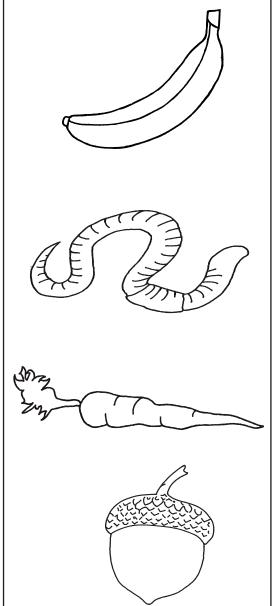
Color and match the animal to the food it eats.

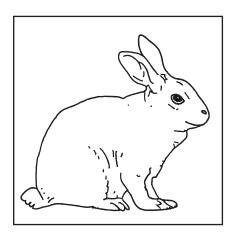












www. SignBaby Sign. org @

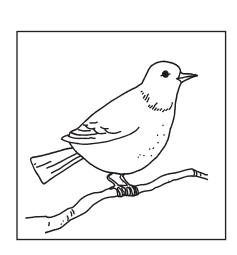
Color and match the animal to the food it eats.

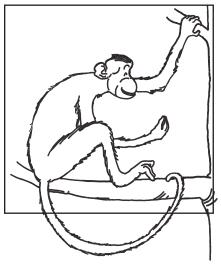
Craft: Use cookie cutters to make shapes with bread.

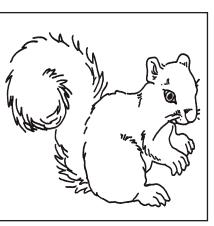
Game: Pick animals to mimic how and what they eat.

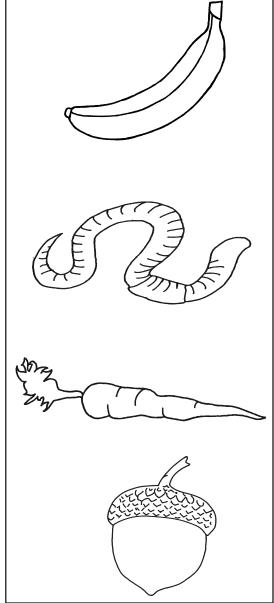
Idea: Learn what animals eat. Show with photos.

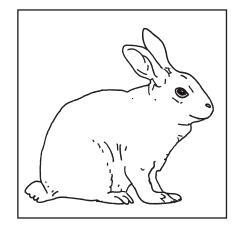












Click on Images









Resources

Check these out!





Choose from hundreds of low-prep ASL resources.



Let us make your worksheets! Pick a plan and start accessing ASL Resources

About the Author

Cynthia Long is a Nationally Certified Interpreter and the founder of Sign Baby Sign LLC. She has extensive experience homeschooling and interpreting in the classroom for primary, secondary, and post-secondary levels and she is dedicated to providing ASL teaching resources to schools and families across the U.S. All of the ASL resources on <u>ASLTeachingResources.com</u> are developed from years of experience in educational systems as a Nationally Certified ASL Interpreter.



By purchasing, you agree to the terms of use:



You may

- For personal use
- Make copies for your classroom, children, or personal use
- Purchase multiple licenses or additional products to share
- Become a member to get more ASL resources

You may not

- Post this item on a personal or district website (contact us for permission)
- Modify any part to offer to others for free or paid
- Copy or give to other teachers or colleagues

Feedback

Remember to leave feedback on your purchases to help others know the quality of this product.

Membership saves you money.



https://bit.ly/aslinfo



Member Benefits:

For Individuals & Schools

- Core-Content Worksheets
- Lesson Plan Books
- Flash Cards & Label Cards
- Wall Charts
- Dice & Other Games
- ASL Word of the Day Podcast
- Sign Club Series

- Online Video Dictionary
- Online ASL Courses
- Professional Development
- DIY Projects
- ASL Gift Shop
- Sight Words
- And more...Everything is ASL!

More Sign Language!

bit.ly/MoreASL



CLICK - PRINT - Teach

See our Amazon books!





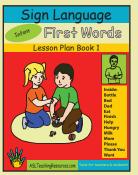
A note from the founder: Our ASL Resources promote a successful learning

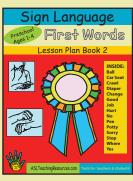
experience that is both educational and fun. Whether you're using it for differentiation, extension activities or just for fun, become a member today and start saving hours of prep time. We have everything you need!

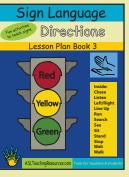
Happy Signing!

Cynthia F. Long, Founder
SignBabySign, LLC
ASLTeachingResources.com

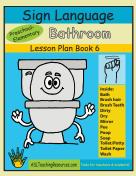
Sign Language Plans

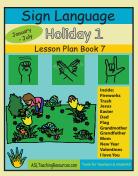


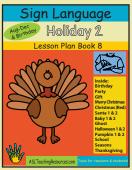


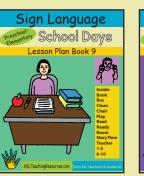




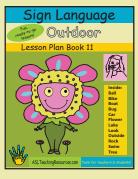


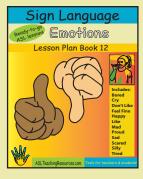


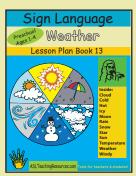




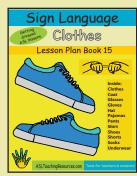


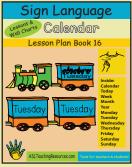


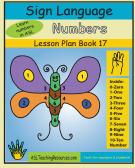


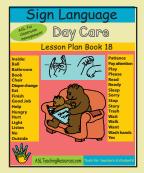




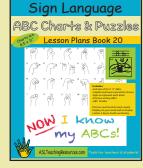












Books INCLUDE:

- -Teacher's Guide
- -Flash cards
- -8x10 of the signs
- -Dice game
- -Worksheets
- -Crafts, Games

- -Video Dictionary
- -ASL lessons

Cynthia F. Long © 2017

ASLTeachingResources.com

*Books 17, 19, 20 have different formats

