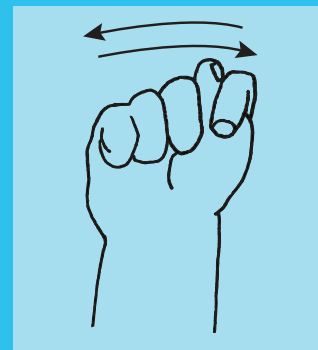
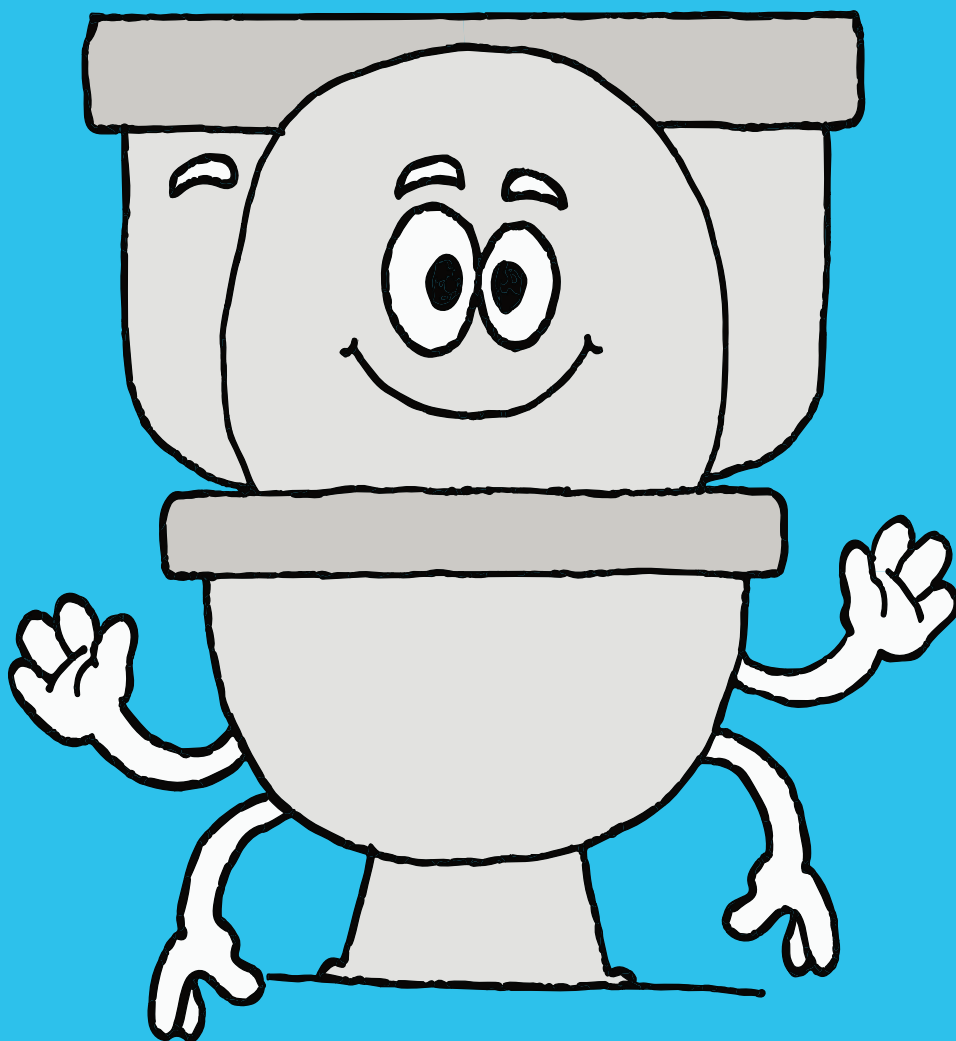


Sign Language

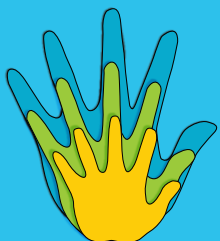
Teaching
hygiene
with ASL

Bathroom

Lesson Plan Book 6



Inside:
Bath
Brush Hair
Brush Teeth
Dirty
Dry
Mirror
Pee
Poop
Soap
Toilet/Potty
Toilet Paper
Wash Hands



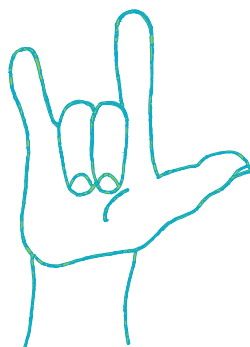


ASL Teaching Resources

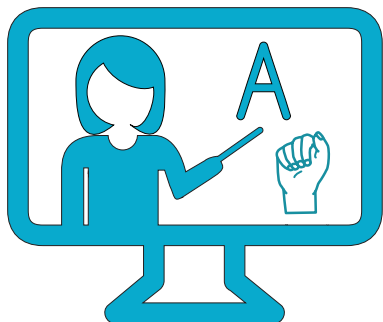
brought to you by



This book belongs to



More resources at: ASLTeachingResources.com



ASL Teaching Resources

brought to you by



After years of working in the education system, my question was where are the resources for teaching sign language? Sure, I could find the ABCs and 1-10, but I needed more than that. I decided to make it happen.

All of our ASL resources are not only from years of experience in the educational system but also as a Nationally Certified Interpreter (that just means I'm fluent in sign). We have hundreds of sign resources for you to use to teach hearing, deaf, and special needs children.

Our resources are created for:

- TEACHERS** to save you hours of research. Everything is ready to go.
- CHILDREN** to have a fun, interactive, hands-on learning experience.
- PARENTS** to reinforce the lesson at home. (Handouts are only available in Lesson Plan books.)

Send us your feedback and ideas as to how we can better serve you.

We would be honored if you'd share our site with others. Happy signing!

ASL Dictionary at: ASLTeachingResources.com/Dictionary



ASL Teaching Resources

brought to you by



ASL Books- Collect the entire series!

Lesson Plans - Wall Charts - Coloring Books

1. My First Signs-Infant
2. My First Signs-Preschool
3. Directions
4. Answers
5. Food
6. Bathroom
7. Holiday Vol. 1
8. Holiday Vol. 2
9. School Days
10. Animals
11. Outdoors
12. Emotions
13. Weather
14. Manners
15. Clothes
16. Calendar
17. Numbers
18. Day Care
19. Colors
20. ABCs

ASL Gifts at: ASLTeachingResources.com/Shop

CONGRATULATIONS!

Here is your sign language book!

Our mission is to provide high quality lessons to time-pressed teachers and those working with hearing, deaf, hard-of-hearing, or special needs children.



Instructions for use

- Our books are available in PDF and printed format.
- Books with lesson plans will include the following:
 1. LP- Lesson Plan for teacher
 2. Sign 8 x 10- Print on cardstock to display in classroom
 3. WS- Worksheet for the child
 4. HO-Handout, optional for take home paper
- Videos for signs can be viewed at ASLTeachingResources.com/Dictionary
- In the PDF version, use the “bookmark” tab for easy access to each section.
- If left handed, substitute left for right hand instructions.

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Benefits of using sign language in the classroom, homeschool, or childcare:

- ✓ increases test scores
- ✓ helps students focus
- ✓ increases confidence
- ✓ great for behavior management
- ✓ engages students in learning
- ✓ redirects focus
- ✓ successful quiet times
- ✓ enhances literacy development
- ✓ boosts comprehension
- ✓ creates an engaging learning environment
- ✓ creates a more harmonious classroom
- ✓ introduces a new language
- ✓ involves low verbal or shy children in communication
- ✓ enhances communication skills

Hints for using this book:

1. Start with a sign each day or each week, building sign vocabulary as you go.
2. When teaching new vocabulary, SHOW the written word in English, SIGN the word in ASL, and SAY the word. Incorporating all three learning styles (visual, auditory, kinesthetic) is a powerful tool to engage students.
3. Increase receptive and expressive vocabulary with our flashcards, dice, and videos.
4. Send home handouts for parents to learn and reinforce signs learned.

Ideas for incorporating sign language in your daily activities:

1. Use signs daily, especially during your routine transitions (lunch, bathroom).
2. When signing, make eye contact and keep your hands empty when possible.
3. Use objects and fingerspelling to introduce signs (e.g. teach the sign "apple" and the letter "a" while showing an apple). This iconic approach increases comprehension.
4. During activities, reading, or singing: sign key words, have students sign them, or ask questions where children sign the answer.
5. Have a theme day to emphasize new signs. Each time the word is said it must be signed.
6. When teaching reading skills or during story time, use signs for key words. Tape the flash cards throughout your books at the appropriate places. Children can read and be reminded of the signs. The added dimension of signing will help to reinforce vocabulary.
7. Use sign as a tool in classroom management by directing students as to what to do next or to address a student across the room.
8. Incorporating fingerspelling can provide an additional method to learning new spelling words, engaging children who are more visual or kinesthetic.
9. Dedicate a place in your room for the wall charts. Add more as you learn.
10. Introduce quiet times where children can only communicate in sign to each other.

Bonus: Smile and have fun while you create a fun learning environment!





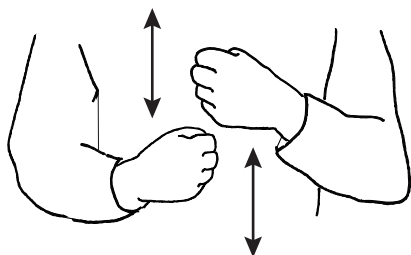
Bathroom

Name _____

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Bath



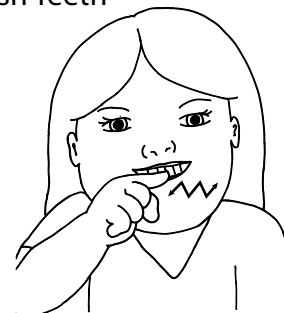
On chest, alternate fists up & down.

Brush Hair



Brush from temple to back of head 2x.

Brush Teeth



Pretend to brush your teeth.

Dirty



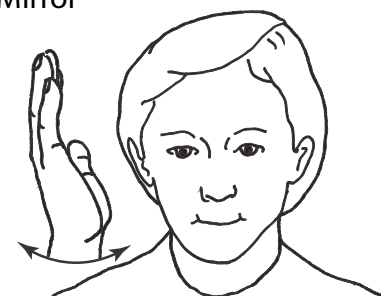
Hand under chin. Wiggle fingers.

Dry



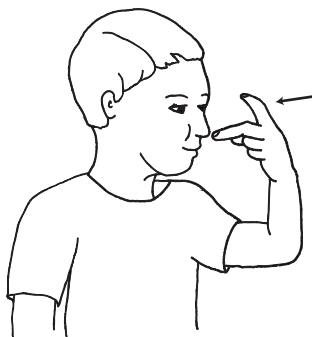
Finger bends as you slide it across chin.

Mirror



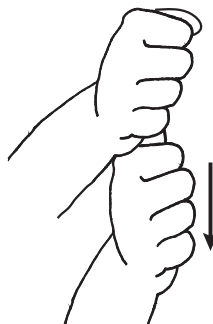
Rotate wrist (wave like a princess).

Pee



Middle finger of "P" hand taps nose 2x.

Poop



Pull right thumb out of stationary left fist.

Soap



Wipe the fingertips off the left palm 2x.

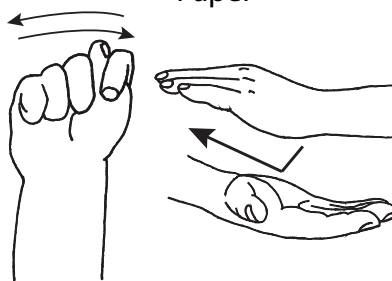
Toilet



Shake "T" left to right a few times.

Toilet

Paper



1 Shake "T" left to right a few times.

2 Right hand slams off of left palm.

Wash



Right fist moves clockwise on left hand.

Collect the entire series.

Bathroom

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Ideas:

1. Roll dice and then sign the word or say the word for the sign.
2. Roll all 4 dice, make up a sentence, and then sign the sentence.
3. Roll dice and let that be the "word for the day."
4. Roll dice to play charades and the person guessing will sign the answer.
5. Roll dice and then everyone tries to sign or say the word at the same time.

For best results, use cardstock paper.
Cut and glue together at tabs.

Bathroom

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Ideas:

1. Roll dice and then sign the word or say the word for the sign.
2. Roll all 4 dice, make up a sentence, and then sign the sentence.
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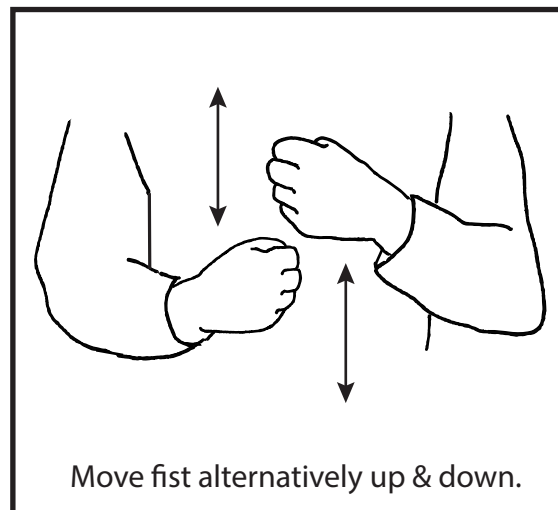
Bath

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Health, Art, Hygiene

Materials: coloring utensils, foam, sudsy water, towel



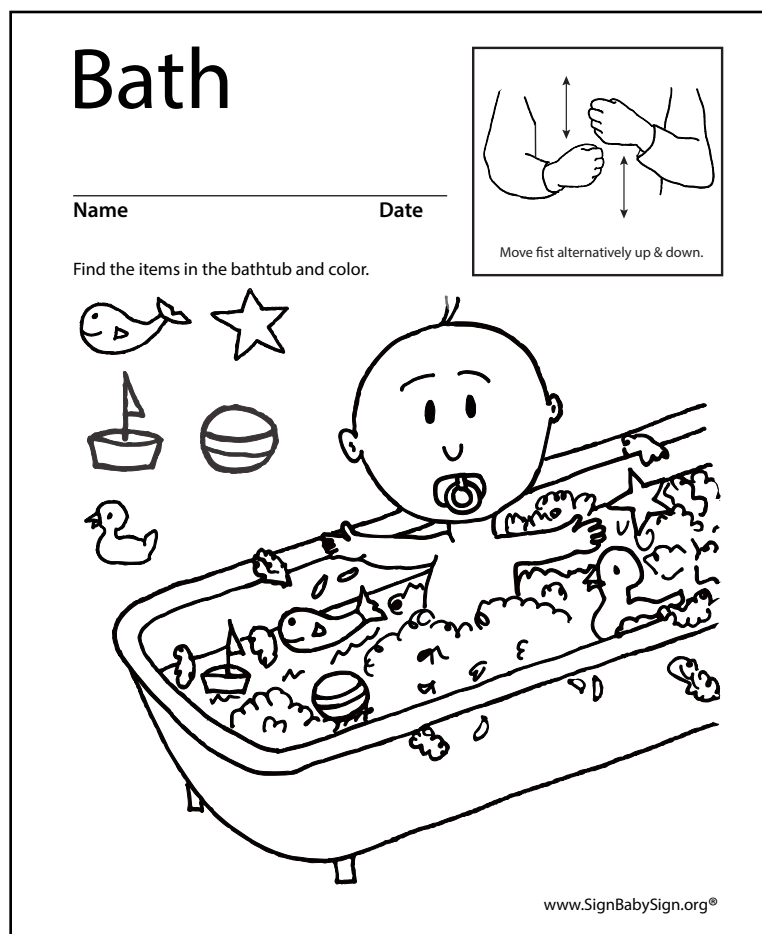
Find the items in the bathtub and color.

Craft: Make a bath toy with foam to reinforce learning.

Game: Hide objects in sudsy water (or under a towel) for kids to find objects.

Idea: Have children share bath time stories or what toys they like.

Example



SignBabySign.org/Dictionary

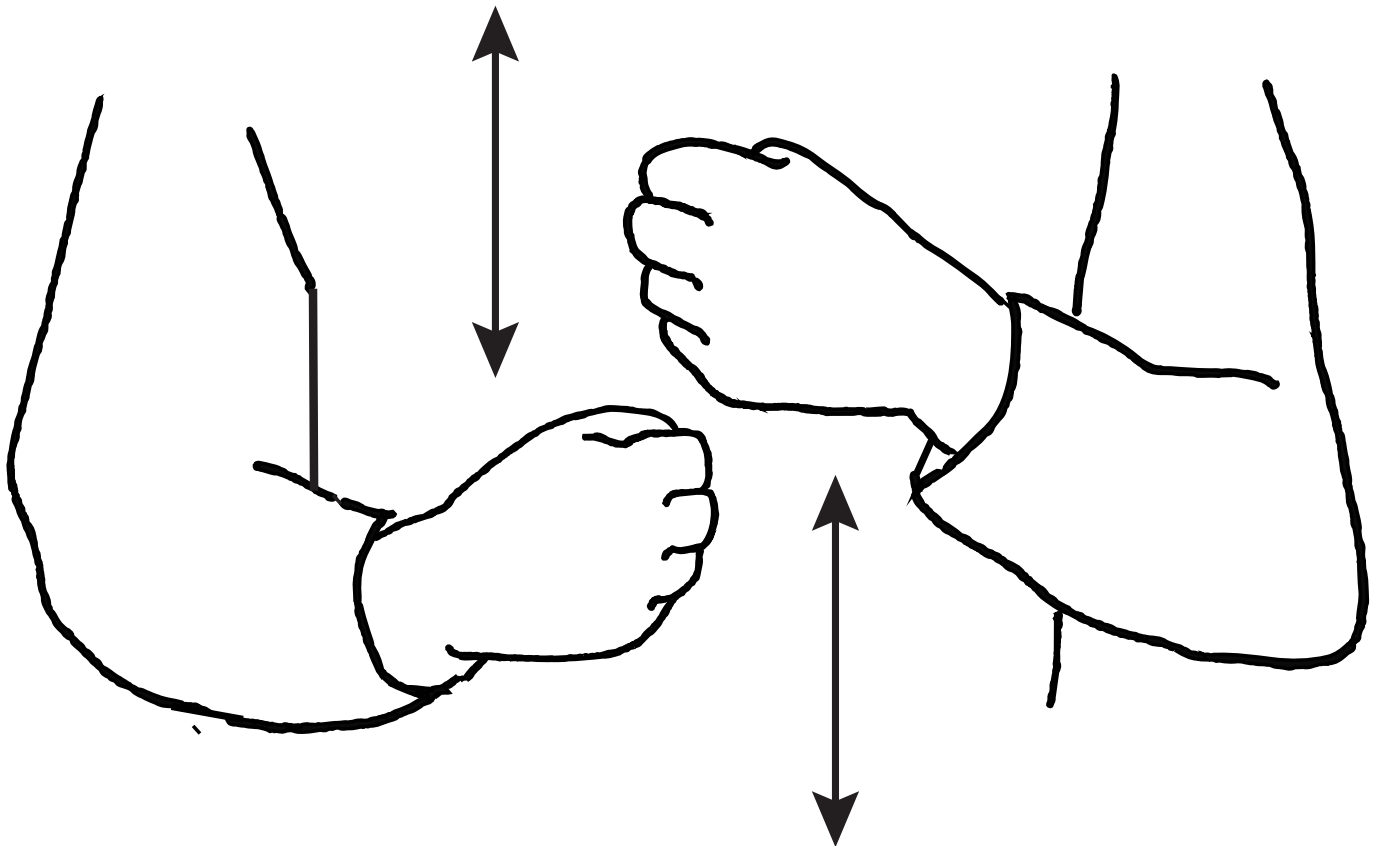
HOW TO SIGN

BATH



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Bath

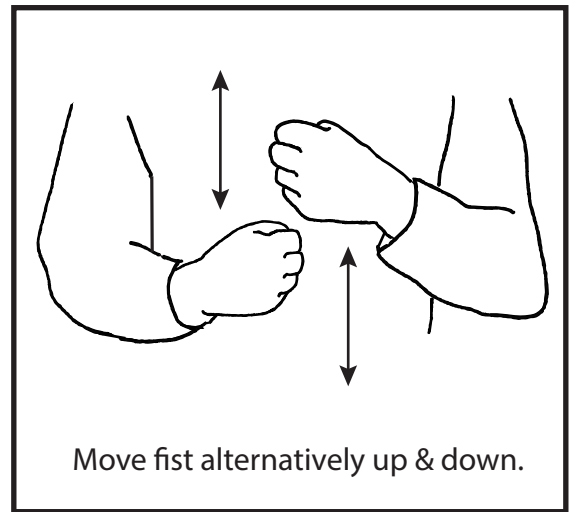


Move fist alternatively up & down.

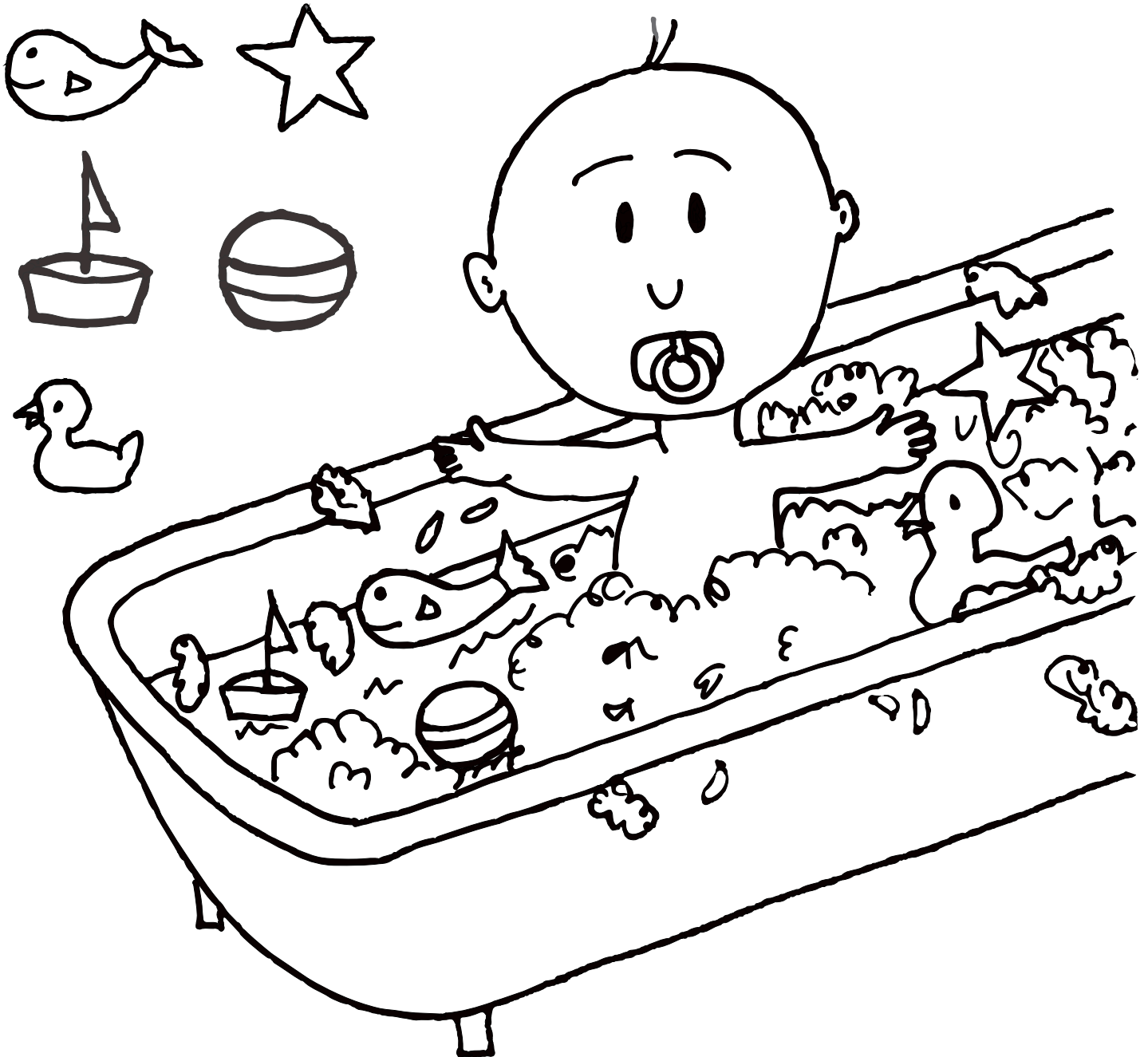
Bath

Name _____

Date _____



Find the items in the bathtub and color.



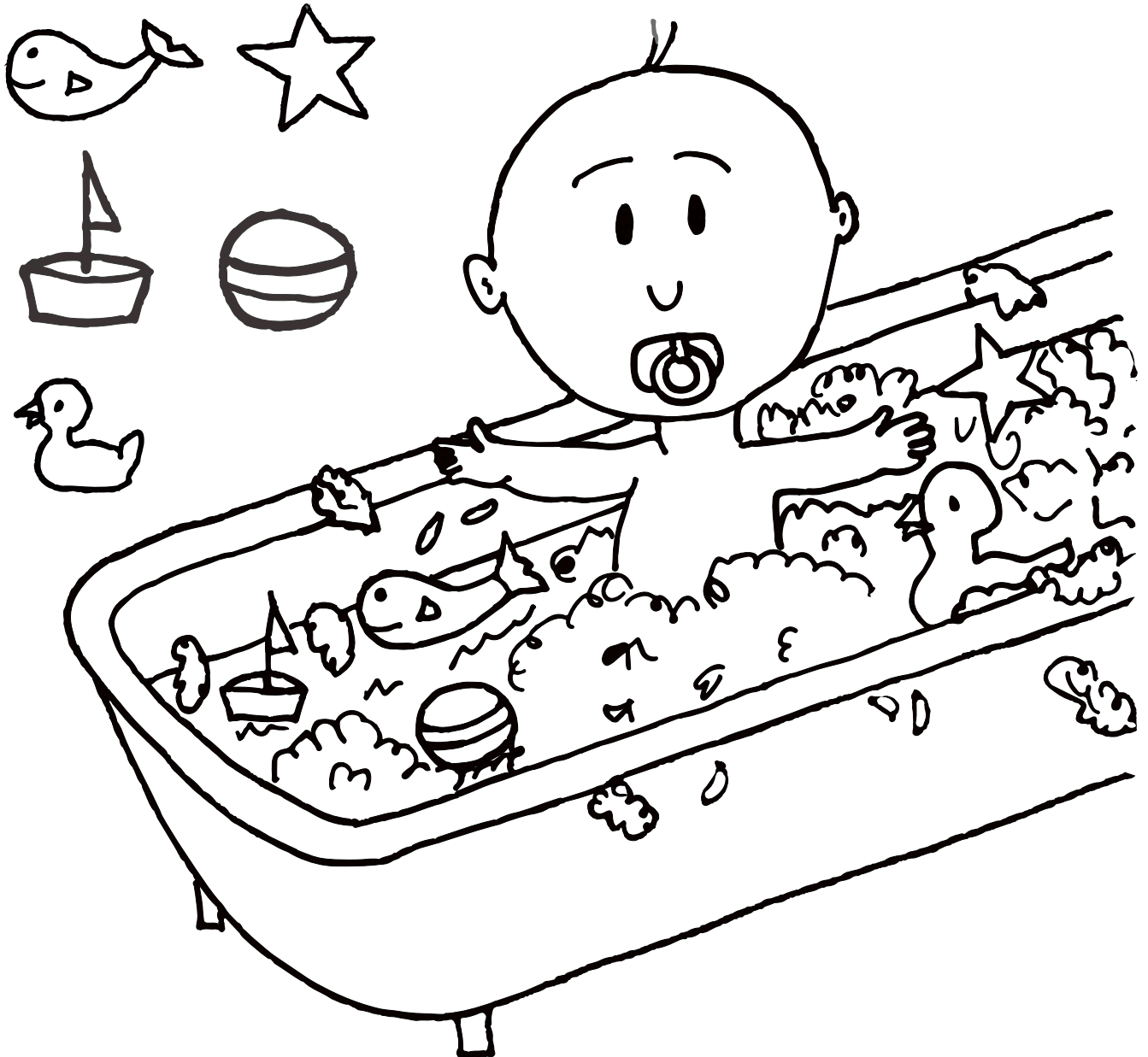
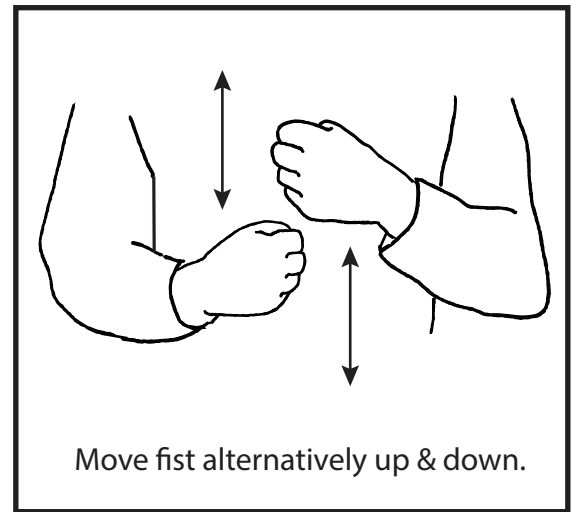
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Idea: Have children share bath time stories or what toys they like.



Child's Name _____

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Date word was signed _____

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Brush Hair

Level: Pre-K, K, 1

Category: Bathroom Activity Book

Topics: Health

Materials: coloring utensils, paint, paint brush, hair brush



Brush from temple to back of head 2x.

Color and match the words to the hair.

Craft: Paint or decorate your own hairbrush.

Game: Guess the number of teeth on different brushes and combs.


Idea: Have children describe other's hair (color, length, type), or educate children about proper hair care.

Example

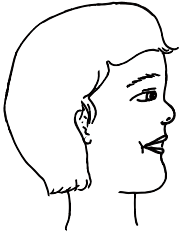
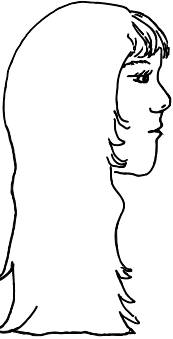


Brush Hair

Name _____ Date _____

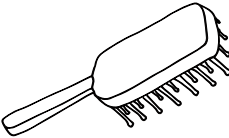
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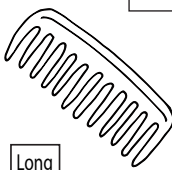
Brush from temple to back of head 2x.



How many teeth are on the brush?



How many teeth are on the comb?



☐ Bald ☐ Short ☐ Medium ☐ Long

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HOW TO SIGN
BRUSH HAIR



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Brush Hair



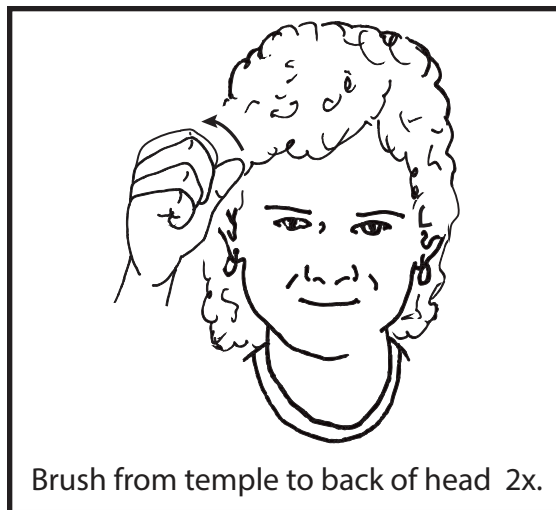
Brush from temple to back of head 2x.

Brush Hair

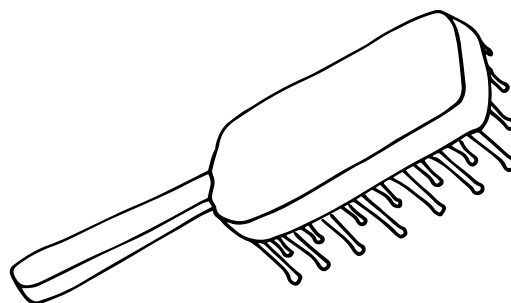
Name _____

Date _____

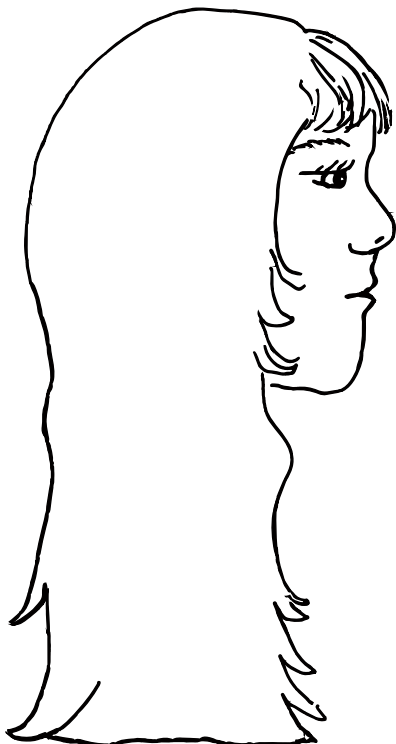
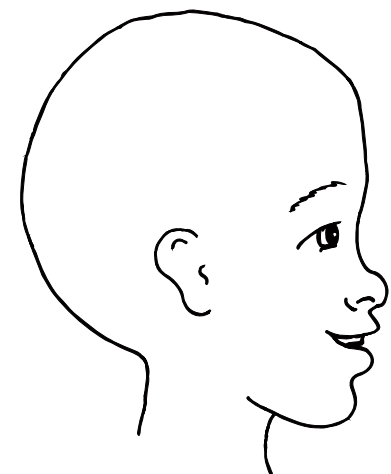
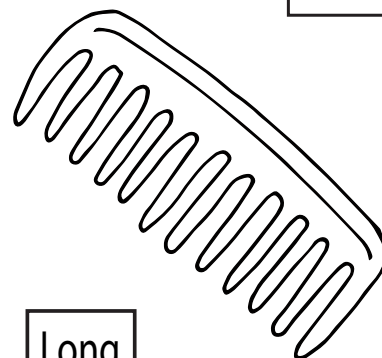
Color and match the words to the hair.



How many teeth are on the brush?



How many teeth are on the comb?



Bald

Short

Medium

Long

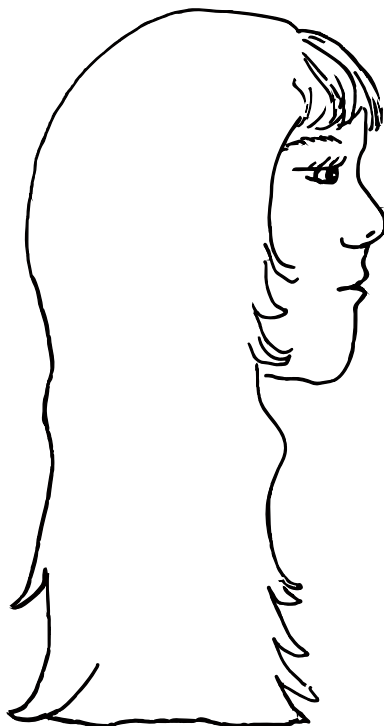
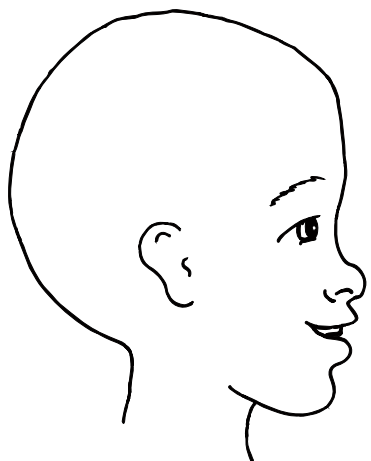
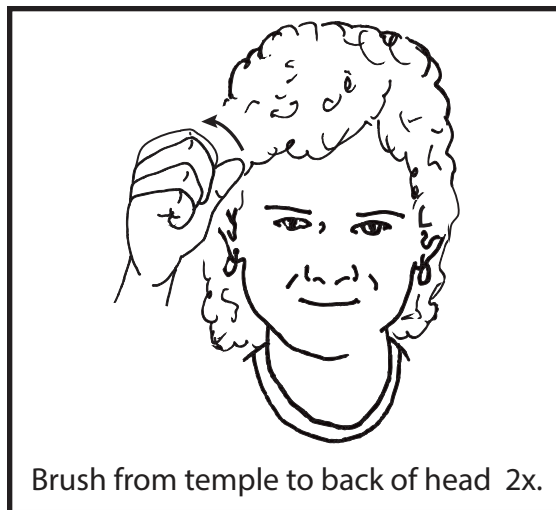
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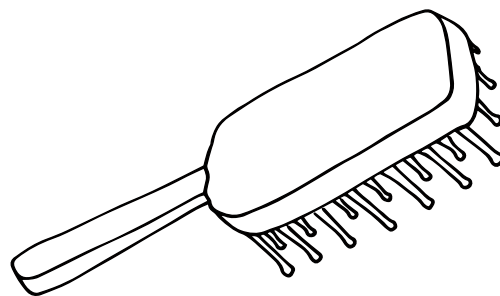
Bald

Short

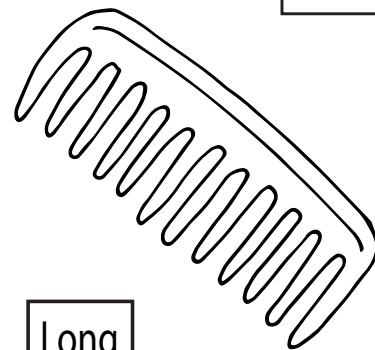
Medium

Long

How many teeth are on the brush?



How many teeth are on the comb?



Child's Name

www.signbabysign.org

Date word was signed

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Brush Teeth

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Health

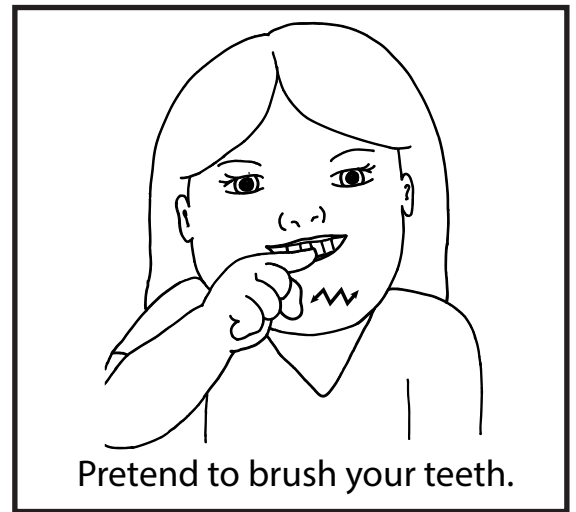
Materials: toothpaste, cotton balls, Q-tip, apple, marshmallows, toothpicks, construction paper

Add toothpaste on the brush (cotton balls).
Count and brush the teeth (use Q-tip).

Craft: Mouth full of teeth. Cut a V in an apple.
Put in marshmallows with toothpicks for the teeth.
Add a paper tongue.

Game: Make a poster of an open mouth with a hole in the middle. Toss in candy. When a score is made, stop to brush the teeth (use new toilet brush).

Idea: Read Dr. Seuss The Tooth Book or invite a dentist.



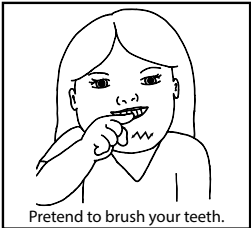
Example

Brush Teeth

Name _____

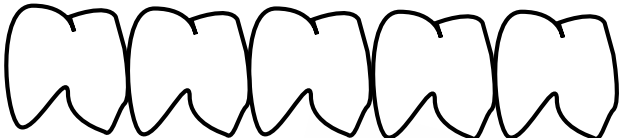
Date _____

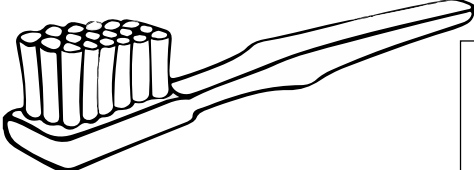

Add toothpaste on the brush (cotton balls).
Count and brush the teeth (use Q-tip).



Pretend to brush your teeth.

1 2 3 4 5





Write down how many
teeth you have here.

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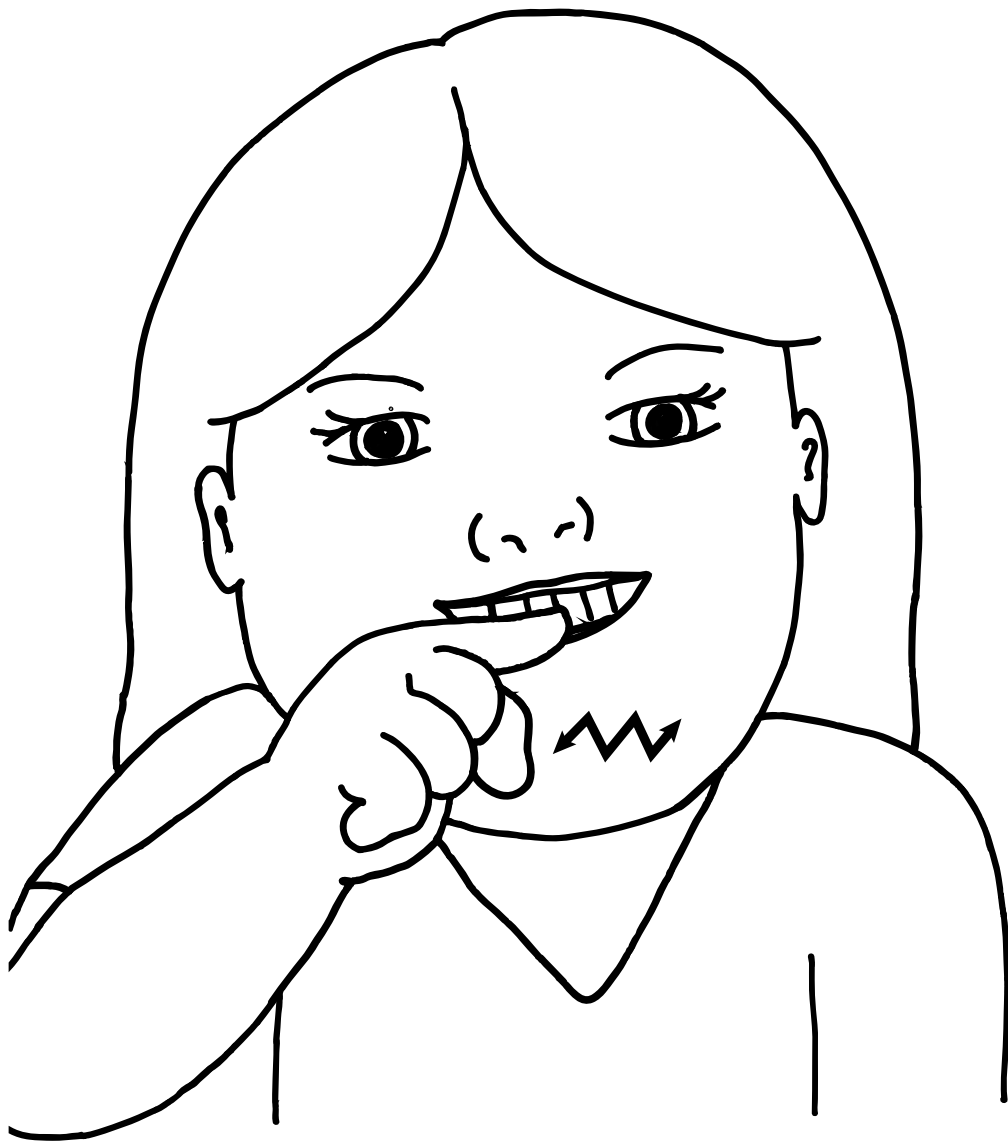
SignBabySign.org/Dictionary

HOW TO SIGN
BRUSH TEETH



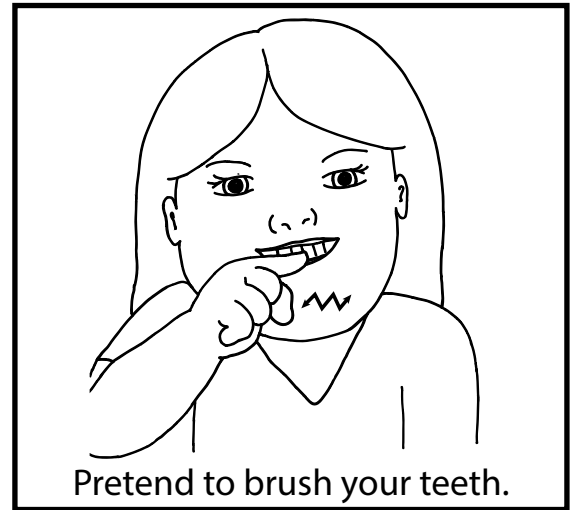
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Brush Teeth



Pretend to brush your teeth.

Brush Teeth

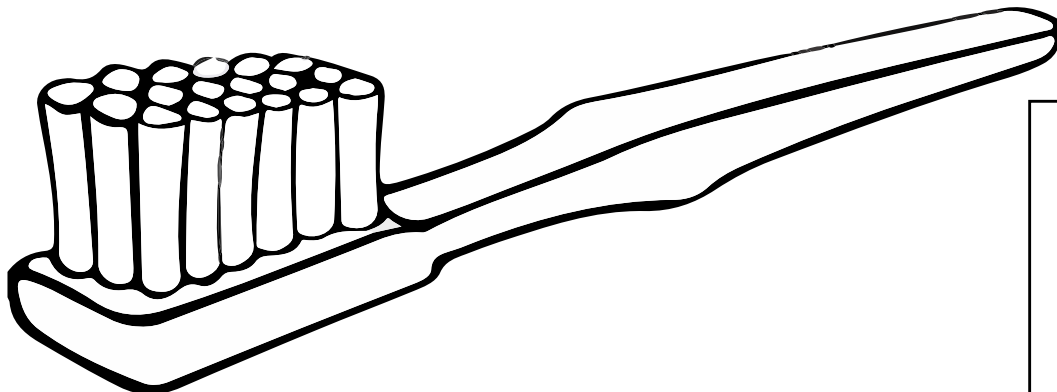
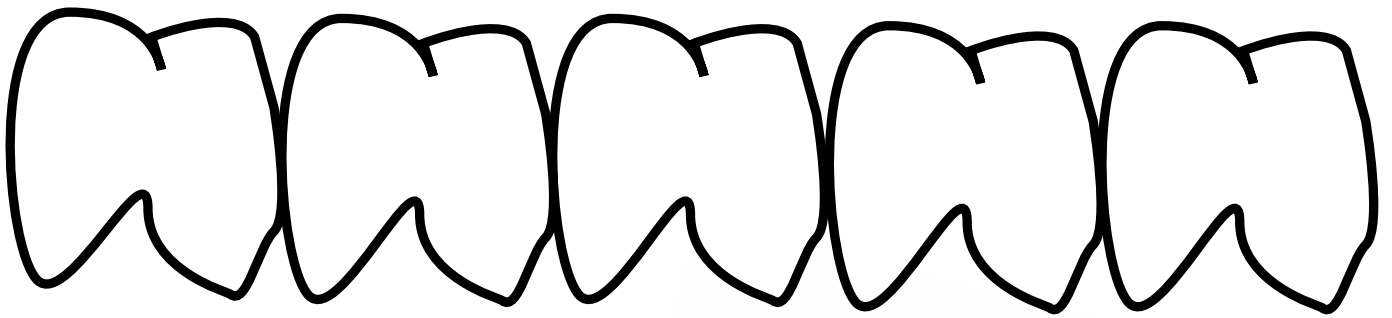


Name _____

Date _____

Add toothpaste on the brush (cotton balls).
Count and brush the teeth (use Q-tip).

1 2 3 4 5



Write down how many
teeth you have here.

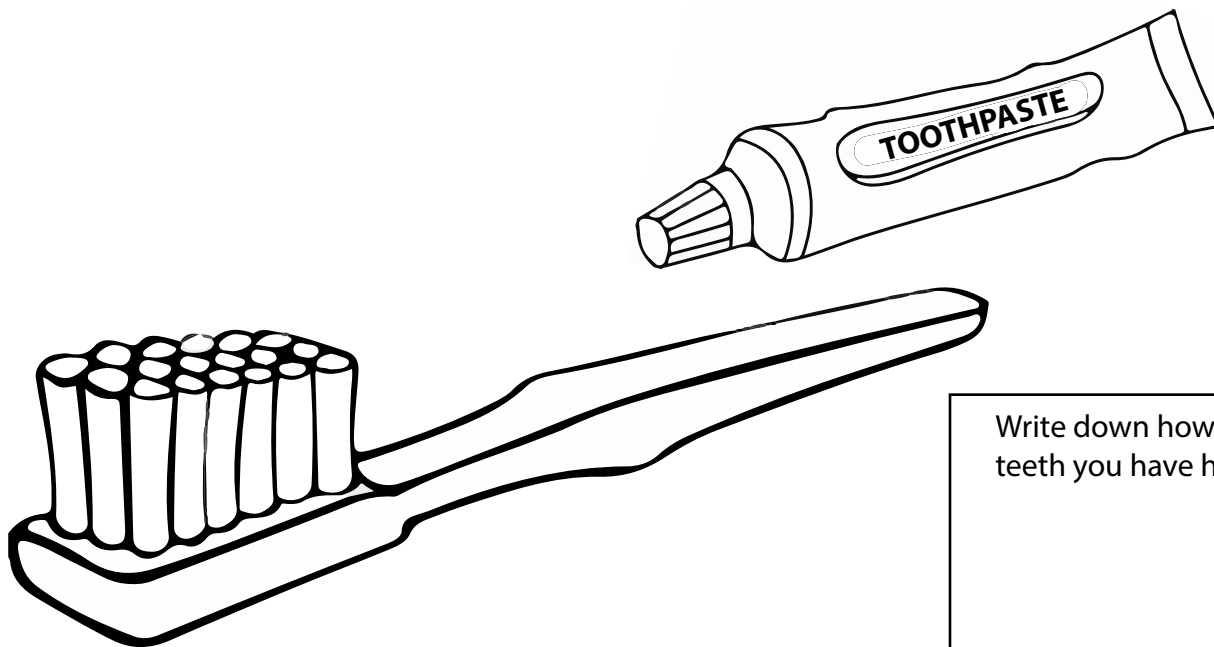
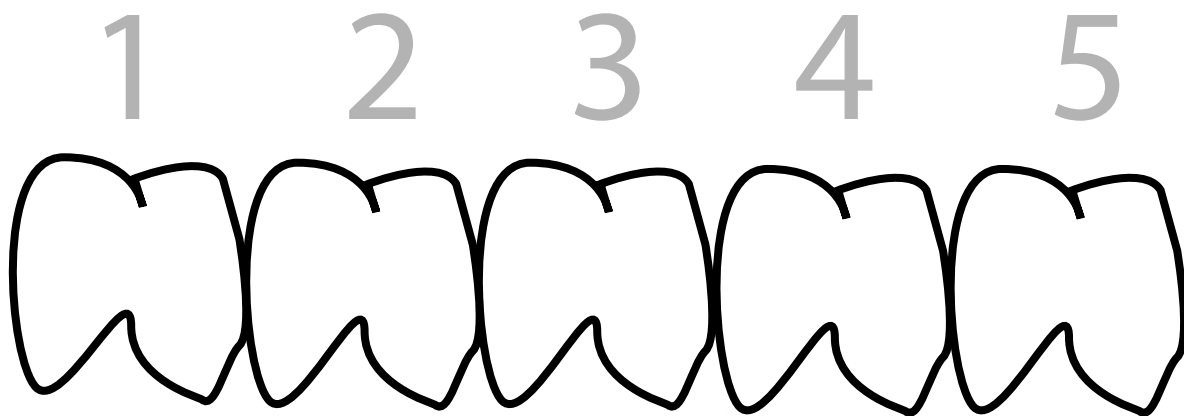
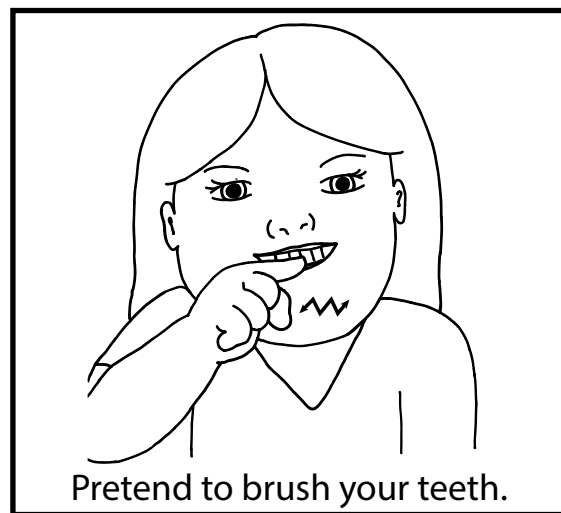
Brush Teeth

Add toothpaste on the brush (cotton balls).
Count and brush the teeth (use Q-tip).

Craft: Mouth full of teeth. Cut a V in an apple. Put in marshmallows with toothpicks for the teeth.
Add a paper tongue.

Game: Make a poster of an open mouth with a hole in the middle. Toss in candy. When a score is made, stop to brush the teeth (use new toilet brush).

Idea: Read Dr. Seuss The Tooth Book or invite a dentist.



Write down how many
teeth you have here.

Child's Name

www.signbabysign.org

Date word was signed

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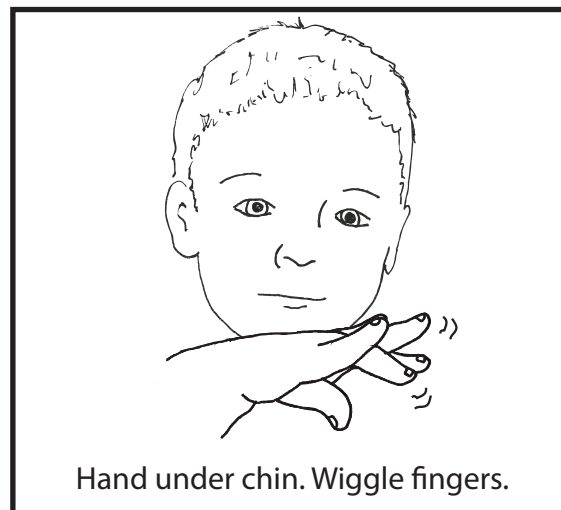
Dirty

Level: Pre-K, K, 1, 2

Category: Bathroom Activity Book

Topics: Hygiene, Health

Materials: Pipe cleaners, black light



Color, cut on dotted lines and then fold to make a book.

Craft: Make a "germ" with pipe cleaners and other items.

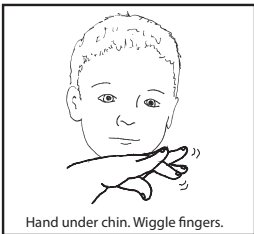
Game: With a yellow highlighter, draw "germs" on your hand or on a paper hand. Use a black light for children to find the germs.

Idea: Teach how to properly wash hands, and then do it.
Challenge: Repeat the game on the children's hand, but after they wash see if the "germ" is still there.


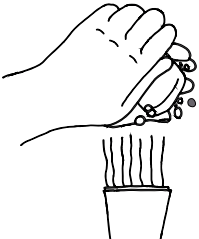


Example

Dirty

Name _____ Date _____



Hand under chin. Wiggle fingers.

 <p>3. I use hand sanitizer.</p>	 <p>2. I wash my hands.</p>
 <p>4. My hands are clean.</p>	 <p>1. My hands have germs.</p>

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HOW TO SIGN
DIRTY



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Dirty



Hand under chin. Wiggle fingers.

Dirty

Name _____

Date _____

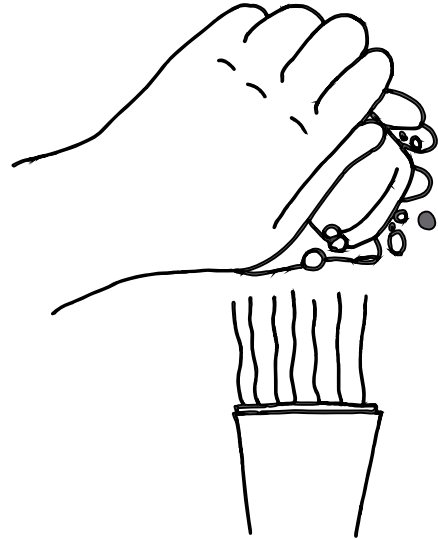


Hand under chin. Wiggle fingers.

Color, cut on dotted lines and then fold to make a book.

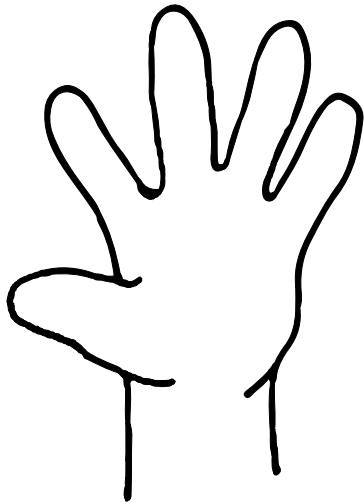


3. I use hand sanitizer.



2. I wash my hands.

4. My hands are clean.



1. My hands have germs.



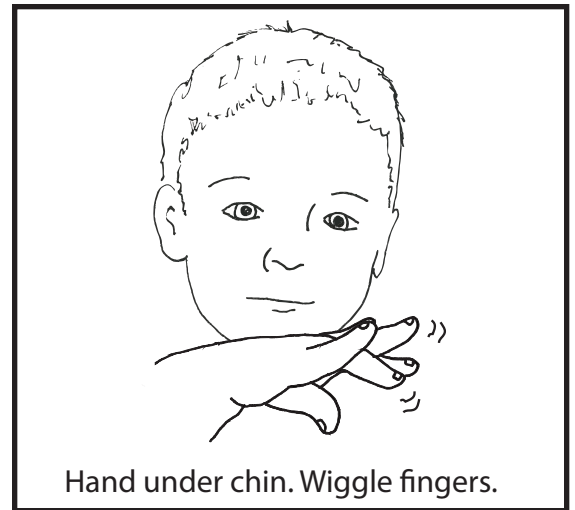
Dirty

Color, cut on dotted lines and then fold to make a book.

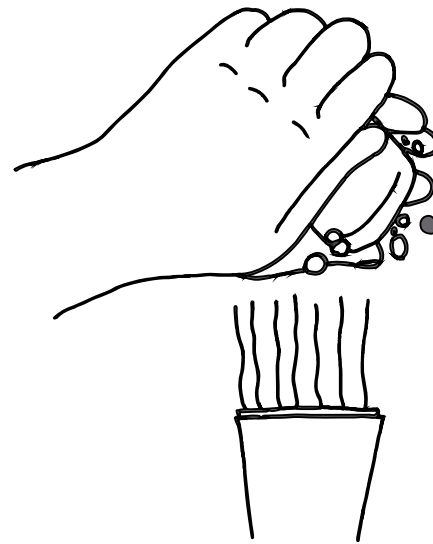
Craft: Make a "germ" with pipe cleaners and other items.

Game: With a yellow highlighter, draw "germs" on your hand or on a paper hand. Use a black light for children to find the germs.

Idea: Teach how to properly wash hands, and then do it.
Challenge: Repeat the game on the children's hand, but after they wash see if the "germ" is still there.

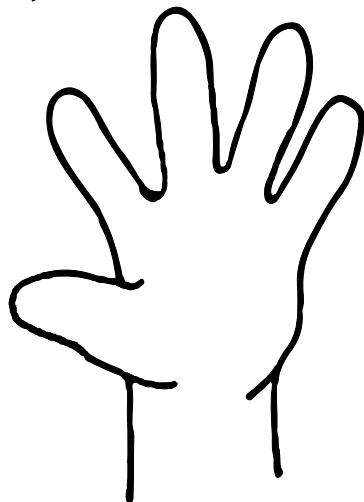


3. I use hand sanitizer.



2. I wash my hands.

4. My hands are clean.



1. My hands have germs.



Child's Name

www.signbabysign.org

Date word was signed

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Dry

Level: Pre-K, K, 1

Category: Bathroom Activity Book

Topics: Hygiene, Bathroom

Materials: coloring utensils, paint, paper towels

Color, then match the drying tools to the objects you would use to dry with.

Craft: Paint shapes or a picture on a paper towel.

Game: Race to spray and dry a table.

Idea: Show towels for kids to tell you its purpose (rag, cloth napkin, baby towel, golf towel, etc.).



Finger bends as you slide it across chin.

Example

Dry

Color, then match the drying tools to the objects you would use to dry with.

Craft: Paint shapes or a picture on a paper towel.

Game: Race to spray and dry a table.

Idea: Show towels for kids to tell you its purpose (rag, cloth napkin, baby towel, golf towel, etc.).

Finger bends as you slide it across chin.

Child's Name _____

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HOW TO SIGN

DRY



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Dry



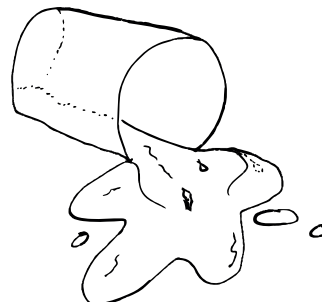
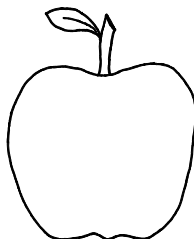
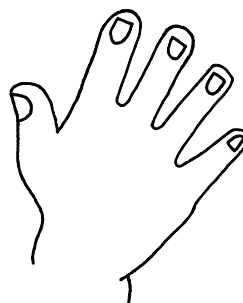
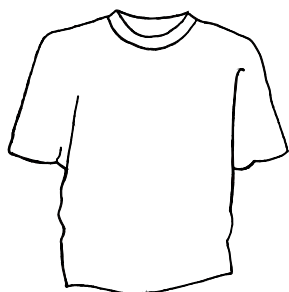
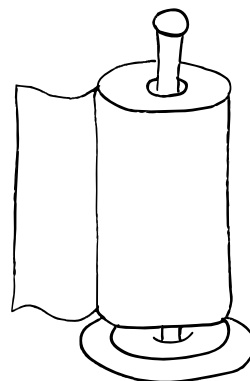
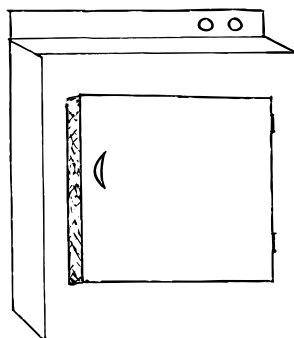
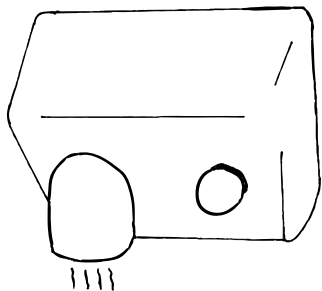
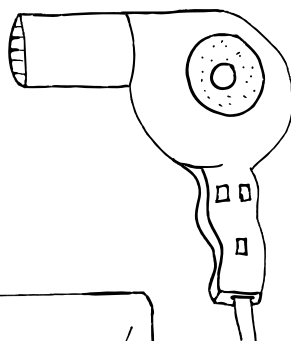
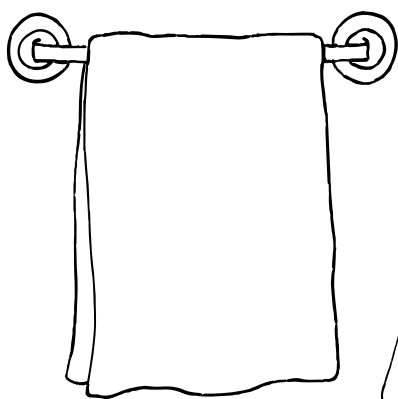
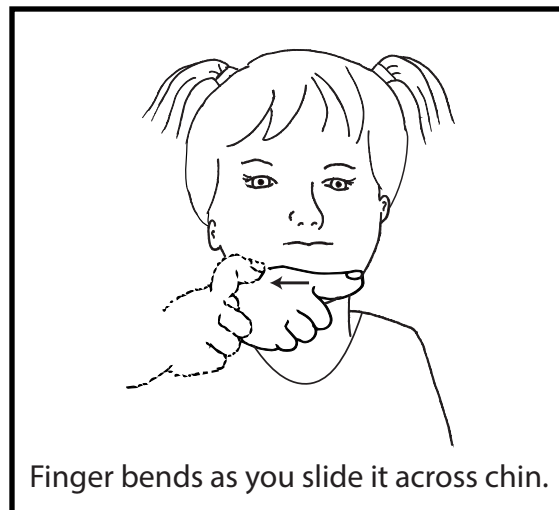
Finger bends as you slide it across chin.

Dry

Name _____

Date _____

Color, then match the drying tools to the objects you would use to dry with.



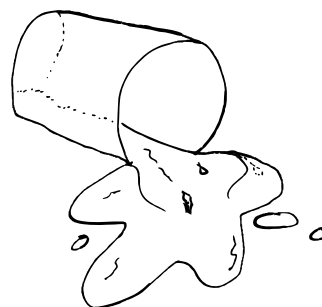
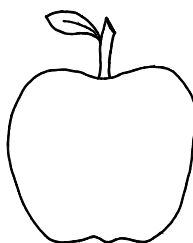
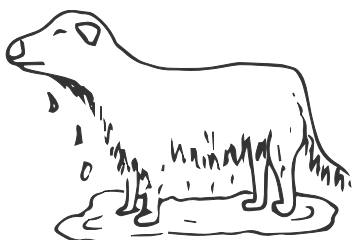
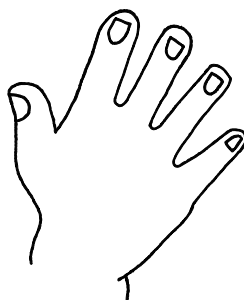
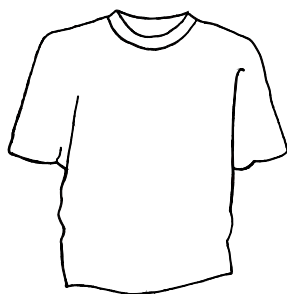
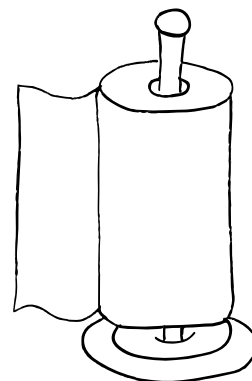
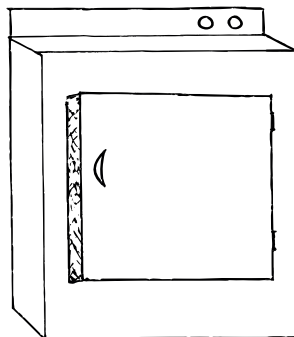
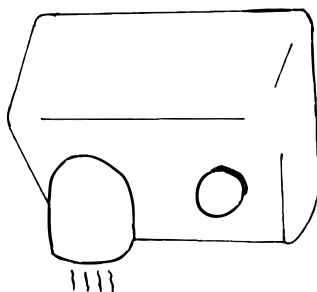
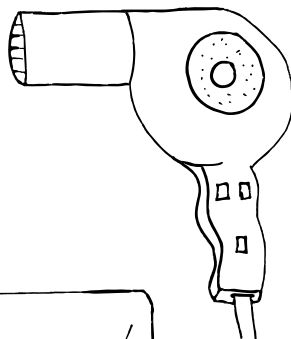
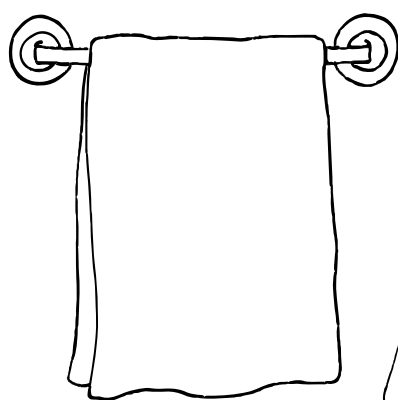
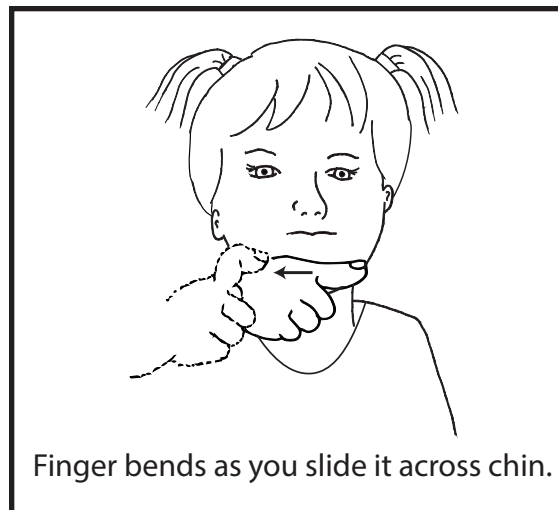
Dry

Color, then match the drying tools to the objects you would use to dry with.

Craft: Paint shapes or a picture on a paper towel.

Game: Race to spray and dry a table.

Idea: Show towels for kids to tell you its purpose (rag, cloth napkin, baby towel, golf towel, etc.).



Child's Name

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Date word was signed

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Mirror

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Health

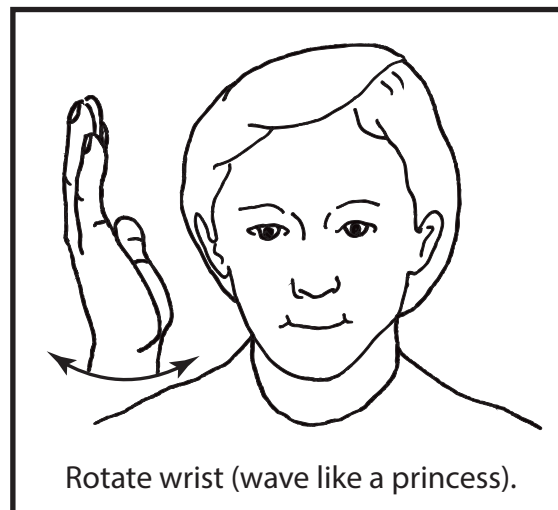
Materials: Foil, mirror

Color and draw hair on the child (below) to look like your hair. Then draw your reflection in the mirror.

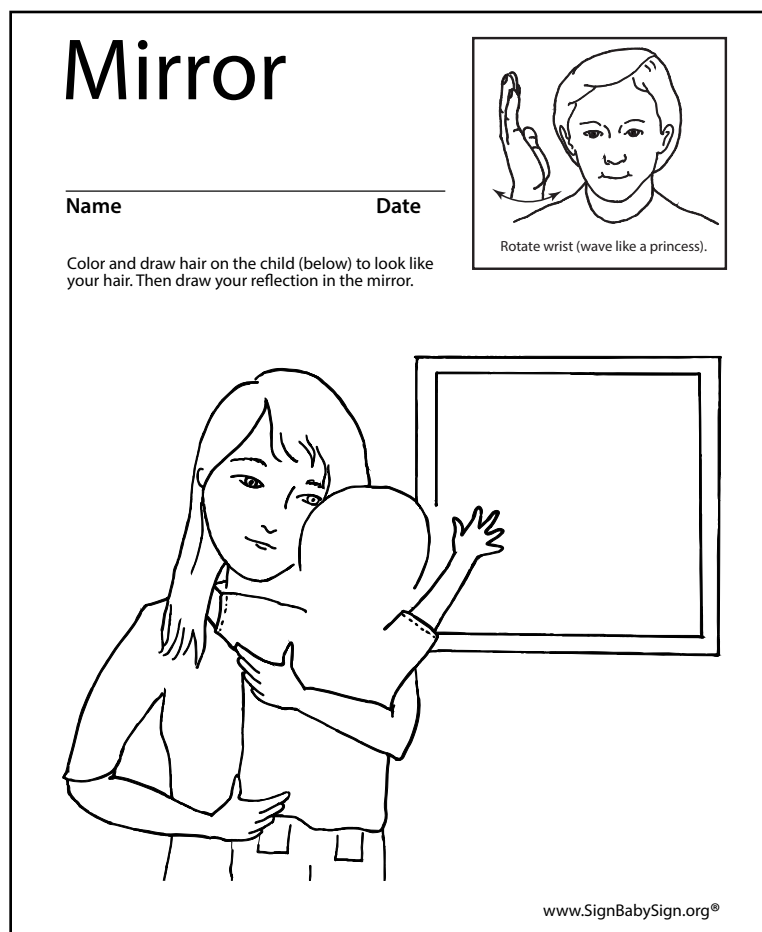
Craft: Make foil mirrors and create a fun frame to go around it.

Game: Sit in a circle. The child with the mirror looks into it to see another child. He says what they are wearing for others to guess who it is.

Idea: Visit a place that has a two-way mirror or mirrors that distort your body. Or find them on YouTube.



Example



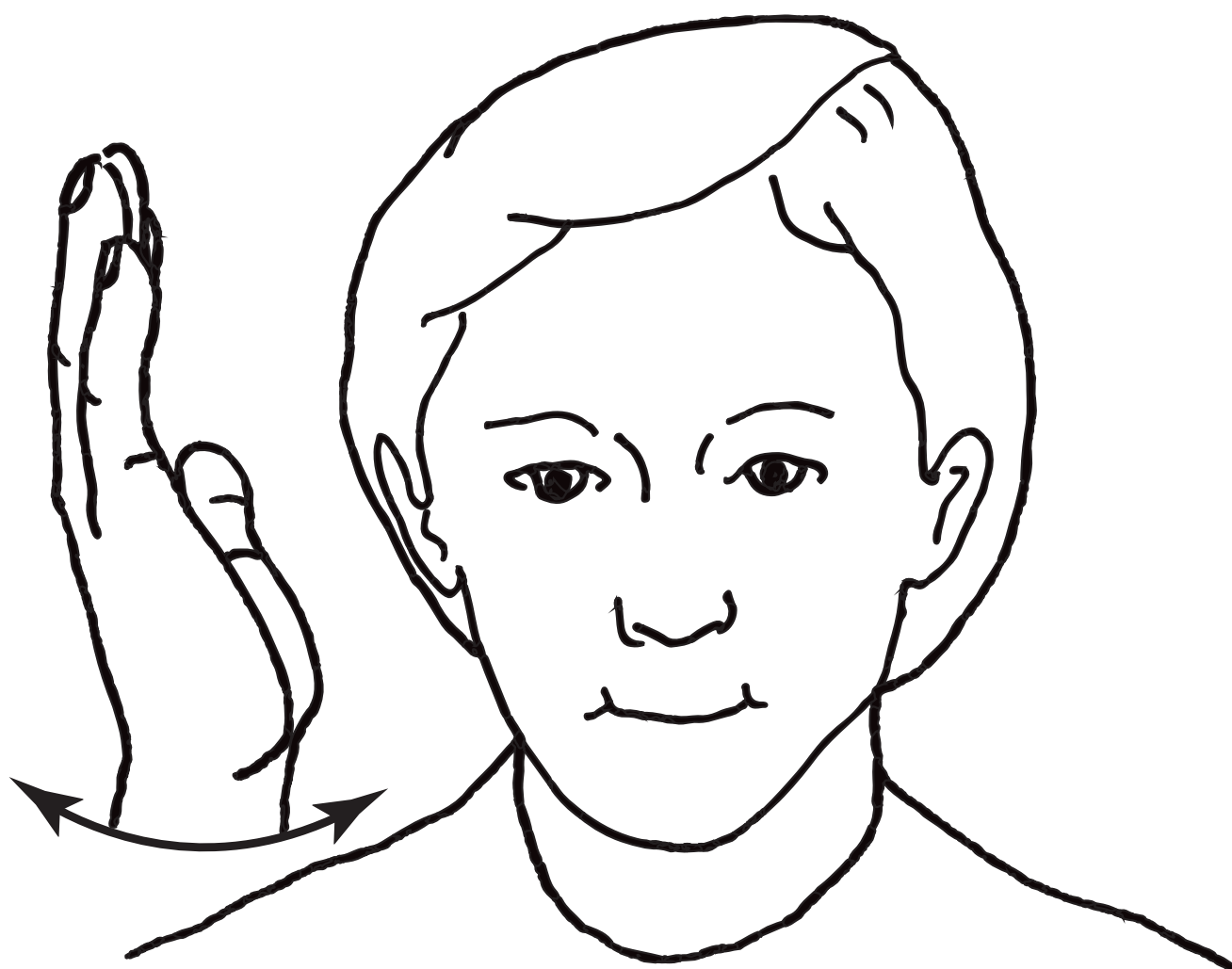
SignBabySign.org/Dictionary

HOW TO SIGN
MIRROR



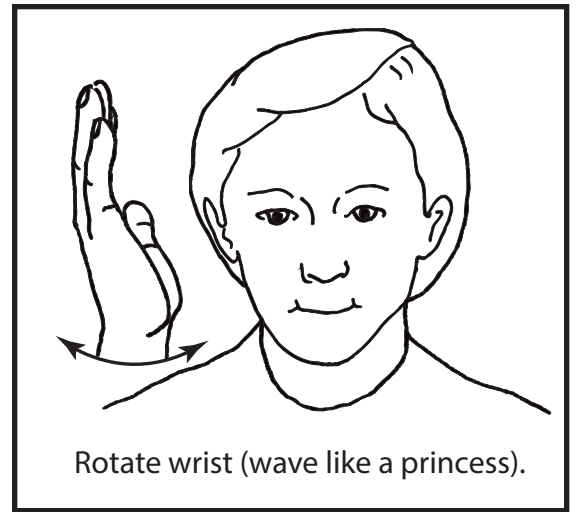
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Mirror



Rotate wrist (wave like a princess).

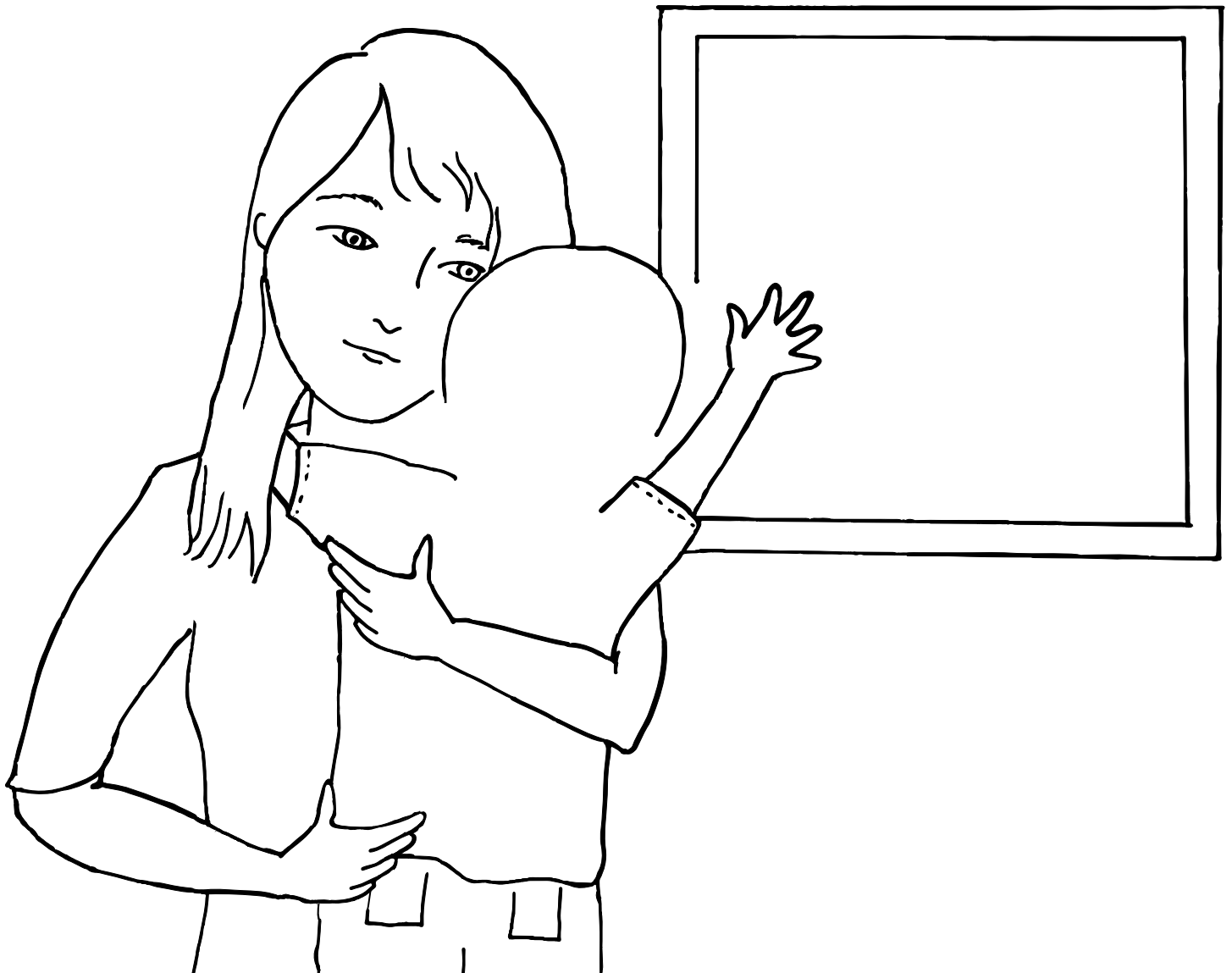
Mirror



Name _____

Date _____

Color and draw hair on the child (below) to look like your hair. Then draw your reflection in the mirror.



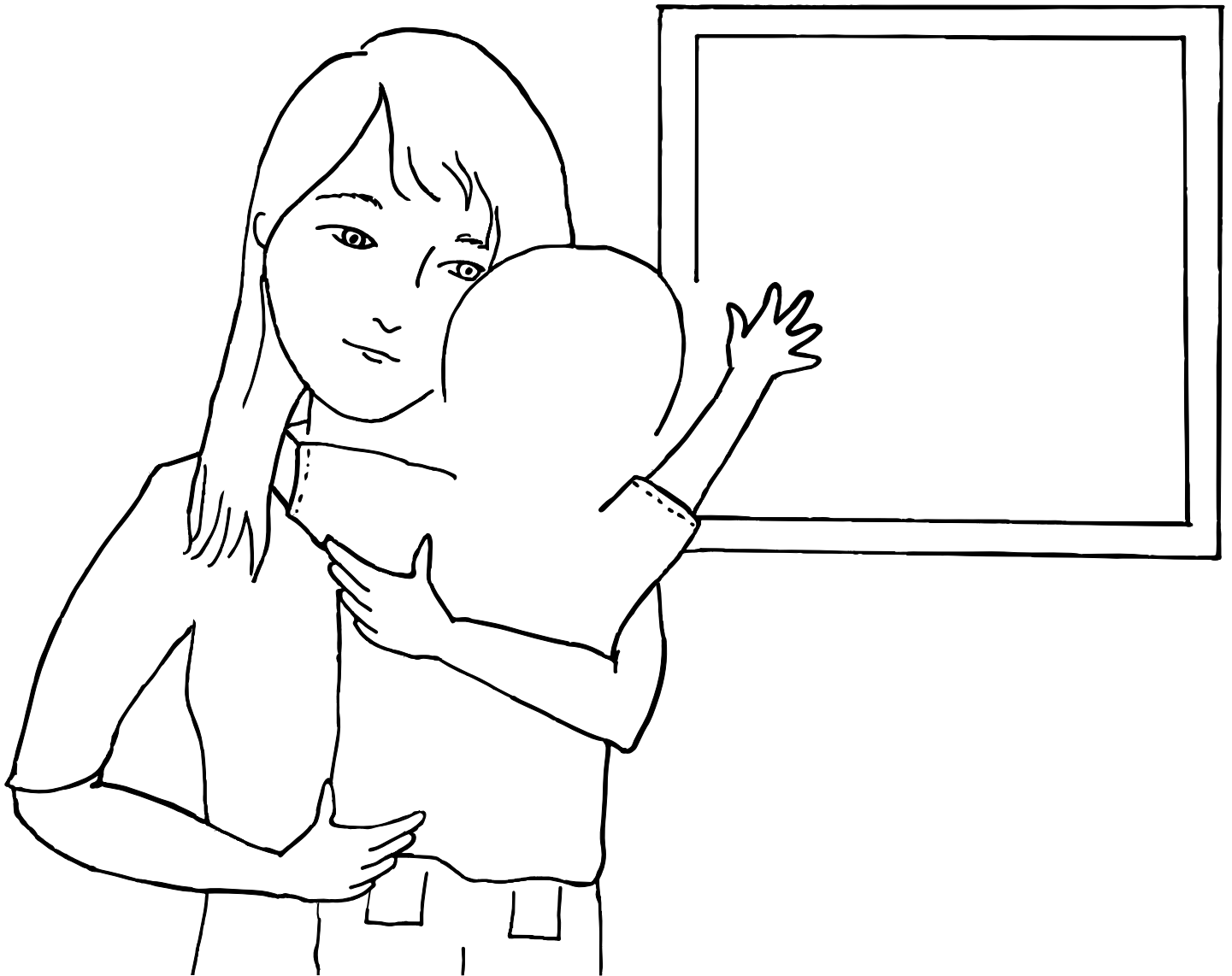
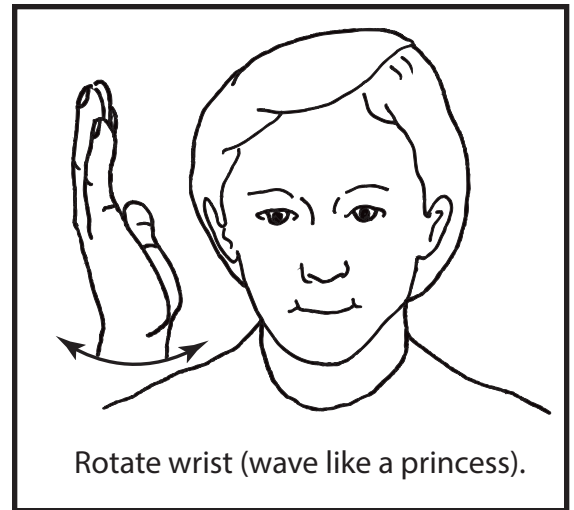
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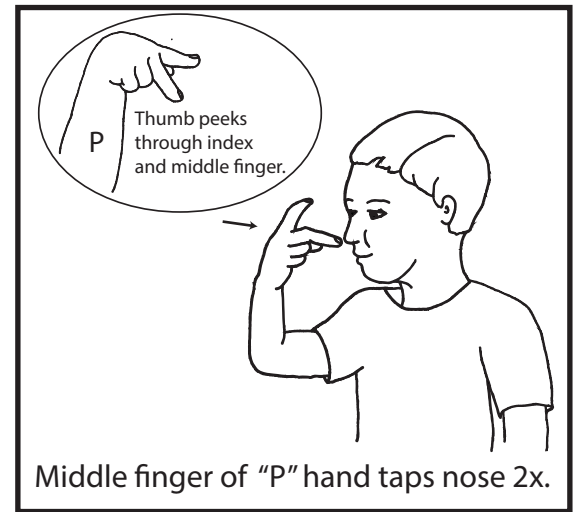
Pee

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Bathroom, Hygiene, Health

Materials: coloring utensils



Color and draw a line to match the items.
Color the stars after you potty and wash your hands.

Craft: Create an artistic picture using squares of TP.

Game: Mummify the teacher with toilet paper.

Idea: Review your bathroom guidelines.

Example

Pee

Name

Date

Color and draw a line to match the items.
Color the stars when you potty and wash your hands.

★

★

★

★

★

★

★

SOAP

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SignBabySign.org/Dictionary

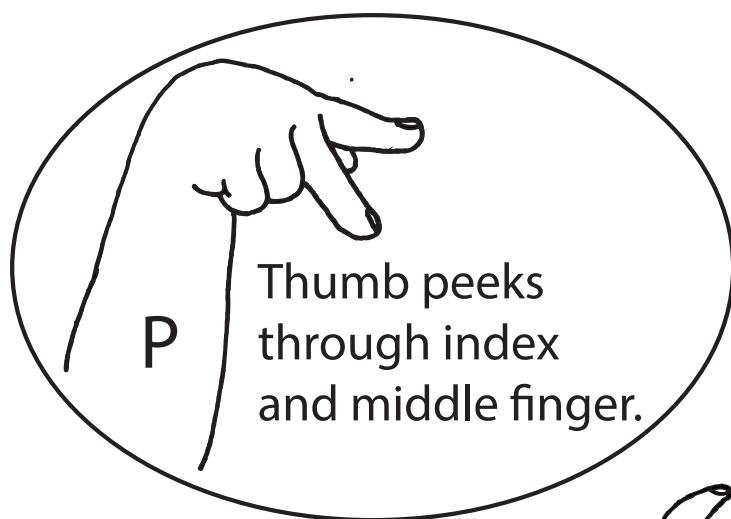
HOW TO SIGN

PEE



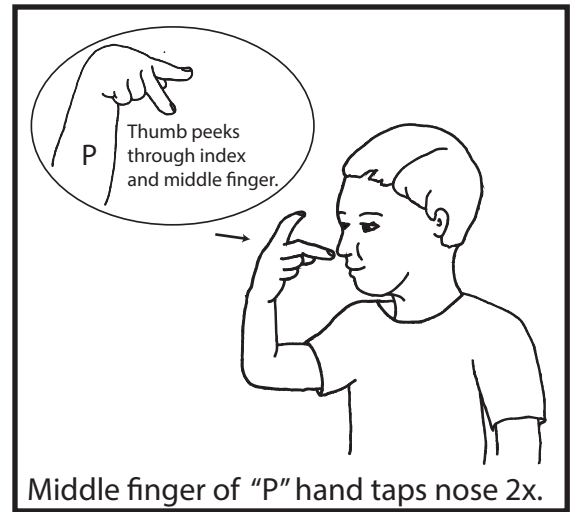
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Pee



Middle finger of "P" hand taps nose 2x.

Pee



Name _____

Date _____

Color and draw a line to match the items.
Color the stars when you potty and wash your hands.



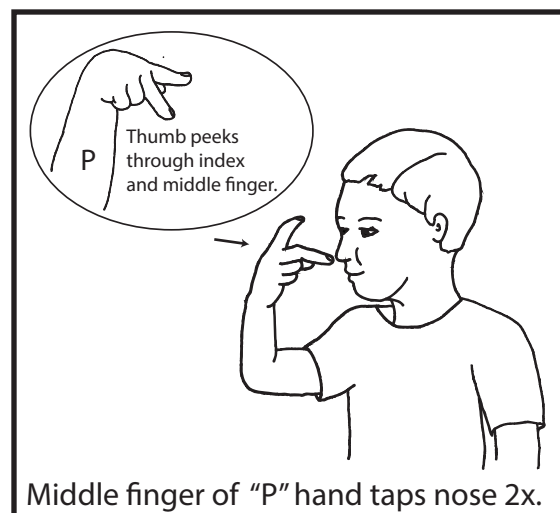
Pee

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Craft: Create an artistic picture using squares of TP.

Game: Mummify the teacher with toilet paper.

Idea: Review your bathroom guidelines.



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Poop

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Hygiene, Health

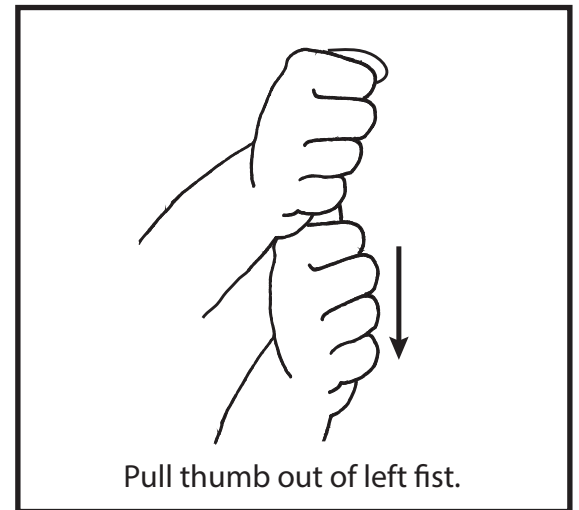
Materials: coloring utensils, paper clip, felt, scissors, jelly beans

Color. Practice flushing (insert a paper clip in handle), and closing the lid (cut out and tape on the extra lid).

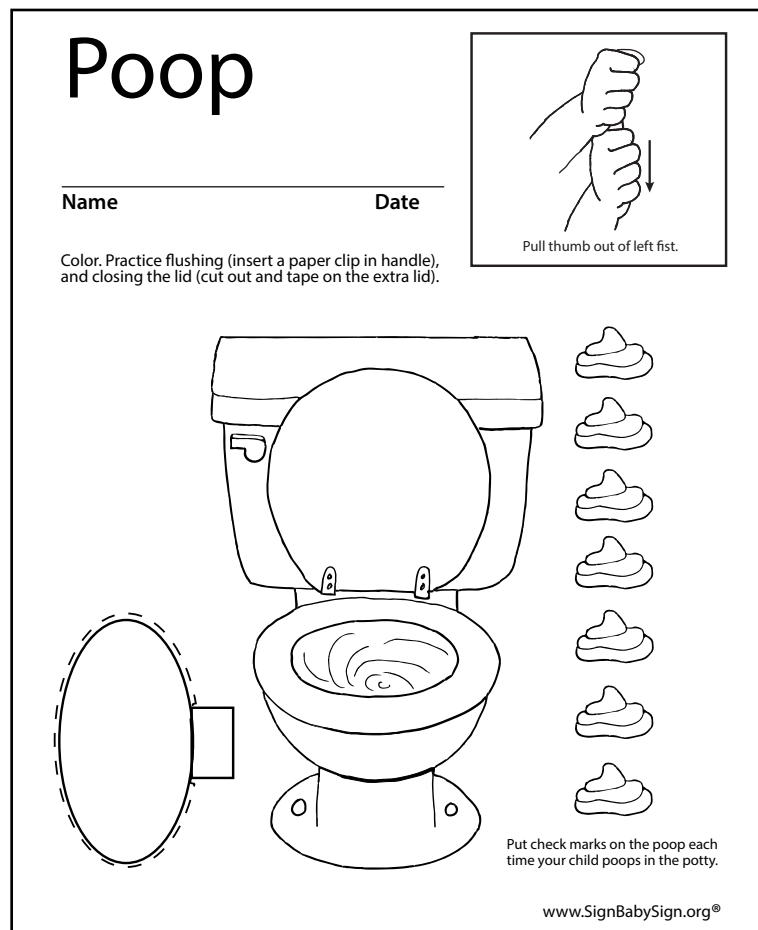
Craft: Make felt poop and potty-chair (use in training).

Game: Toss jelly beans into a pretend toilet to reinforce that poop goes in the toilet.

Idea: Read stories about potty training or use craft for potty training each time your child poops in the toilet, move the felt poop into the toilet.



Example

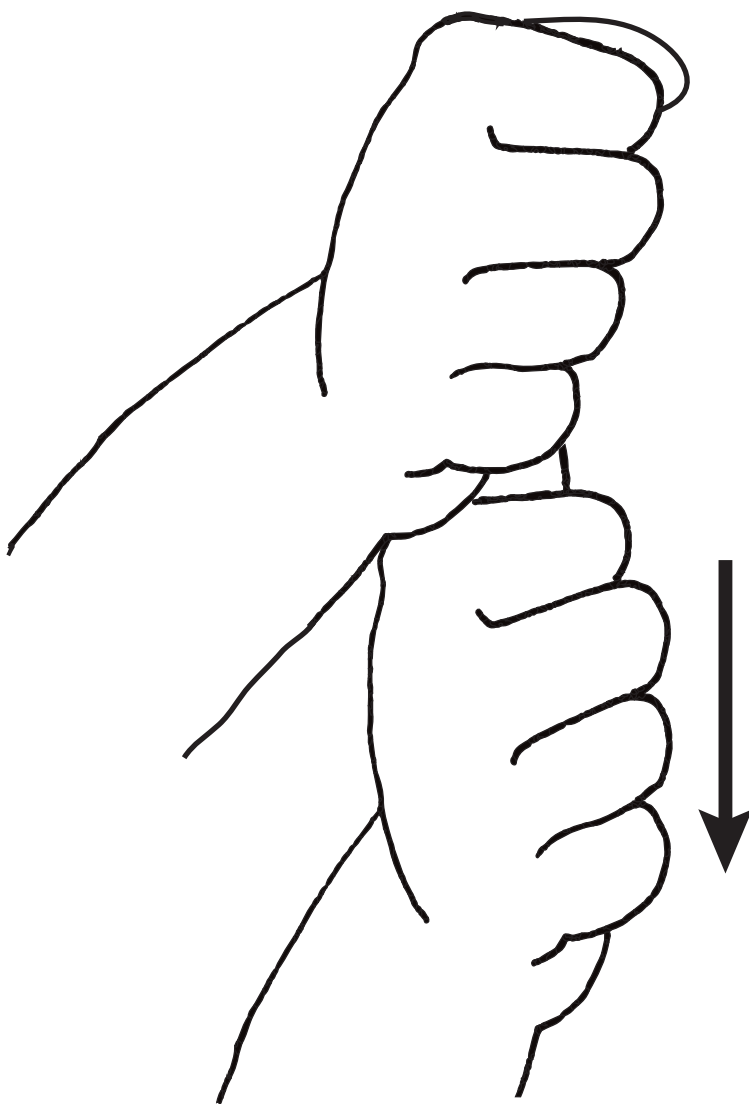


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Poop



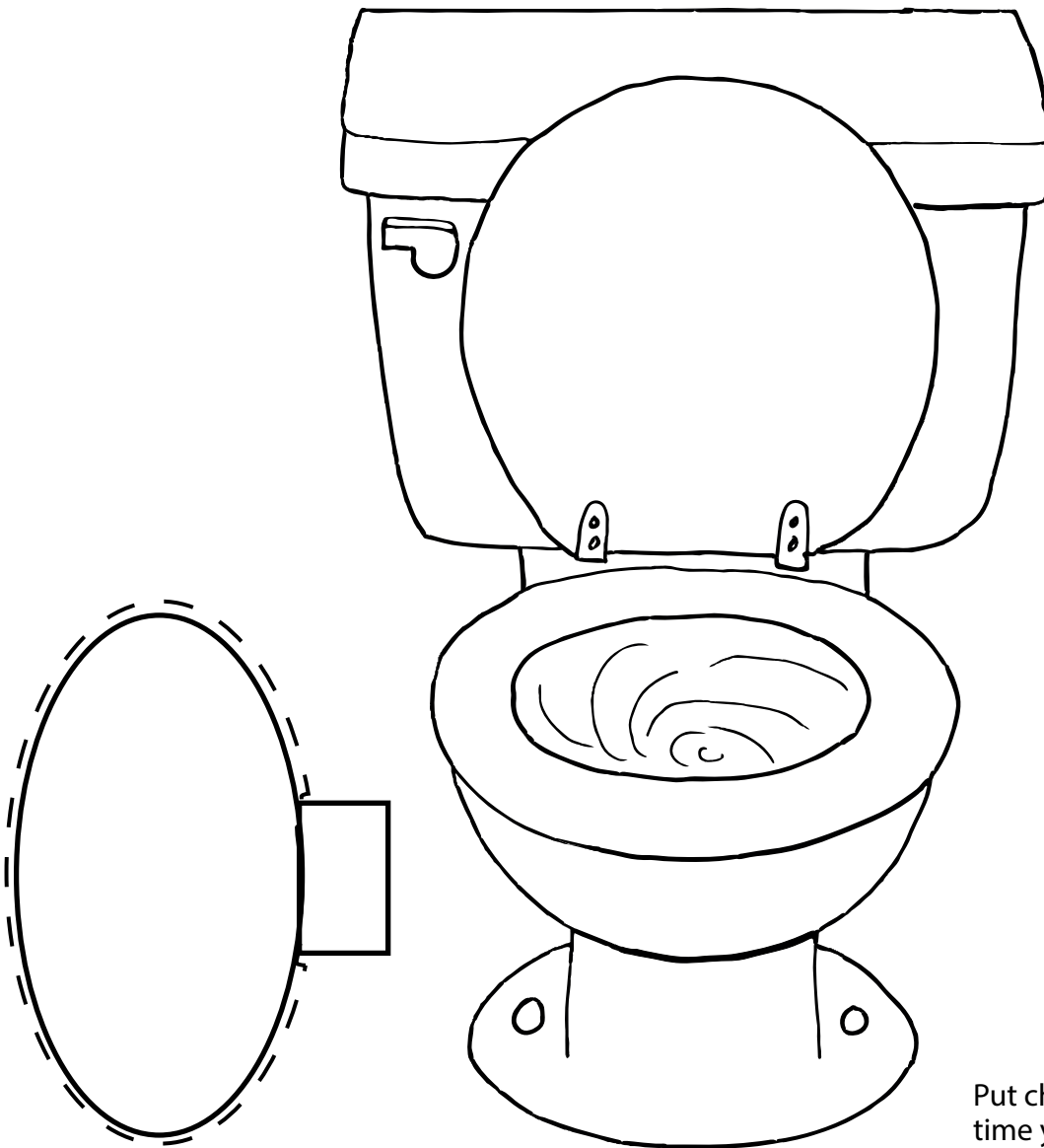
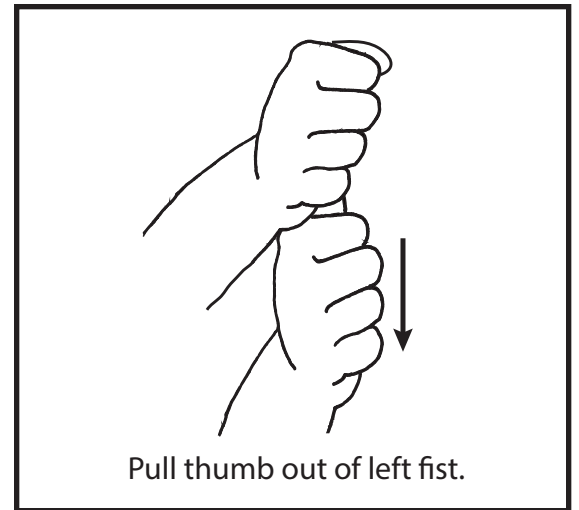
Pull thumb out of left fist.

Poop

Name _____

Date _____

Color. Practice flushing (insert a paper clip in handle), and closing the lid (cut out and tape on the extra lid).



Put check marks on the poop each time your child poops in the potty.

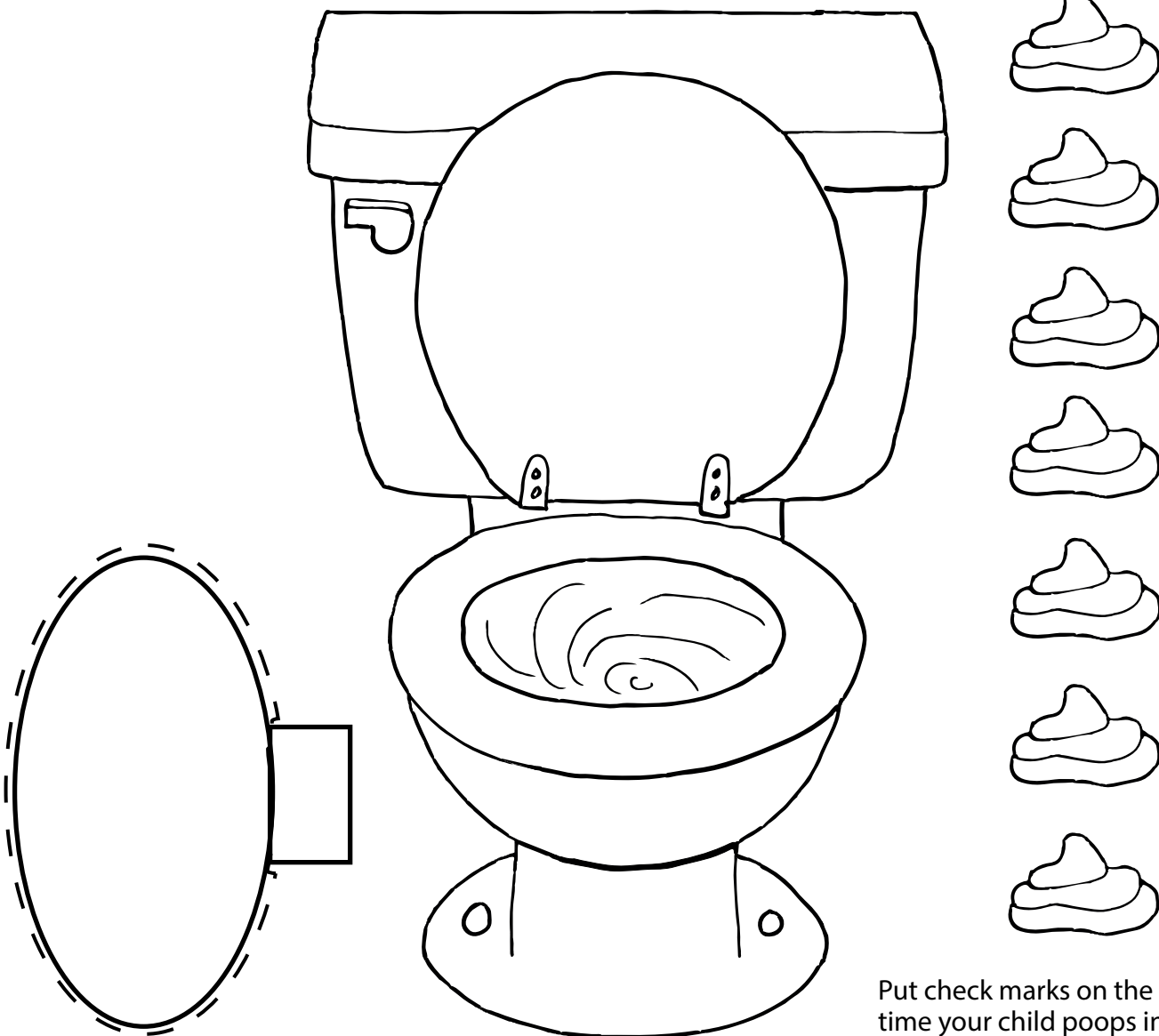
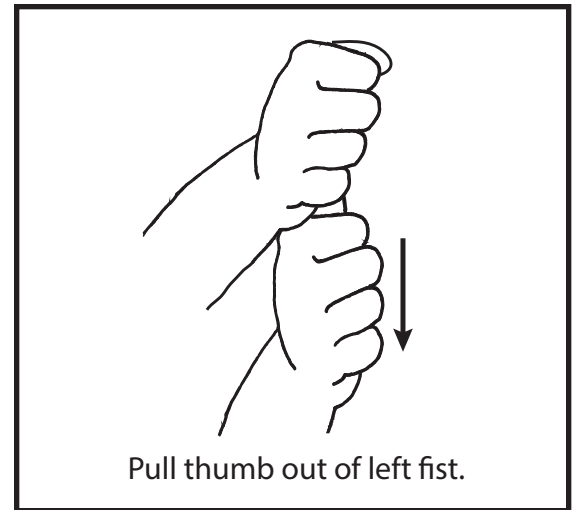
Poop

Color. Practice flushing (insert a paper clip in handle), and closing the lid (cut out and tape on the extra lid).

Craft: Make felt poop and potty-chair (use in training).

Game: Toss jelly beans into a pretend toilet to reinforce that poop goes in the toilet.

Idea: Read stories about potty training or use craft for potty training each time your child poops in the toilet, move the felt poop into the toilet.



Put check marks on the poop each time your child poops in the potty.

Child's Name

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Soap

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Soap, Hygiene, Health

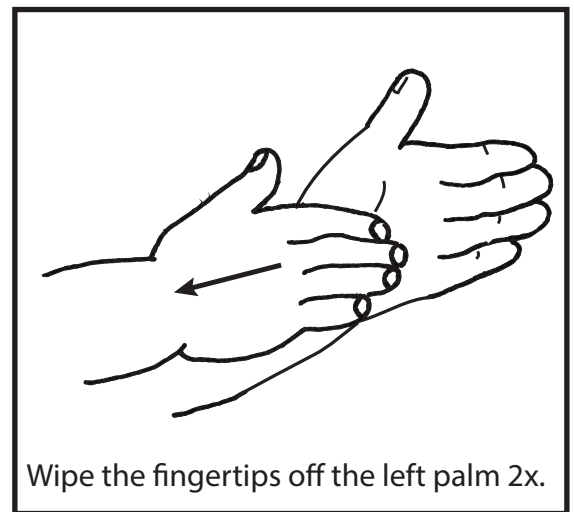
Materials: Paper clips or coat hangers, bubbles

Color and match the soap to where you would use it.
How many bubbles can you count? Draw 10 more.

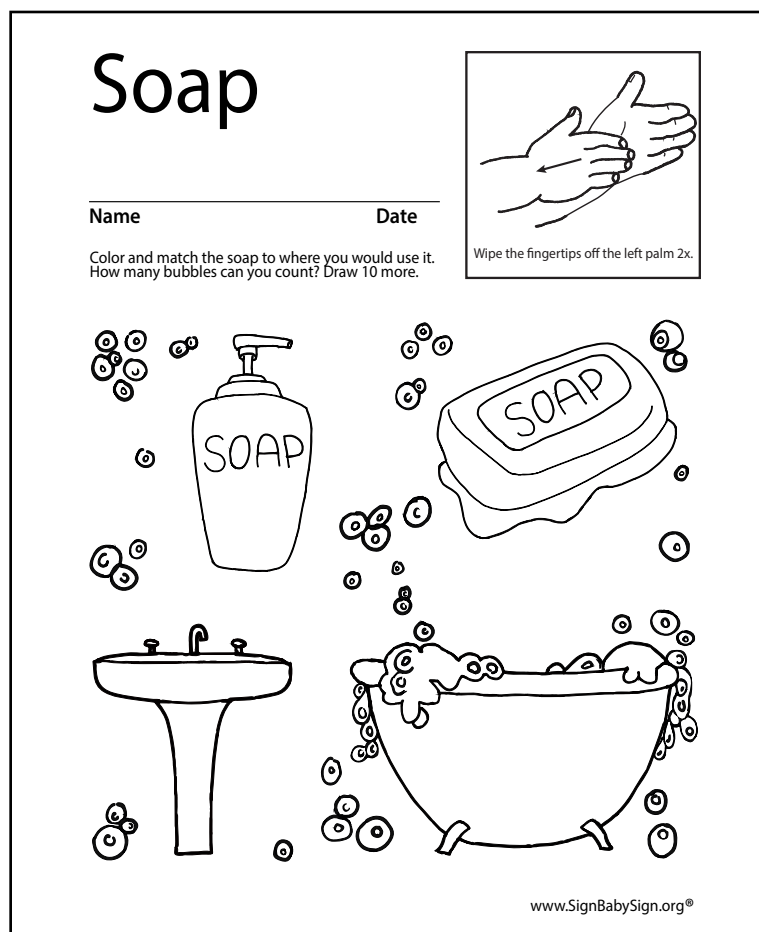
Craft: Make your own bubble wand from paper clips
or a coat hanger.

Game: Blow bubbles for the children to pop.

Idea: Show a YouTube video on how soap is made.
Have children bring in the soap they use to talk about
its design, color and smell.



Example



SignBabySign.org/Dictionary



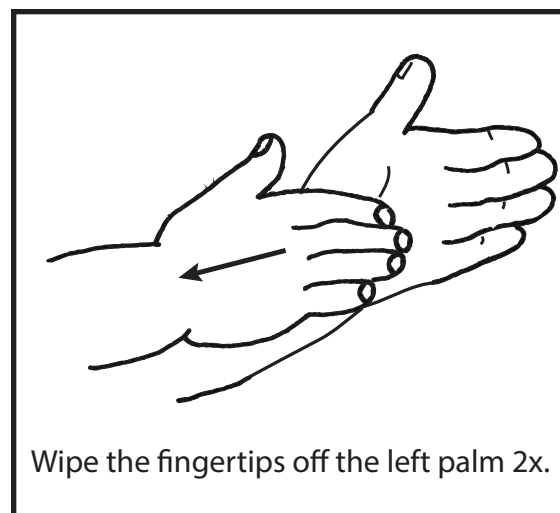
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Soap



Wipe the fingertips off the left palm 2x.

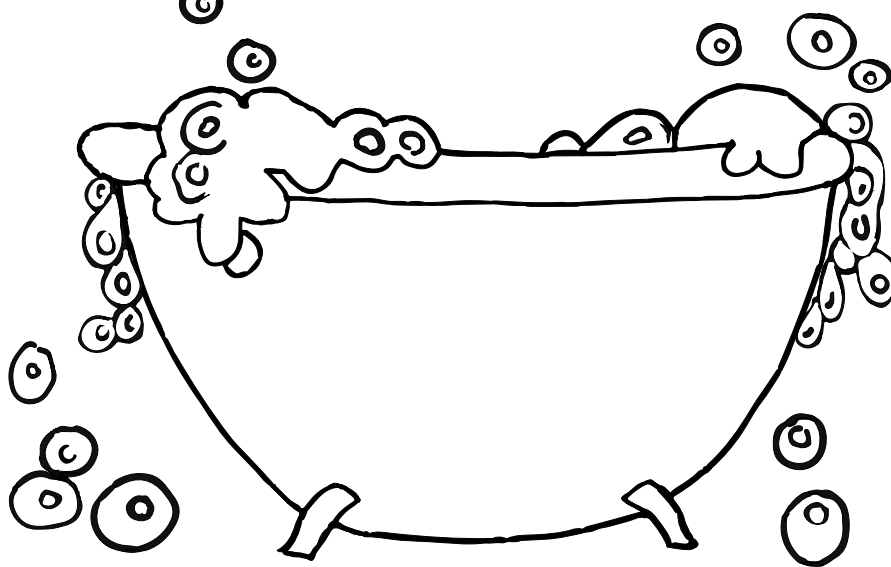
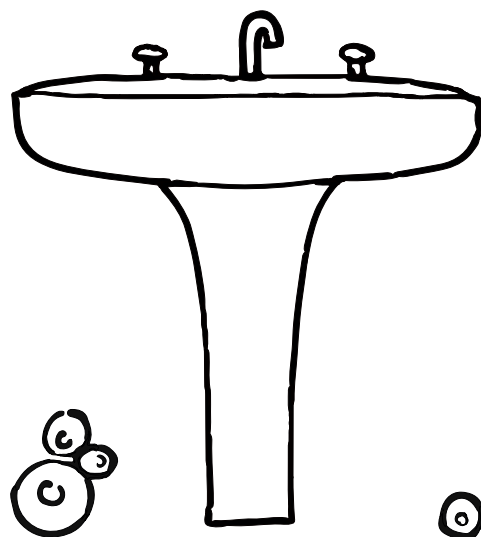
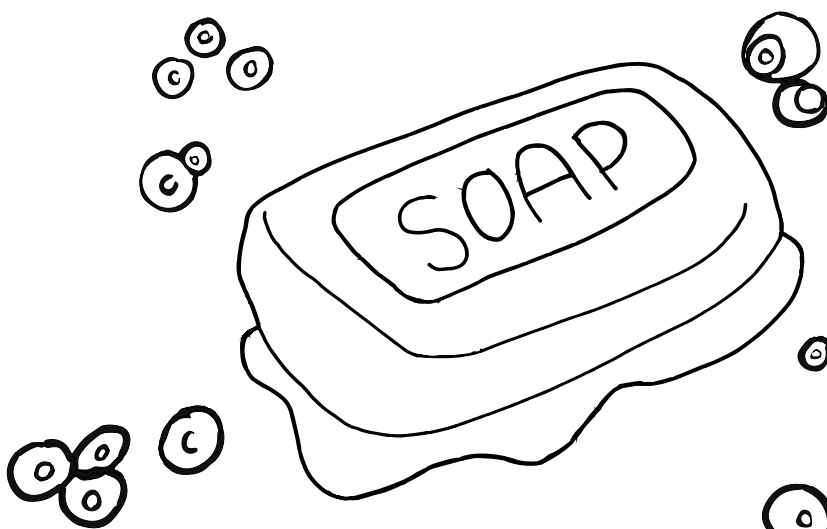
Soap



Name _____

Date _____

Color and match the soap to where you would use it.
How many bubbles can you count? Draw 10 more.



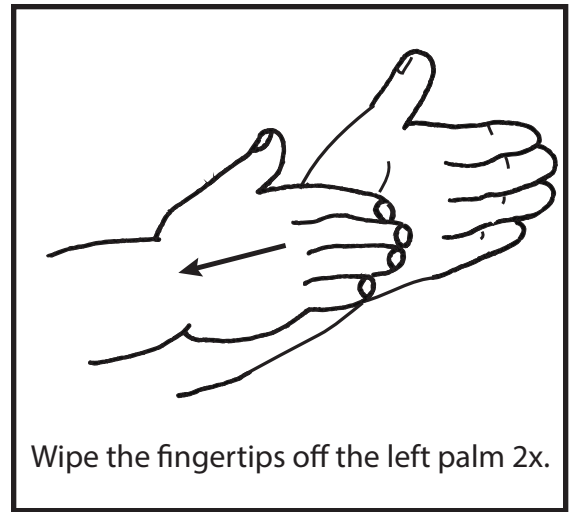
Soap

Color and match the soap to where you would use it.
How many bubbles can you count? Draw 10 more.

Craft: Make your own bubble wand from paper clips
or a coat hanger.

Game: Blow bubbles for the children to pop.

Idea: Show a YouTube video on how soap is made.
Have children bring in the soap they use to talk about
its design, color and smell.



Child's Name _____

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Date word was signed _____

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Toilet / Bathroom

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Communication, Bathroom

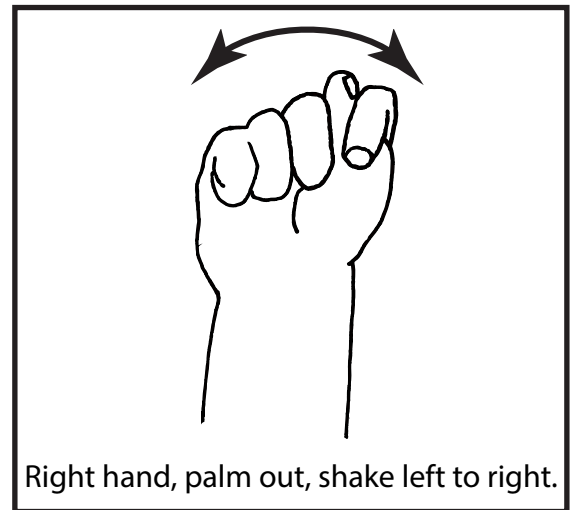
Materials: coloring utensils, construction paper, toilet paper roll, bucket

Color which bathroom you use. Trace the name.

Craft: Make an "In Use" sign for the door.

Game: Toss a roll of toilet paper in a bucket.

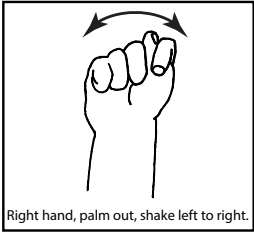
Idea: Teach about bathroom germs and ways to avoid them. (Use toilet paper to cover the seat, wash long enough to sing ABC song, etc.).



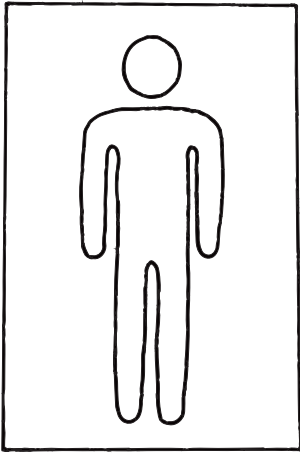
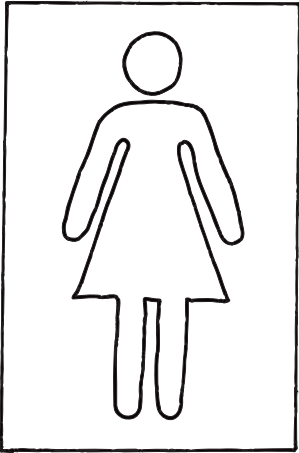
Example

Toilet / Bathroom

Name _____ Date _____



Right hand, palm out, shake left to right.



Women Men

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HOW TO SIGN
TOILET / BATHROOM



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Toilet / Bathroom



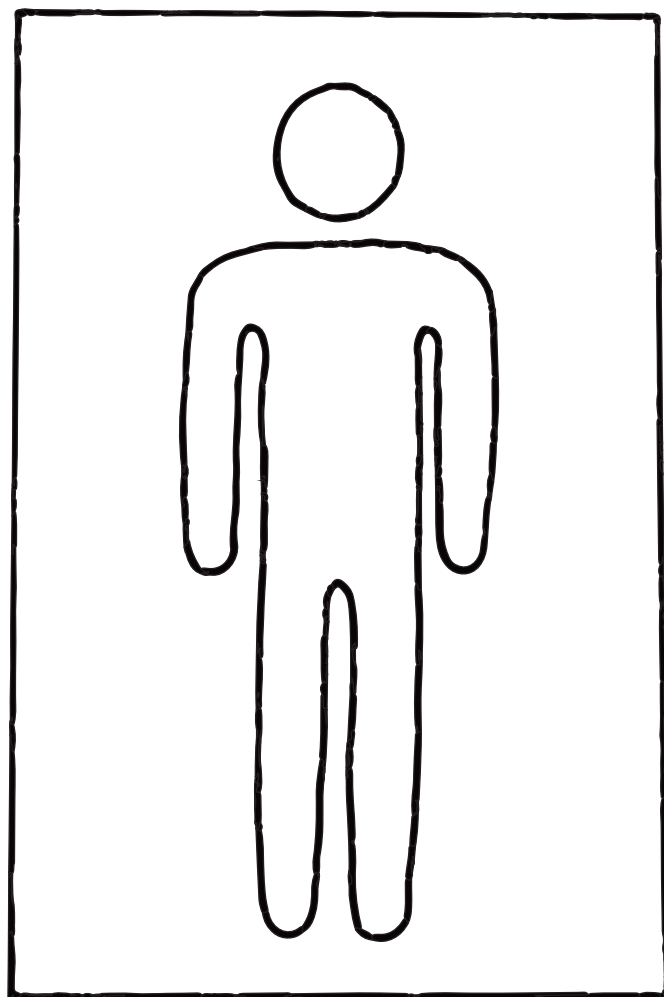
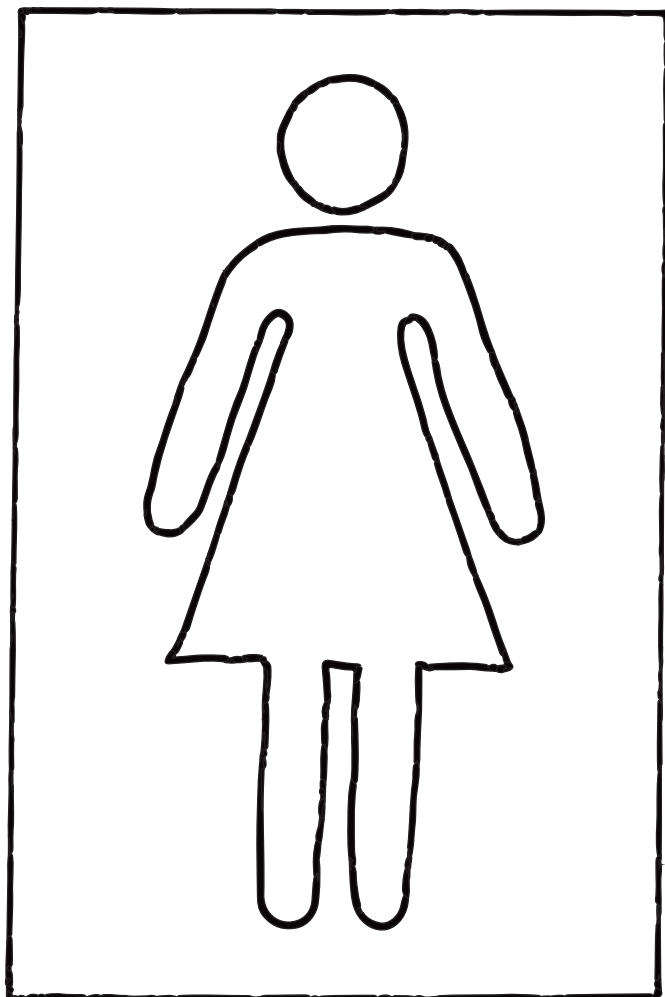
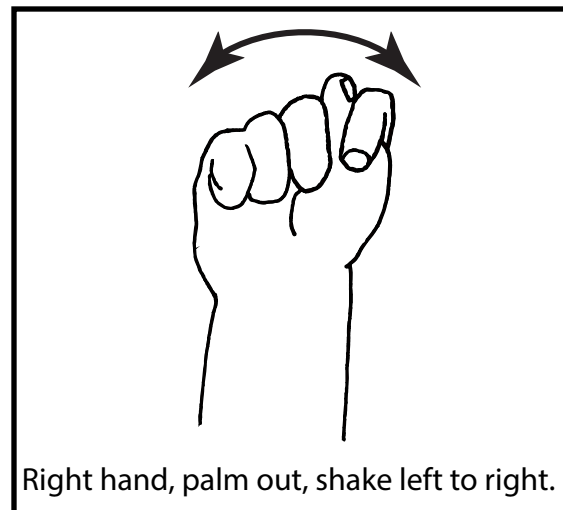
Right hand, palm out, shake left to right.

Toilet / Bathroom

Name _____

Date _____

Color which bathroom you use. Trace the name.



Women

Men

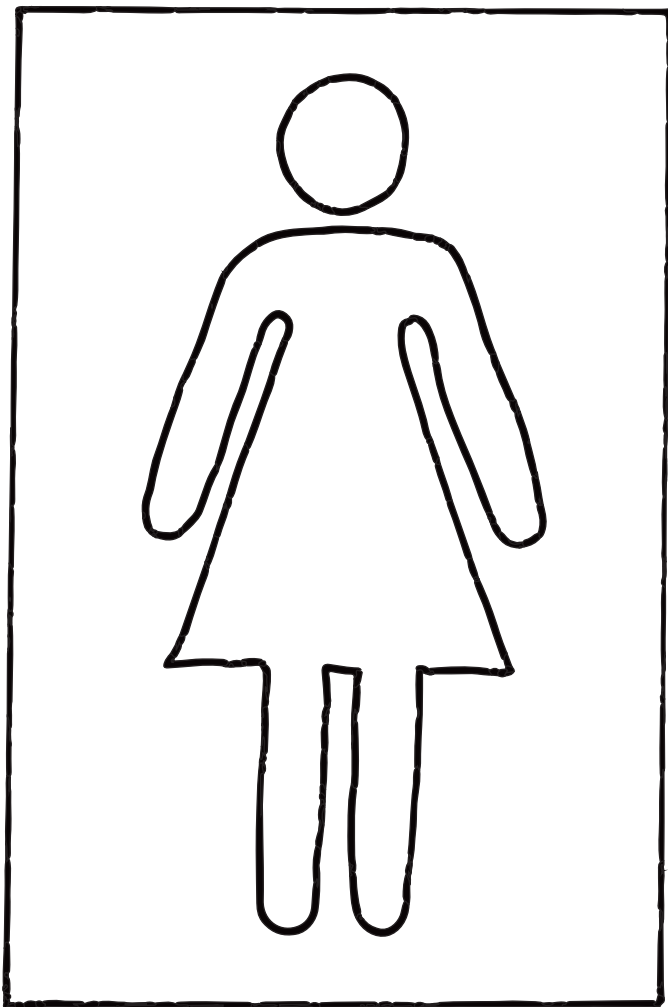
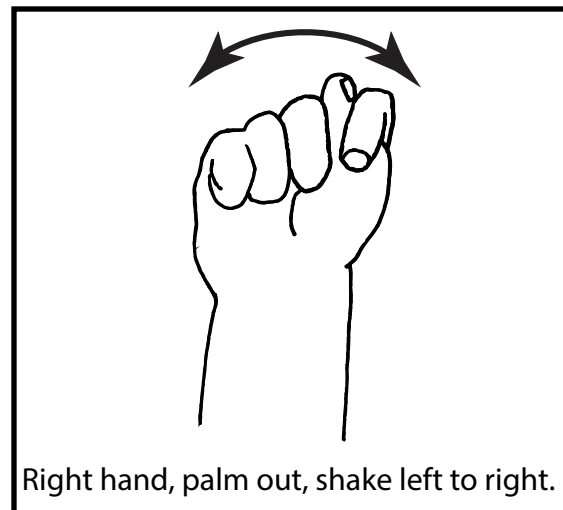
Toilet (Bathroom)

Color which bathroom you use. Trace the name.

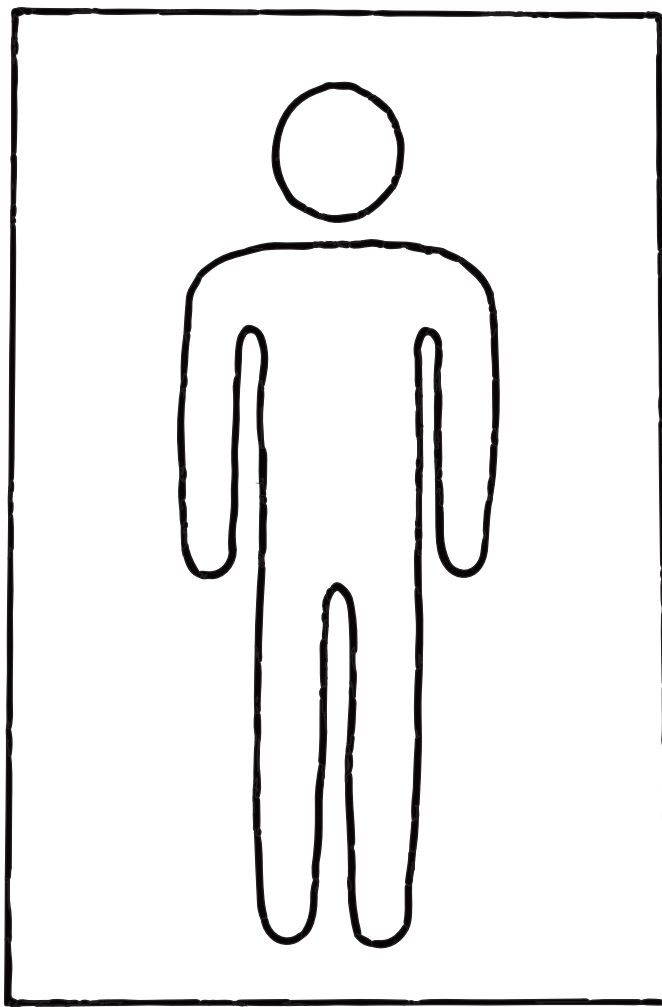
Craft: Make an "In Use" sign for the door.

Game: Toss a roll of toilet paper in a bucket.

Idea: Teach about bathroom germs and ways to avoid them. (Use toilet paper to cover the seat, wash long enough to sing ABC song, etc.).



Women



Men

Child's Name

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Toilet Paper

Level: Pre-K, K

Category: Bathroom Activity Book

Topics: Bathroom, Hygiene

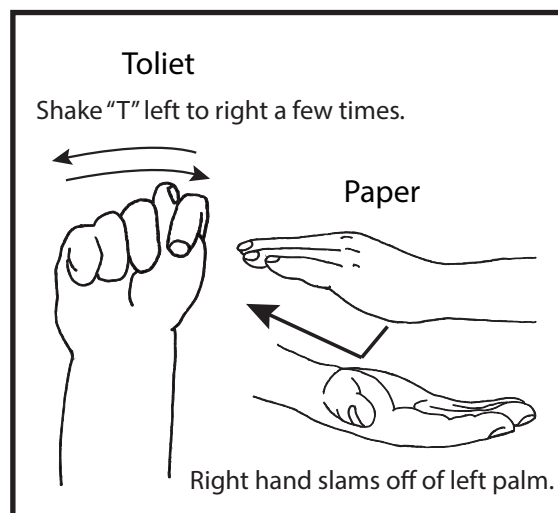
Materials: coloring utensils, toilet paper rolls

Color the bathroom items. Circle the empty roll.

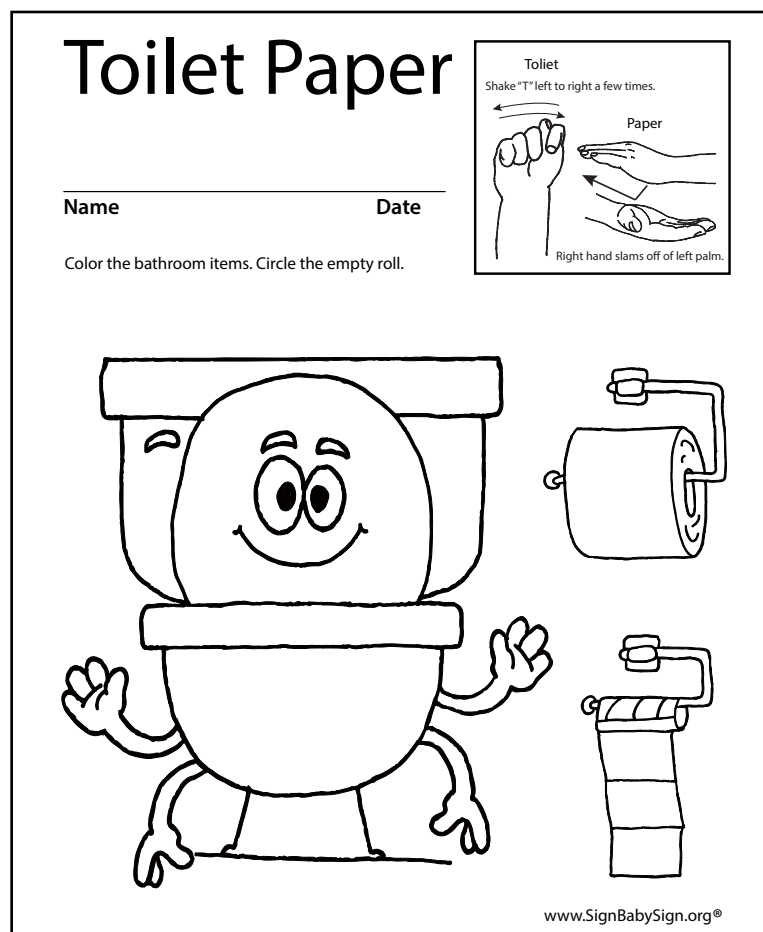
Craft: Google toilet paper craft ideas.

Game: Relay. Wrap a chair in toilet paper. Each child gets a 5 sec turn. Keep rotating until chair is covered.

Idea: Unroll TP and let children write a note on a few squares. Use at home to let loved ones find their notes.



Example



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HOW TO SIGN
TOILET PAPER



www.SignBabySign.org

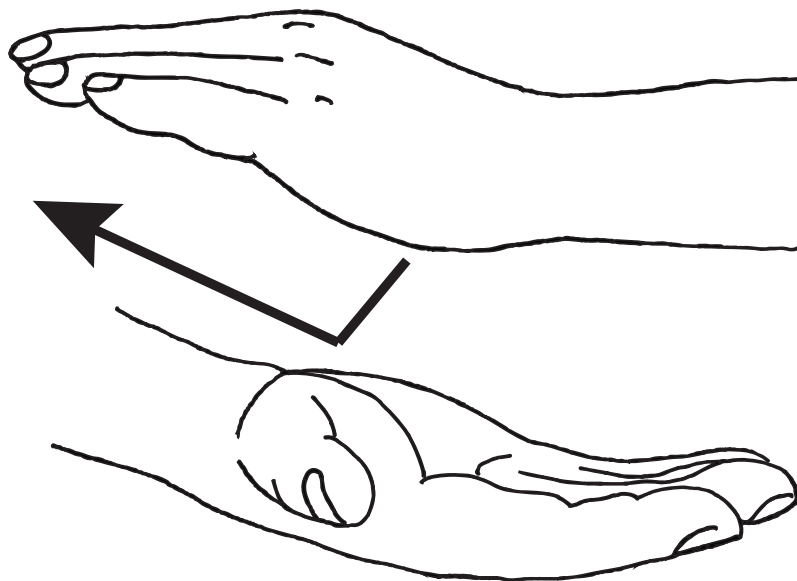
Toilet Paper

Toilet

Shake "T" left to right a few times.



Paper



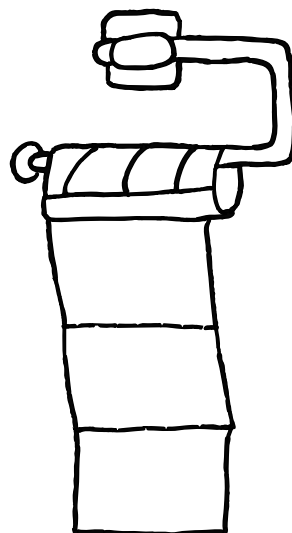
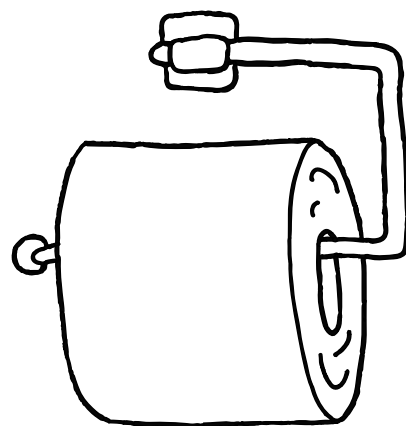
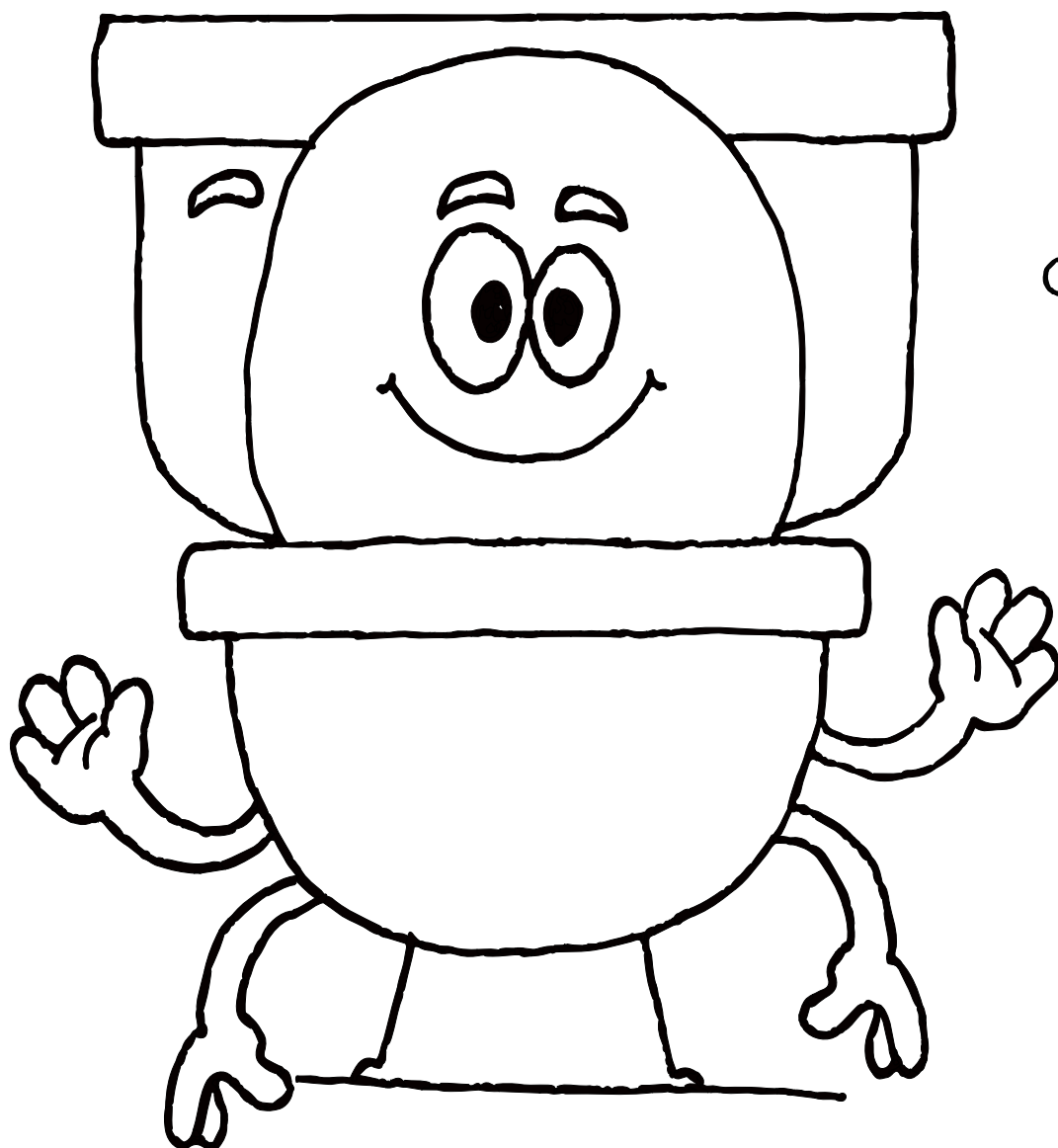
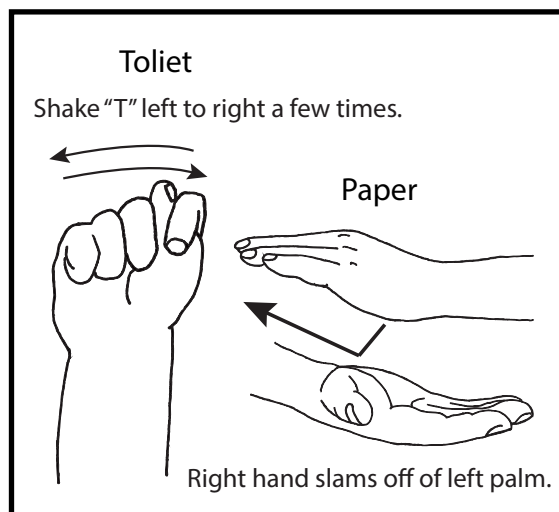
Right hand slams off of left palm.

Toilet Paper

Name _____

Date _____

Color the bathroom items. Circle the empty roll.



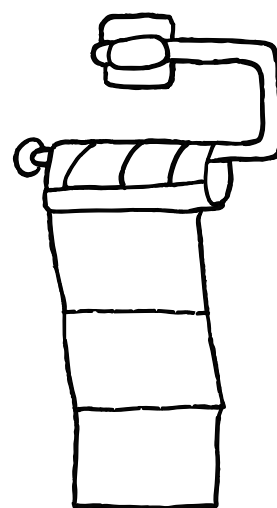
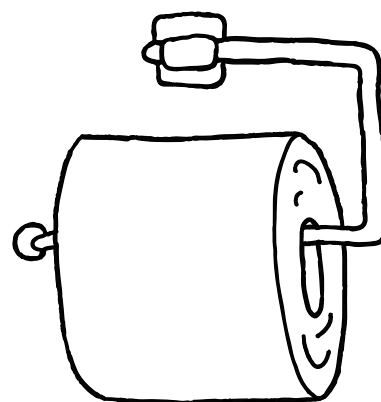
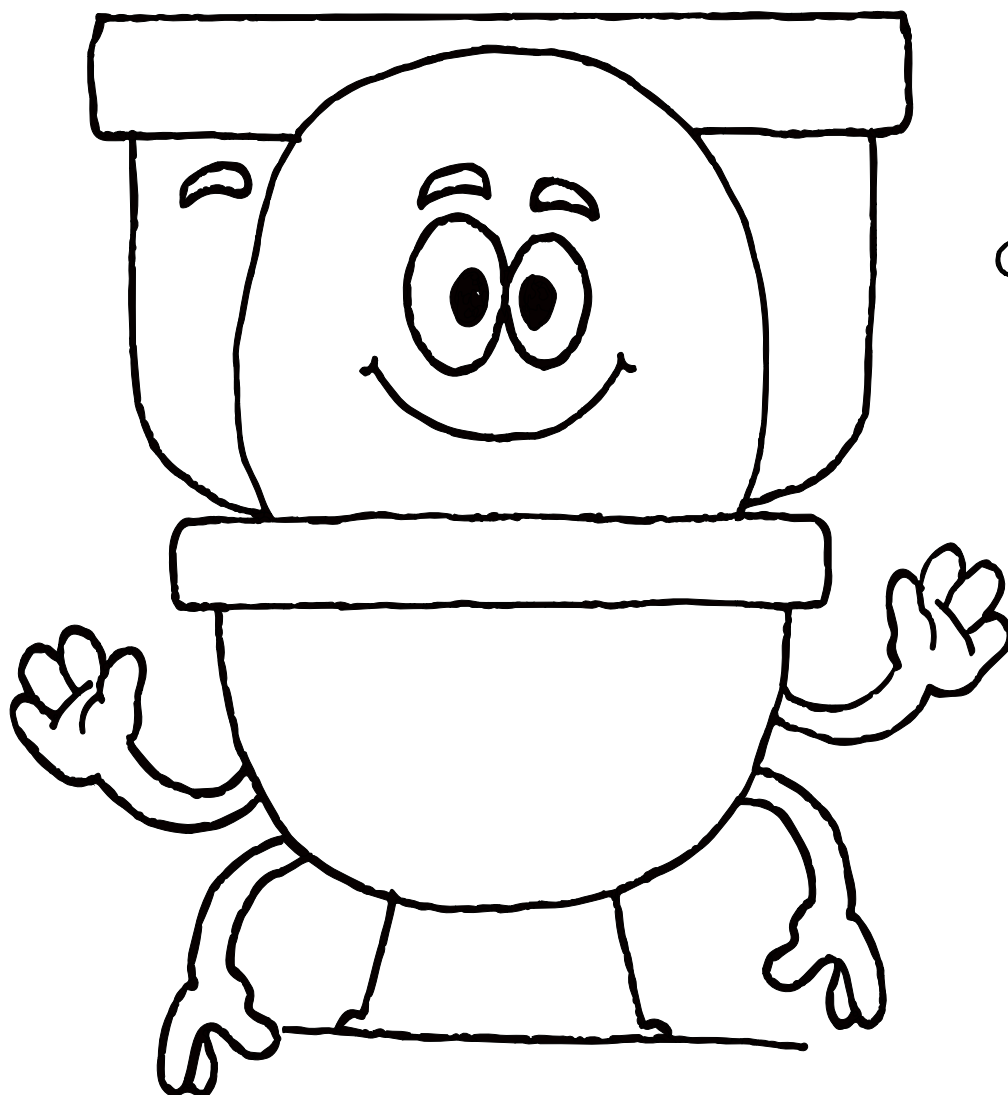
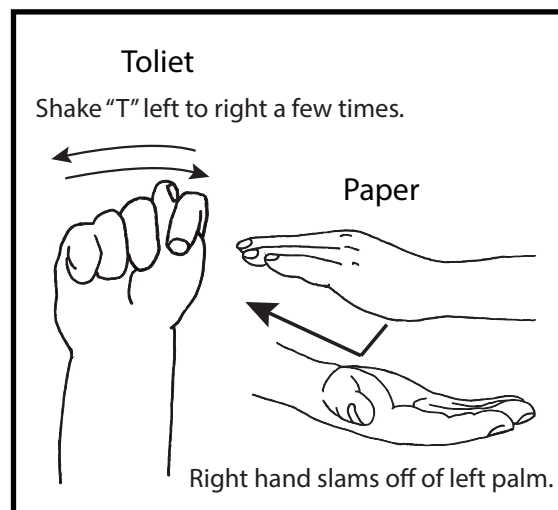
Toilet Paper

Color the bathroom items. Circle the empty roll.

Craft: Google toilet paper craft ideas.

Game: Relay. Wrap a chair in toilet paper. Each child gets a 5 sec turn. Keep rotating until chair is covered.

Idea: Unroll TP and let children write a note on a few squares. Use at home to let loved ones find their notes.



Child's Name _____

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Date word was signed _____

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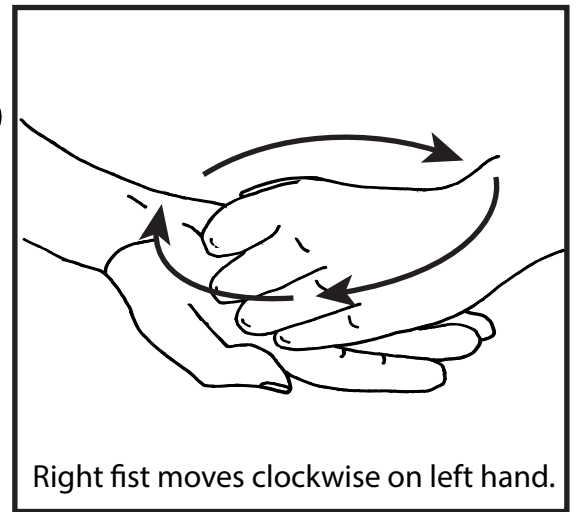
Wash Hands

Level: Pre-K, K, 1

Category: Day Care Activity Book

Topics: Bathroom, Hygiene

Materials: coloring utensils, ziploc bag, shaving cream, paint, Q-Tips



Color the boy washing his hands.

Craft: Put shaving cream or paint in XL baggy. Seal. Give Qtips (use like a marker) to create designs over and over.

Game: Sing the song while pretending to wash hands.

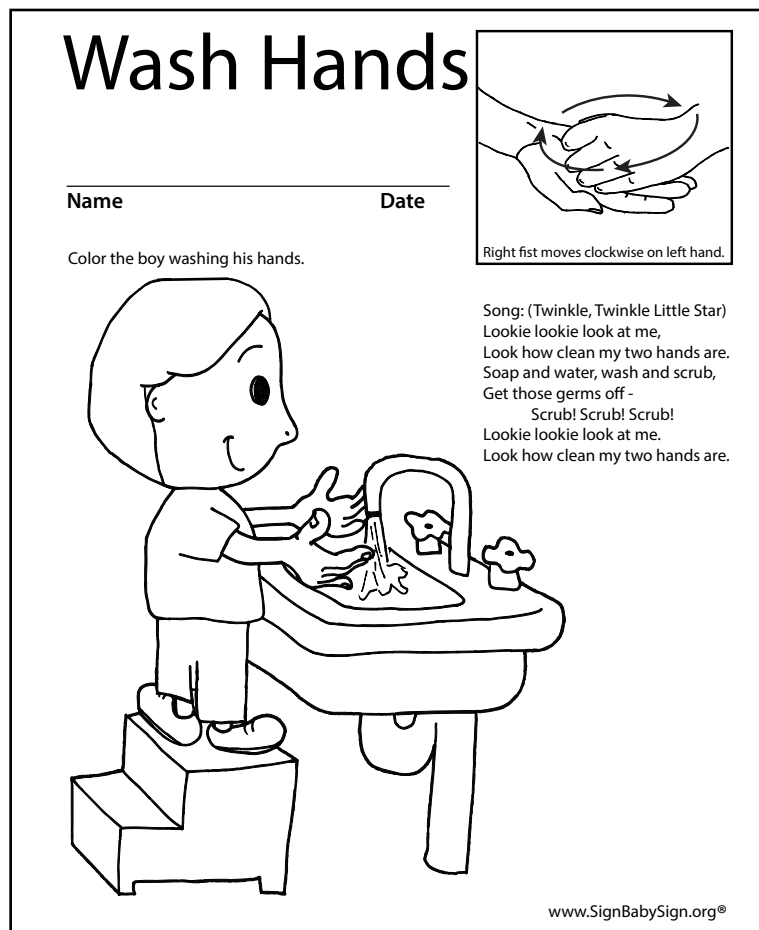
Idea: Teach how to properly wash hands by doing it. Use a black light to reveal remaining germs.

Song: (Twinkle, Twinkle Little Star)
Lookie lookie look at me,
Look how clean my two hands are.
Soap and water, wash and scrub,
Get those germs off -

Scrub! Scrub! Scrub!

Lookie lookie look at me.
Look how clean my two hands are.

Example



SignBabySign.org/Dictionary

HOW TO SIGN
WASH HANDS



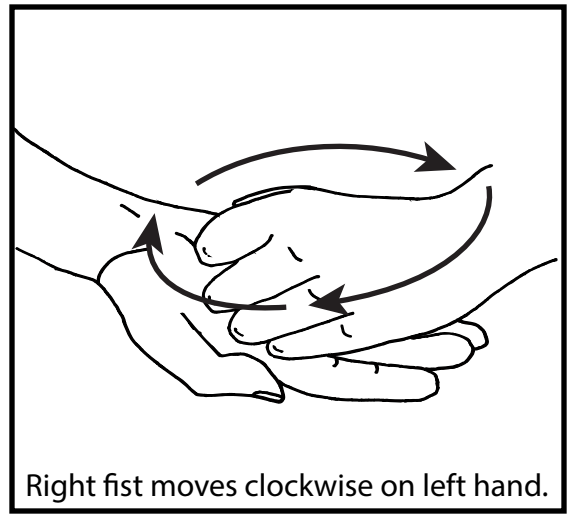
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Wash Hands



Right fist moves clockwise on left hand.

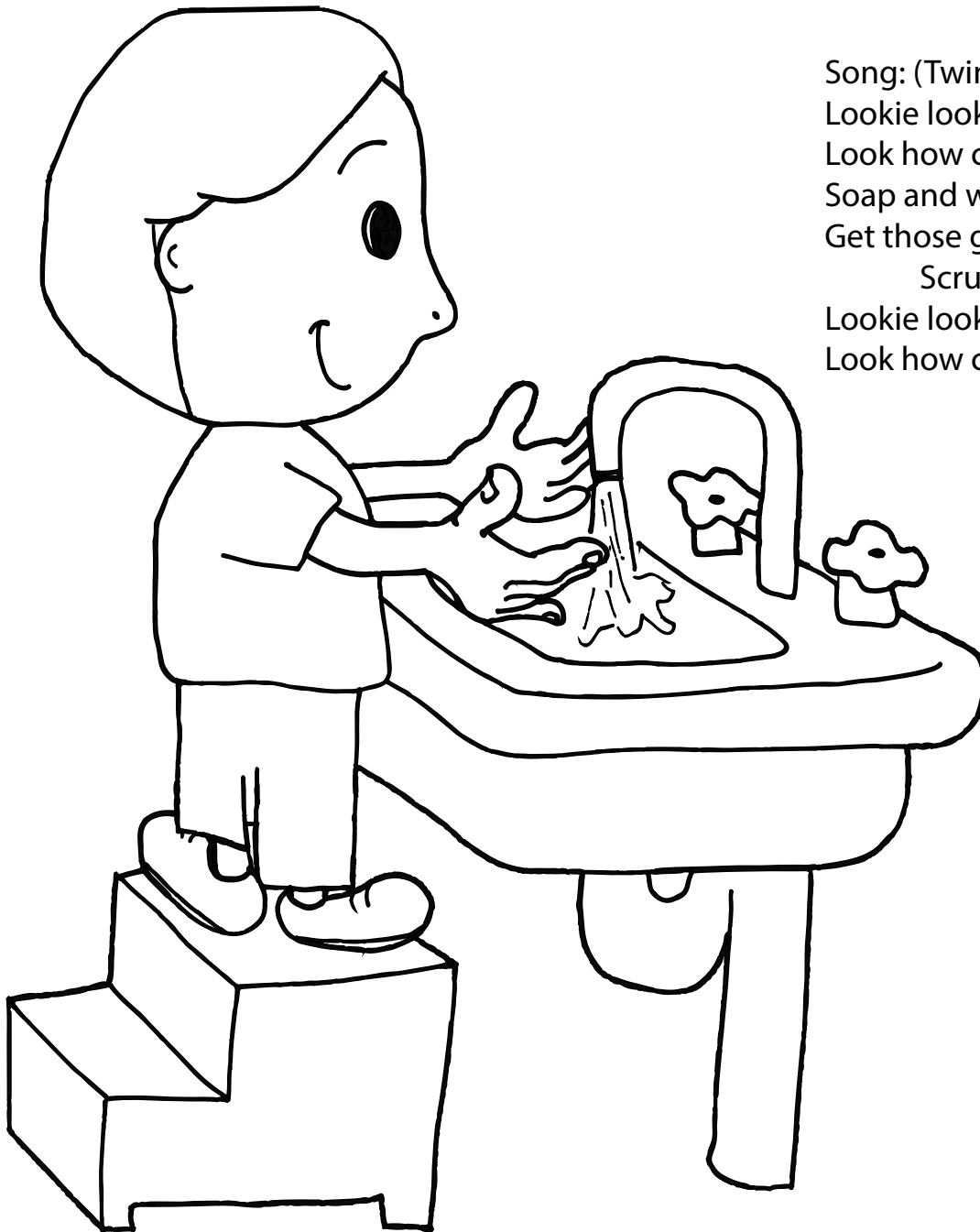
Wash Hands



Name _____

Date _____

Color the boy washing his hands.



Song: (Twinkle, Twinkle Little Star)
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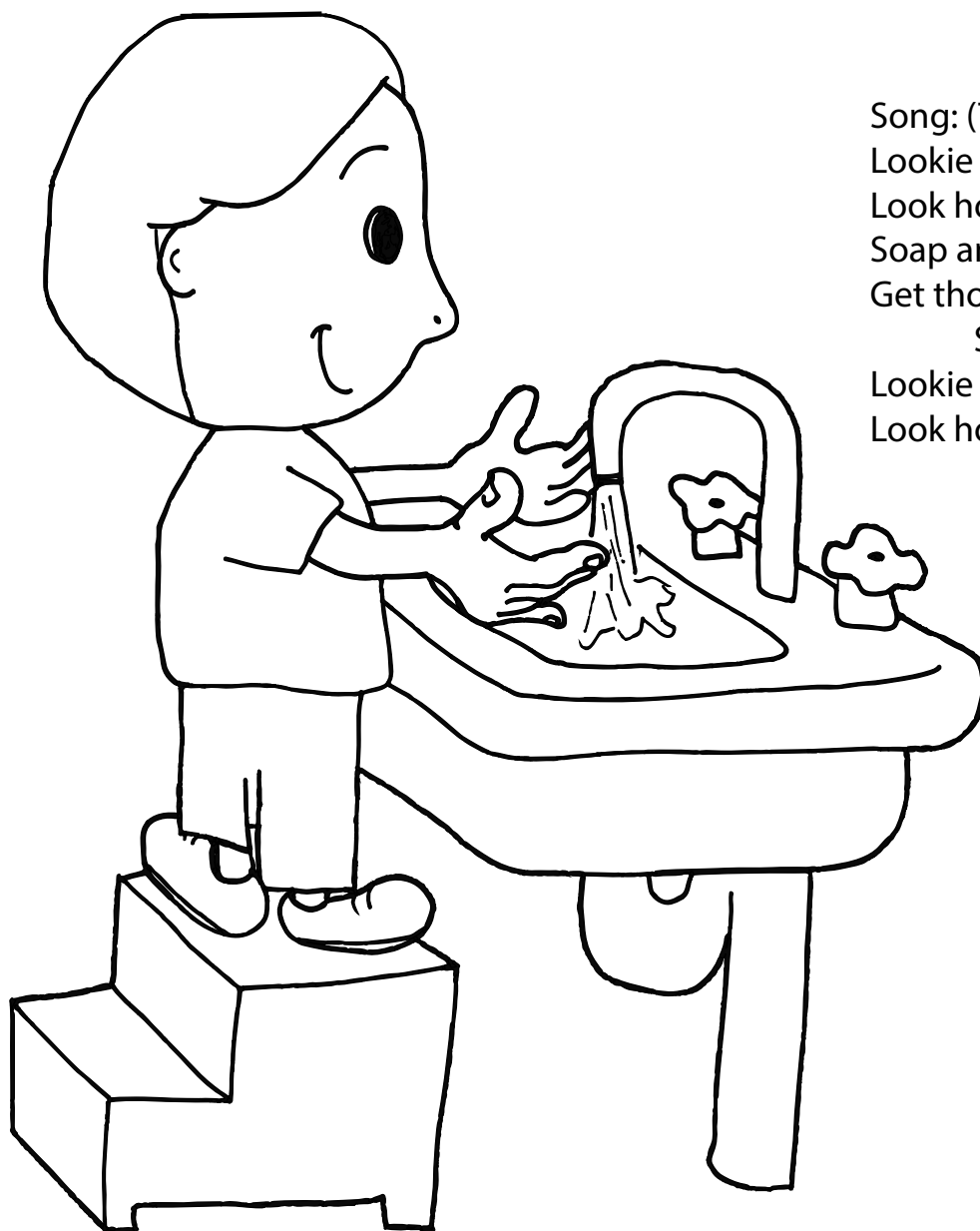
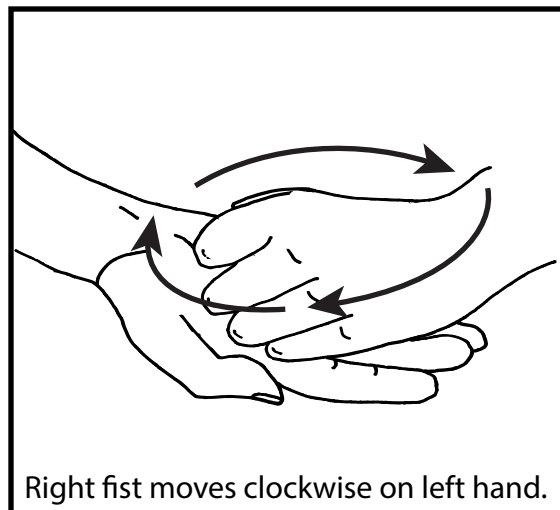
Wash Hands

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Look how clean my two hands are.

Child's Name _____

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Date word was signed _____

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A note from the author:

I love sign language! I believe in the many benefits it has to offer. You must too since you brought this product. Let's get started one word at a time. Our ASL resources are designed with the tools you need for a successful learning experience that is both educational and fun.



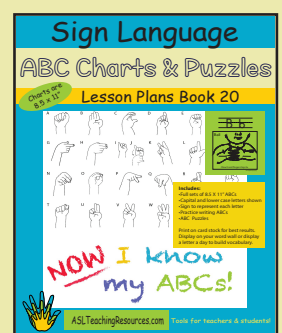
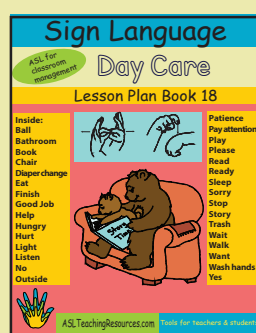
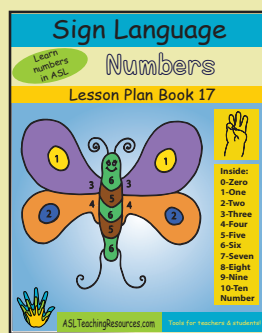
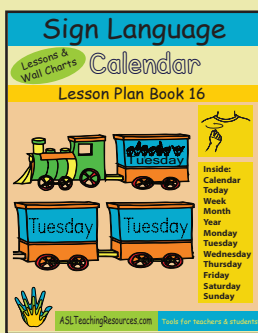
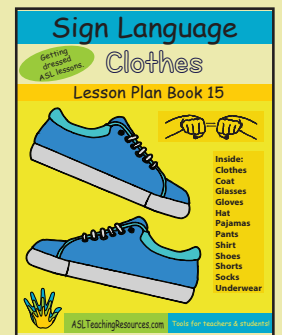
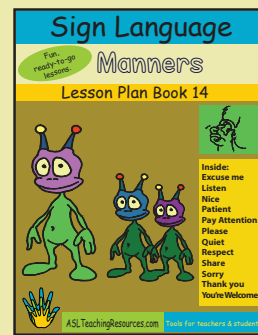
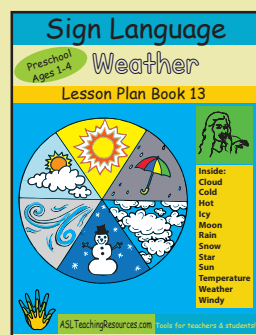
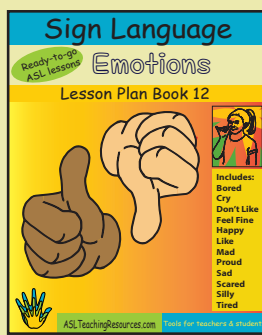
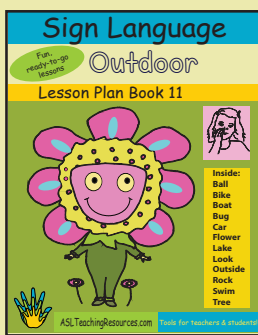
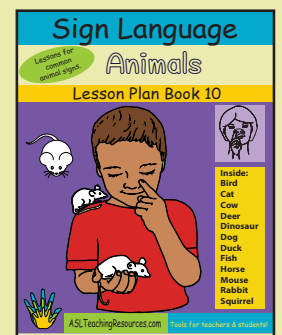
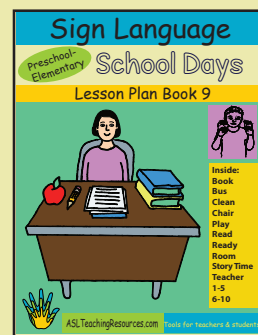
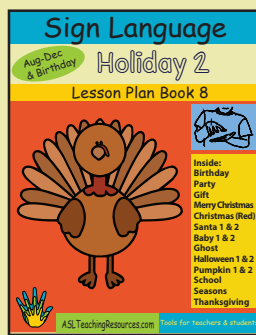
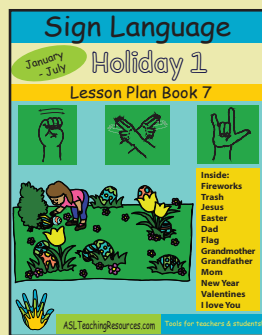
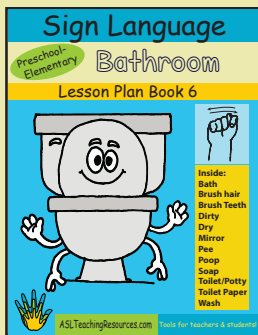
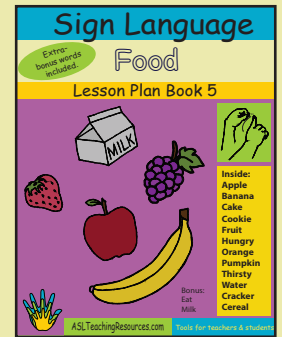
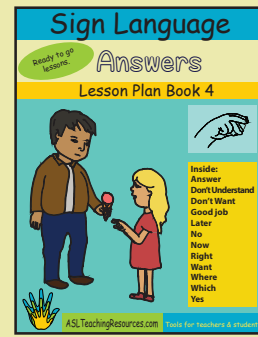
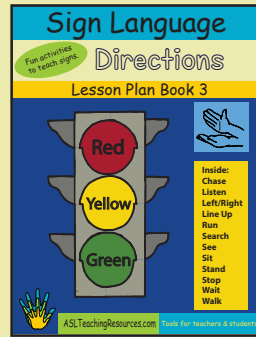
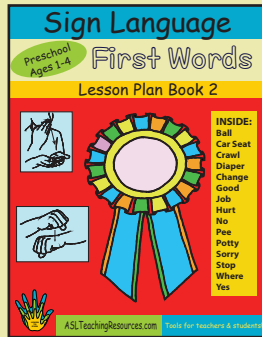
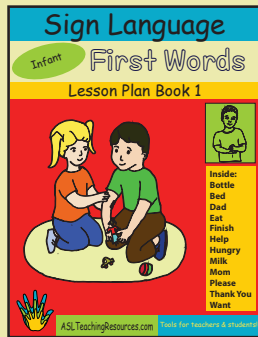
Be sure to sign up on our site to get your free ASL resources. Ready for your child to be a star? Send us a video or photo of your child/class learning sign language. Happy signing!

Cynthia F. Long, Founder
SignBabySign®
<http://ASLTeachingResources.com>



Sign Language Lesson Plans

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Books INCLUDE:

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